



myCancerConnection®

# PIKNIC

**Partners In Knowledge, News In Cancer**  
**July/August 2016**

**What is PIKNIC?** PIKNIC (Partners In Knowledge, News In Cancer) is an informal educational forum that provides patients, caregivers, family members, volunteers, faculty and staff an opportunity to hear about those issues, needs and concerns relevant to the cancer experience.

**When and where is PIKNIC?** PIKNICs are held at the Mays Clinic on the 2nd, 3rd and 4th Tuesdays of the month, unless indicated. See reverse for current schedules and topics.

**What time is PIKNIC?** 12:30 – 1:30 p.m., unless indicated.

**Anything else?** Oh, yes! Lunch is provided for the first 15 patients and family members.

Other questions: Call us at 713-792-2553.

[www.mdanderson.org/mycancerconnection](http://www.mdanderson.org/mycancerconnection)

A program of Volunteer Services and Merchandising

THE UNIVERSITY OF TEXAS

**MDAnderson ~~Cancer~~ Center**

Making Cancer History®

**July 12      Dating and sex after cancer**

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Mays Clinic, Floor 2, near The Tree Sculpture,  
Integrative Medicine Center (ACB2.1041)  
12:30-1:30 pm  
Andrea Bradford, PhD  
Assistant Professor  
Gynecological Oncology and Reproductive Medicine

**July 19      It's healthy grief, not depression**

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Mays Clinic, Floor 2, near The Tree Sculpture,  
The Learning Center (ACB2.1120)  
12:30-1:30 pm  
Carmella Wygant, LCSW, OTR  
Social Work Counselor  
Social Work

**July 26      A cancer survivor's guide to sun safety  
and skin cancer**

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Mays Clinic, Floor 2, near The Tree Sculpture,  
Integrative Medicine Center (ACB2.1041)  
12:30-1:30 pm  
Saira J. George, MD  
Assistant Professor  
Dermatology

**August 9      Massage therapy for symptom management  
in cancer care**

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Mays Clinic, Floor 2, near The Tree Sculpture,  
Integrative Medicine Center (ACB2.1041)  
12:30-1:30  
Curtiss Beinhorn, LMT  
Massage Therapist  
Integrative Medicine Center

**August 16      The role of spirituality in the healing process**

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Mays Clinic, Floor 2, near The Tree Sculpture,  
The Learning Center (ACB2.1120)  
12:30-1:30 pm  
Donna Strasser, MDIV, BFA, BCC  
Chaplain  
Spiritual Care and Education

**August 23      Mindfulness: Learning to stop  
and smell the roses**

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Mays Clinic, Floor 2, near The Tree Sculpture,  
The Learning Center (ACB2.1120)  
12:30-1:30 pm  
Bill Baun, MS  
Wellness Consultant  
HR Total Rewards Benefits

*\*Denotes an off-schedule or  
new location for PIKNIC*

*Schedule and topics are subject  
to change. Call 713-792-2553  
for the most current schedule.*