20 minutes in a tanning bed = three hours at the beach with no sun protection

7.8 million WOMEN
1.9 million MEN
STILL USE TANNING BEDS

419,000 cases of skin cancer caused by tanning beds each year

6,200 cases of melanoma – the most deadly skin cancer – are linked to tanning beds each year

75% increase in melanoma risk if you used tanning beds before age 35

14 states have banned tanning beds for those under 18