



Clinical Center for Targeted Therapy (CCTT)

WHAT TO EXPECT

We are pleased that you have chosen to come to our center. Our goal is to provide you with the **highest possible standard of care** while ensuring your safety in a Phase 1 Clinical Trial. **These trials involve early experimental drugs.** Therefore we must take necessary precautions each time you come to our Center to carefully evaluate your unique medical situation. Several members of our team will reassess you each time you come to see us. Some of this will be done **behind the scenes** while you wait.

This entire process by which the team evaluates and follows you should take about 1-2 hours for each visit.

Your clinic visits will require thorough planning and ongoing re-evaluation. A **whole team approach** is used. During your visits, you may be seen by several healthcare team members.

Clinic Nurse will:

- Take your vital signs
- Take your medication history

Physician's Assistant or Advanced Practice Nurse will:

- Review your records
- Take your medical history and perform a physical exam
- Review your laboratory tests results

Research Nurse or Study Coordinator will:

- Determine your eligibility for all current studies being conducted in the Center
- During follow-ups will review your records for medication side effects and outcomes

Phase 1 Physician will:

Before seeing you

- Meet with each of the above team members to discuss results, treatment changes or continuation plans
- May consult with your referring physician
- Review all X-Rays, clinical dictation and laboratory tests
- Perform measurements on tumors seen on X-Rays and scans
- Determine if there are one or more studies for which you are eligible

During his/her visit with you

- Review pertinent points in your medical history and physical exam
- Decide which treatment/study is best for you
- Discuss possible benefits and side effects
- Answer your questions

During follow-ups your Attending Physician will also review the information collected by the other team members above, monitor your response to treatment, side effects and will plan for continued therapy or new options.