Safety365

Why we check your wristband

Safety365 is our commitment to providing safe care in a safe environment 365 days a year.

Your wristband shows your name, medical record number (MRN) and date of birth. Your date of birth is printed in larger text.

**Patient wristband process**
You will receive a wristband at your first appointment each day you come to MD Anderson. Wear your wristband to all of your appointments that occur in the same day.

We will ask you to say your name and date of birth before providing care. We also may ask for your MRN. This is to help ensure your safety.

Here to help

Get recommended online resources

The Learning Center has created recommended resource guides to help you find accurate information online.

Each resource covers a topic and lists links to reputable websites. Some resources are disease-specific, while others cover topics like pain management, nutrition, safety or financial support.

Visit [http://mdandersontlc.libguides.com/home](http://mdandersontlc.libguides.com/home)

Your health record

Complete Medicare forms online

If you have Medicare, you are required to answer certain questions every 30 days. Completing this form ensures your services are billed correctly.

You can answer these questions in the MyChart website or by using the MyChart mobile app before your visit. Doing this in advance will make your check-in faster.

**Filling out the form**
- In [MyChart.mdanderson.org](http://MyChart.mdanderson.org), go to Complete my questionnaires in the Quick Links section of the home screen.
- In the MyChart app, go to Questionnaires.
- Click on the form called Medicare Secondary Payer Questionnaire.
- Complete the questions and click Submit.
- If you do not click Submit, you will be required to answer the same questions during check-in.
- If you do not understand a specific question, wait to complete the questionnaire at check-in. Front desk staff are glad to address your question or concern.

Enjoy free holiday entertainment

**Thursday Dec. 12, noon-1 p.m.**
MD Anderson Employee Choir
Mays Clinic, Floor 2, near The Tree Sculpture

Get the full schedule of holiday entertainment in the Notices of [MyChart.mdanderson.org](http://MyChart.mdanderson.org)
How to find the right cancer support group

A support group is a safe place to share your experiences and connect with others facing the same challenges. Studies have shown that support groups can reduce isolation, anxiety and stress. They also can improve mood, self-image and the ability to cope.

To get the most out of a support group, it is important to find the right one for you. Here are a few questions our social work counselors recommend you answer before attending one:

- What type of support are you looking for?
- Who are you wanting to get support from?
- What setting works best for you?
- If you are being treated away from home, what location are you most likely to attend a group at?

Once you have an idea of what you are looking for, here are a few ways to find a support group:

- **Ask your social work counselor.** All MD Anderson patients have an assigned social work counselor who can help with all sorts of things, including selecting a support group. In fact, social work counselors facilitate many of our support groups. If you have never met with your MD Anderson social work counselor before, ask someone on your care team to put you in touch.

- **Go online.** You can find a list of cancer support groups on MD Anderson’s website, or use the American Cancer Society’s online search tool to find programs and services in your area.

- **Ask around.** Sometimes other patients and caregivers can be especially helpful when it comes to finding support groups and other valuable resources.

Every group is different, so go to the group a few times before you decide it isn’t a good fit. You might be surprised at how the group grows on you over time.

Read more and other stories in Cancerwise at www.cancerwise.org.