Your health record

Make check-in faster

You can use MyChart to save time at check-in by completing questionnaires and updating your information.

Using the website, MyChart.mdanderson.org, go to Visits > Appointments

1. Select Upcoming Only in the drop-down menu.
2. Click on an appointment for details.
3. Select Update Information.
4. Verify your personal details and insurance information and complete required questionnaires.

Using the MyChart mobile app, go to Appointments.

1. Select an upcoming visit to view the details.
2. Click on Update Information to verify your personal details.

You can get help with MyChart in The Learning Centers:
- Main Building, Elevator A, Floor 4
- Mays Clinic, Floor 2, near The Tree Sculpture

You also can call askMDAnderson at 1-877-632-6789.

Safety365

You have rights and responsibilities

Safety365 is our commitment to providing safe care in a safe environment 365 days a year.

You have a right to safe care and should speak up if you have questions or concerns.

Ask a member of your care team for a copy of your patient rights and responsibilities or read them online at www.mdanderson.org/PatientAdvocacy

Then scroll down to read Patient Rights.

Social workers are part of your care team

Social workers can help you and your loved ones cope with diagnosis and treatment. They can provide counseling and help with advance care planning.

For more information, call 713-792-6195.

Learn how to cook healthy meals

Tuesday, Jan. 15, noon-1:30 p.m.
Mays Clinic, Floor 2, near Elevator T across from Appearances, ACB2.1005
Advance care planning helped me prepare for every scenario.”
— Estelle Racusin, Survivor

Why early advance care planning conversations are so important

When you hear the word cancer, you begin to ask yourself a hundred questions. When I was just beginning my breast cancer treatment, I did not know what was going to happen. Thankfully, advance care planning helped me prepare for every scenario.

Establishing clarity with MD Anderson and my family

After my breast cancer diagnosis, I really took the time to understand my disease, prognosis, as well as my treatment goals and plans. That information allowed me to openly discuss all my options with my family and health care team, and choose the treatment course that best fit my needs. And because I had already completed my Medical Power of Attorney, Living Will and Out of Hospital Do Not Resuscitate Order, MD Anderson knew from the get-go who could speak on my behalf if I was no longer able to do so and what I wanted my medical team to do in emergency and life-or-death situations.

Making my care preferences known early got everyone on the same page and lessened my anxiety about the future. Advance care planning also gave me the opportunity to remain in control of my care and protected my family from having to make any of those unbearably difficult decisions on my behalf.

How advance directives can make your cancer journey easier

I know talking about advance care planning during cancer treatment can be frightening and generate a lot of emotions. However, I believe that it can empower us to begin making decisions about our care at the start of treatment. Doing so helped me thoughtfully choose the care I really wanted and gave me some sense of control in my cancer journey. It can help do the same for you, too.

Read more in Cancerwise at www.cancerwise.org.