How often will I be scheduled for return NeuroHealth visits?

After your initial visit, you will be offered at least one visit during your cancer treatment, one at the end of your treatment and one 1-2 months after the end of your treatment for a final follow-up.

Do I have to participate in research to join the NeuroHealth Initiative?

No, your participation in research is voluntary. You can have standard NeuroHealth visits even if you do not participate in the research portion.

Any further questions?

Please ask your clinic provider or the NHI Navigator.
Why should I participate in the NHI?
Sometimes cancer treatment can harm the brain, spinal cord or nerves. This damage can cause problems with memory, thinking (brain fog), hearing loss, or numbness, tingling, pain and weakness in the arms, legs, and face. The NeuroHealth clinic team will see you before, during and after your treatments to track and manage your symptoms. Addressing your symptoms early may help to minimize these symptoms and avoid pausing your treatment.

You will also have the option to participate in a clinical trial to understand why damage to the nervous system happens and how to prevent it. Your participation could help other patients in the future.

What other benefits do I get from participation in NHI?
You will have another, specialized neurological examination and additional tests that can detect early signs of neurological issues before you start cancer treatment. Early detection may help prevent or limit your symptoms and help your cancer physician identify the best treatment options for you. In addition, the continued neurological assessment will help detect neurotoxicity early in treatment which may help your provider optimize the treatment plan.

How long is my participation in the NeuroHealth Initiative?
The NeuroHealth team will monitor you for any neurological and brain-related symptoms throughout your treatment and until two months after.

What if I am found to have neurological symptoms during my visits?
If symptoms are found during your NeuroHealth assessments which need further evaluation or testing, you will be referred to a specialist such as neurologist, neuropsychologist or physician.

How do I participate in the NeuroHealth Initiative?
Speak with your NeuroHealth Navigator, who provided you with this brochure. The navigator will answer your questions regarding the NeuroHealth Initiative and provide you with an informed consent document. This document will include details about participating in the NeuroHealth Initiative.

The navigator will then schedule a baseline blood sample collection for you and your first NeuroHealth appointment.

How soon will I be scheduled for my first NeuroHealth visit?
We aim to schedule your first visit within 24 hours of the referral being received, depending on the availability and clinic schedules. The clinic personnel will keep you posted regarding your appointment.

What happens at my first NeuroHealth visit?
On the day of your appointment, you will check in at the Brain and Spine Clinic on the 7th floor of the MD Anderson Cancer Center Main Building. Next, you will meet the NeuroHealth care team who will do a detailed neurological assessment (30 minutes), followed by a neurocognitive assessment (1 hour) and a neurotoxicity visit (15 minutes).

The navigator will assist you throughout the visit. The navigator will also help you download a patient reported outcomes (PRO) phone app and teach you how to take a 5-minute survey about your symptoms.

During this visit, you will also be offered the opportunity to participate in the research part of the NeuroHealth Initiative which includes detailed testing of your neurological health. Speak with your navigator to learn more.