Based on my family history and lifestyle, am I at risk for the following cancers?

- Breast
- Ovarian
- Cervical
- Lung
- Colon
- Skin
- Prostate

If you’re at risk for any of these cancers, visit mdanderson.org/prevention.

Other questions:

- What nutrition recommendations should I follow?
- What exercise recommendations should I follow?
- Are there other things I should be doing to reduce my cancer risk?