Your health record

Complete Medicare forms online

If you use Medicare, you are required to answer certain questions every 30 days. Completing this required form ensures your services are billed correctly.

You can answer these questions in the MyChart website or using the MyChart mobile app before your visit. It will make your check-in faster.

Filling out the form

- In MyChart.mdanderson.org, go to Complete my questionnaires in the Quick Links section of the home screen.
- In the MyChart app, go to Questionnaires.
- Click on the form called Medicare Secondary Payer Questionnaire.
- Complete the questions and click Submit.
- If you do not click Submit, the front desk will be required to ask you the same questions during check-in.

Once this questionnaire is completed, you will not be asked these questions again for 30 days.

Questions about MyChart? Check out the fact sheet in the Log In screen of MyChart.mdanderson.org.

Get help with MyChart in The Learning Centers:

- Main Building, Elevator A, Floor 4
- Mays Clinic, Floor 2, near The Tree Sculpture

You also can call askMDAnderson at 1-877-632-6789.

Join us

Learn mindful meditation

Wednesday, Oct. 10, 11-11:30 a.m.
Rotary House, Floor 1, Rotary House Patient Guest Relations

The institutional class calendar for October is available on our website at mdanderson.org/classes. See “Coming up” on the back of this newsletter for this week’s classes.

Learn more

Find clinical trial information online

Clinical trials are studies of new, innovative cancer treatments. On our website, you can read about:

- What to know before participating
- Joining a clinical trial
- Phases of clinical trials
- Clinical trials happening at MD Anderson

Learn more at www.mdanderson.org/clinicaltrials.

Did you know

Free wireless access is available

You can connect your device to the internet in most public areas on the MDAGuest network. No password or fee is required.

This Week at MD Anderson is published every Monday and distributed by a team of dedicated volunteers.
Send events and feedback to PatientCommunications@mdanderson.org.

Join our community:
In 10 years, I think immunotherapy will be the backbone of a lot of our cancer treatments.”
— Padmanee Sharma, M.D.

Understanding immunotherapy

You probably have heard of immunotherapy. But what exactly is it?

In this Q&A, Padmanee Sharma, M.D., Ph.D., co-leader of MD Anderson’s immunotherapy platform, explains this new treatment and encourages patients to talk to their doctor about their options. Here is what she also had to say:

What is immunotherapy?
Immunotherapy is a treatment that targets the body’s immune system to recognize and eradicate cancer.

What are the benefits of immunotherapy compared to more conventional treatments, such as chemotherapy and radiation?
Traditional therapy targets tumor cells, but immunotherapy targets T cells. T cells are the soldiers of the immune system, the heavy lifters who do all the hard work. And whereas conventional therapy treats a specific type of cancer, with immunotherapy, you can treat multiple tumor types.

Who should consider participating in immunotherapy clinical trials?
Any cancer patient, regardless of their stage of disease, should consider enrolling in a clinical trial involving immunotherapy. The most important thing is for patients to have a conversation with their physicians to discuss their options. Their doctors are in the best position to help them navigate all the clinical trials available.

Read more in Cancerwise at www.cancerwise.org.

Coming up

myCancerConnection PIKNICs provide an opportunity for you to hear about issues related to the cancer experience.

Understanding popular diets in the media and if they are right for you
— Tuesday, Oct. 9, 12:30-1:30 p.m.
Mays Clinic, Floor 1, ACB1.2345

INTEGRATIVE MEDICINE CENTER

Monday
• Yoga for Health, 2-3 p.m.

Tuesday
• Brief Relaxation Massages, 9 a.m.-4 p.m.
• Meditation for Health, 9:30-10:30 a.m.
• Get Moving, 11 a.m.-noon
• Yoga for Health, 2-3 p.m.
• Tai Chi, 3:30-4:30 p.m.

Wednesday
• Brief Relaxation Massages, 9 a.m.-4 p.m.
• Yoga for Health, 10:30-11:30 a.m.
• Meditation and Daily Life, 2:30-3:30 p.m.

Thursday
• Shape-Up Circuit, 11 a.m.-noon
• Qigong, 3:30-4:30 p.m.

Friday
• Brief Relaxation Massages, 9 a.m.-4 p.m.
• Yoga for Health, 11:30 a.m.-12:30 p.m.

PATIENT EDUCATION CLASSES
For more information, email patientedumaterials@mdanderson.org, visit www.mdanderson.org/classes or call 713-792-7128. Classes are in Main Building, Floor 4, Elevator A.

• New Patient/Family Orientation
Mondays-Wednesdays, 2-3 p.m.

• Bowel Management
Wednesdays, 11 a.m.-noon