

Enteroid Maintenance Protocol

Reagent

Reagent name	Supplier	Cat No.	Solvent	Stock solution	final conc
Matrigel, GFR, phenol free	Corning	356231			
GlutaMAX-I	Invitrogen	35050-061		200 mM	2 mM
Penicillin/Streptomycin	Invitrogen	15140-122		100X	1x
N2 supplement	Invitrogen	17502-048		100x	1x
B27 supplement	Invitrogen	17504-044		50x	1x
N-Acetylcysteine	Sigma-Aldrich	A9165-5G	dd H2O	500 mM	1 mM
mouse recombinant EGF	Invitrogen	PMG8043	PBS	50 microg/ml	50 ng/ml
A-83-01	Tocris	2939	DMSO	500 microM	500 nM
SB202190	Sigma-Aldrich	S7067	DMSO	10 mM	10 microM
Nicotinamide	Sigma-Aldrich	N0636	ddH2O	1M	10 mM
[Leu15]-Gastrin I	Sigma-Aldrich	G9145	PBS	10 microM	10 nM
HEPEs 1M	Invitrogen	15630-080		1M	10mM
Advanced DMEM/F12	Invitrogen	12634-028			
Recovery Cell Freezing Media	Invitrogen	12648-010			

All stock solutions and aliquot are stored in -20⁰ C. Matrigel is aliquoted and stored in -20⁰C

Equipment

	Cat No.
24 well Nunclon delta surface tissue culture dish	Thermo Scientific 142475
Refrigerated centrifuge with swing rotor	

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Sterilized filter pipette tips	
BD 1ml TB syringe	309626

Enteroid Medium

CMGF- (complete media without growth factor): Keep at 4°C for up to 4 weeks

- 500 ml Advanced DMEM/F12 (contains albumin, and ITS)
- 5 ml Glutamax 100x
- 5 ml HEPES 1M
- 5 ml Pen/Strep

CMGF+ (complete media with growth factor): keep at 4°C for up to 2 weeks, amount listed are for 10ml

- 1.5 ml CMGF-
- 5 ml Wnt 3 conditioned media (ATCC L-Wnt3a cell line Cat #CRL-2647)
- 200 ul B27 (50x)
- 100 ul N2 (100x)
- 20 ul n-acetylcysteine (500mM)
- 2 ml Rspo-1 conditioned medium (obtained cell line from Dr. Calvin Kuo, Stanford University)
- 1 ml Noggin (obtained cell line from Dr. Muncan V. Van den Brink GR)
- 10 ul EGF (1000x final conc. 50 ng/ml)
- 10 ul Gastrin (1000x final conc. 10 nM)
- 100 ul Nicotinamide (final conc. 10 mM)
- 10 ul A83 (TGFb type I receptor inhibitor) (1000x final conc. 500 nM)
- 10 ul SB202190 (P38 inhibitor) (1000x final conc. 10uM)

Note: For Gastroid and Ileal enteroids culture, the cells grow best using High Wnt (50% CMGF+ and 50% Wnt conditioned medium).

Differentiation media: CMGF+ without Wnt 3a, R-spondin, Nicotinamide and SB202190, reduce Noggin conditioned medium to half of the concentration.

For culturing Wnt3a, R-Spondin and Noggin secreting cell lines, please refer to separate protocol.

Procedure

Enteroids maintenance protocol v5- 11/18/16 Saved at Data (//storage/bcm-mvm-public)-Lab Estes-
 Protocols-Enteroids

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Revive enteroids from Liquid Nitrogen

1. Thaw matrigel aliquot overnight at 4⁰C
2. Add 10ml of CMGF- into 15ml corning tube, leave tube on ice
3. Transfer frozen vial containing enteroids from LiN₂ to dry ice
4. Hold vial under room temperature tap water till ice detaches from the vial wall
5. Transfer contents in the vial to 15ml tube containing 10ml cold CMGF- using 2ml pipet
6. Spin down in refrigerated swing rotor centrifuge at 80g (845rpm) at for 5 min at 4⁰C
7. Take off medium and leave 15ml tube containing enteroids pellet on ice. Resuspend pellet in 120ul matrigel (enough to seed 4 wells, 30ul/well) using cold P200 pipet tips, plate enteroids as droplets in 4 wells of 24 well plate and transfer plate to 37⁰C incubator. Let gel settle for 5-10minutes, add 500ul of room temperature CMGF+ to each well and culture in 37⁰C incubator.
8. Refresh culture with CMGF+ every other day until it's ready to be passaged.

Passage enteroids (usually 1:3, following protocol is for one well only, repeat with other wells)

1. Usually after 6-7 days, enteroids are ready to be passaged
2. Remove medium from wells (around the solid Matrigel) with P1000 pipet
3. Add 500ul cold CMGF- to well and mechanically break up Matrigel with pipetting P1000 up and down couple of times
4. Then using 1ml syringe with needle 25Gx5/8 , up and down 1-2 times in each well, then transfer whole contents into 15ml tube (if you have more wells to passage, you can combine wells into same tube), add 2x more cold CMGF-
5. Spin down in refrigerated swing rotor centrifuge at 80g (845rpm) at for 5 min at 4⁰C
6. Remove all medium. Keep tube on ice.
7. Resuspend enteroids pellet in Matrigel (calculate the amount of matrigel you will need, 30ul/well) using cold P200 pipet tips.
9. Pipet 30ul/well of enteroids matrigel mixture as droplet into 24 well plate using cold P200 pipet tips. Transfer plate into 37⁰C incubator. Let gel settle for 5-10minutes, add 500ul of room temperature CMGF+ to each well and culture in 37⁰C incubator.
10. Refresh culture with CMGF+ every other day.

Freeze enteroids (usually after 6-7 days in culture, combine two wells of enteroids into 1 cryovial)

1. Usually after 6-7 days, enteroids are ready to be passaged.

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2. Remove medium from wells (around the solid Matrigel) with P1000 pipet
3. Add 500ul cold CMGF- to well and mechanically break up Matrigel with pipetting P1000 up and down couple of times
4. Spin down in refrigerated swing rotor centrifuge at 80g (845rpm) at for 5 min at 4°C
5. Remove all medium. Keep tube on ice.
6. Resuspend enteroids into freezing medium (each cryovial using 500ul) at original ratio of 2 wells into 1 vial
7. Keep cryovial into cell freezing container and keep in -80c for at least overnight. Next day transfer vials into LiN2

Enteroids Differentiation

1. Usually after 4 days in culture, switch CMGF+ to differentiation medium for 3-5 days, refresh medium every other day.