Your health record

Request one-on-one support using MyChart

You can use the MyChart website and the MyChart mobile app to request a unique match with a survivor volunteer for one-on-one support.

Send the myCancerConnection team a message if you would like support or if you would like to give someone else support. myCancerConnection is a cancer support community of trained survivor and caregiver volunteers. Learn more at myCancerConnection.org.

How to send myCancerConnection a MyChart message:
1. In the MyChart mobile app, Go to Messages. Select Send a Message.
2. Send the message to myCancerConnection.

Get help with MyChart in The Learning Centers:
- Main Building, Elevator A, Floor 4
- Mays Clinic, Floor 2, near The Tree Sculpture
You also can call askMDAnderson at 1-877-632-6789.

Did you know

You can get language assistance

You have access to translation and interpreting services for more than 200 languages, including Spanish, Arabic and American Sign Language.

Ask your care team for an interpreter.

Safety365

Why we check your wristband

Safety365 is our commitment to providing safe care in a safe environment 365 days a year.

Your wristband shows your name, medical record number (MRN) and date of birth. Your date of birth is printed in larger text. If you have a preferred name or nickname, it will be on your wristband, too.

Patient wristband process
You will receive a wristband at your first appointment each day you come to MD Anderson. Wear your wristband to all of your appointments that occur in the same day.

We will ask you to say your name and date of birth before providing care. We also may ask for your MRN. This is to help ensure your safety.

Get recommended online resources

The Learning Center has created recommended resource guides to help you find accurate information online.

Each resource covers a topic and lists links to reputable websites. Some resources are disease-specific, while others cover topics like pain management, nutrition, safety or financial support.

Visit http://mdandersontlc.libguides.com/home

Join our community:
Trust your doctors, stay positive and focus on the end goal.”
— Uniqua Smith, Ph.D.
Nursing Administrator & Survivor

Triple-negative breast cancer survivor: ‘MD Anderson is my life’

I joined MD Anderson in 2004 as a nurse in the Post-Anesthesia Care Unit. I decided to become an oncology nurse after witnessing the care my aunt received at MD Anderson several years earlier for her breast cancer treatment. In my current role, I manage a program that aims to further improve our quality of nursing through evidence-based practices.

I have dedicated my life to MD Anderson because I believe in our mission to end cancer and the work we do. And when I had treatment for triple-negative breast cancer, I put my trust into MD Anderson again.

In February 2018, I felt a lump at the base of my breast during my morning stretch. The next day, I had another mammogram and a core biopsy and the following day, my diagnosis was confirmed. My breast surgeon, Dr. Abigail Caudle, and my medical oncologist, Dr. Meghan Karuturi said I needed to undergo 16 cycles of chemotherapy before I could undergo a mastectomy.

That March, I started chemotherapy. The side effects were really tough. What motivated me to push through to the end was counting down to the day I would get to ring the bell to mark the end of my chemotherapy treatment. On July 27, 2018, I rang the bell after my last Taxol infusion. No words can describe the joy I felt that moment, or what it meant to ring the bell surrounded by my MD Anderson friends and colleagues.

I hope that sharing my story compels others to recognize the importance of proactive health care. So, if you ever find yourself in my shoes, remember to trust your doctors, stay positive and focus on the end goal.

Read more in Cancerwise at www.cancerwise.org.