

Be Well™ Acres Homes

Building a healthier community together

Be Well™ Acres Homes is an initiative of The University of Texas MD Anderson Cancer Center in collaboration with Harris Health System, Memorial Hermann Community Benefit Corporation, UTHealth School of Public Health, and more than 30 community organizations united together with residents of Acres Homes.

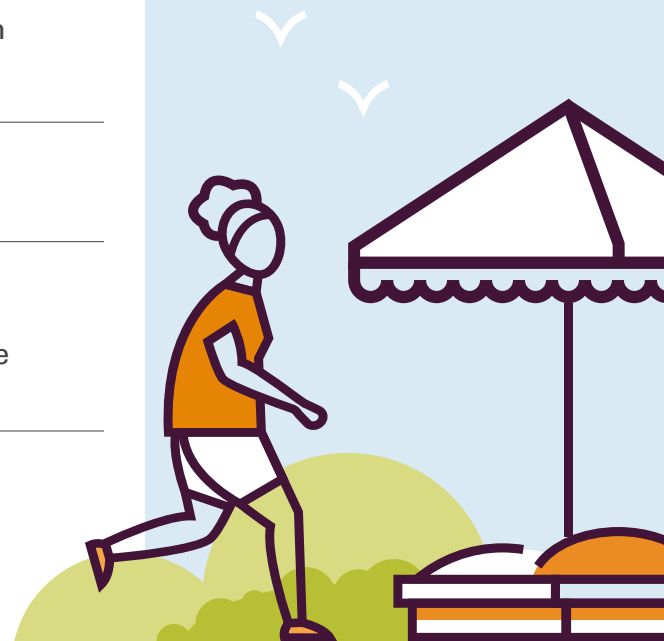
OVERALL IMPACT

33	organizations represented on the community-driven Be Well Acres Homes Steering Committee
2,900+	hours of capacity building, technical assistance, project management and program evaluation provided by the Be Well Communities™ team
48%	of Acres Homes community reached with an evidence-based intervention
27K+	individuals impacted in Acres Homes
92%	of Steering Committee members reported strengthening existing partnerships in the community through their participation in the Steering Committee

23 evidence-based interventions implemented in four target areas: healthy eating, active living, sun safety and tobacco-free living.

“The Be Well Acres Homes Steering Committee has connected our organization with excellent resources and other organizations. We are able to overcome barriers by working with these groups.”

— Be Well Acres Homes Steering Committee member



HEALTHY EATING**3.6M+**

pounds of healthy food distributed

1,000+

Harris Health patients contacted as part of programs that increase access to healthy food and primary care

2,000+

people received nutrition education

41

garden beds built and revitalized

ACTIVE LIVING**5,000+**

people participated in physical activity classes and programs

15%

increase in the number of days per week that students engaged in moderate-to-vigorous physical activity for at least 30 minutes

11

infrastructure improvements made at the Lincoln Park pool

10,000+

students participated in a coordinated school health approach

SUN SAFETY**9**

sunscreen dispensers installed in the community

10,000

Aldine ISD students received sun safety information

81

individuals trained on sun safety

2

sunshades installed at Lincoln Park pool

TOBACCO-FREE LIVING**2**

certified Tobacco Treatment Specialists trained

A special thanks to the Be Well Acres Homes Steering Committee

Acres Homes Community Advocacy Group • Aldine ISD • Back to Eden • BakerRipley • Beauty's Community Garden • Brighter Bites • Center for Civic & Public Policy Improvement • City of Houston Health Department • City of Houston Mayor's Office of Complete Communities • City of Houston Parks and Recreation Department • City of Houston Planning & Development Department • Civic Heart Community Services • Collaborating Voices Foundation • Harris County Precinct 1 • Harris County Public Health • Harris Health System • Healthy Outdoor Communities • Honor Humanity • Houston Food Bank • Houston Parks Board • Kings Bike and Hike Community • Lone Star College – Houston North • Memorial Hermann Community Benefit Corporation • METRO • Nature and Eclectic Outdoors • Near Northwest Management District • Prairie View A&M University • Settegast Heights Redevelopment Corporation Northeast Community • Super Neighborhood 6 • University of Houston Health Research Institute • The University of Texas MD Anderson Cancer Center • UTHealth School of Public Health • UT Physicians Multispecialty Victory and Greens