



myCancerConnection®

# PIKNIC

Partners In Knowledge, News In Cancer | March/April 2017

**What is PIKNIC?** PIKNIC (Partners In Knowledge, News In Cancer) is an informal educational forum that provides patients, caregivers, family members, volunteers, faculty and staff an opportunity to hear about those issues, needs and concerns relevant to the cancer experience.

**When and where is PIKNIC?** PIKNICs are held at the Mays Clinic on the 2nd, 3rd and 4th Tuesdays of the month, unless indicated. PIKNICs are also held at Houston Area Locations. See reverse for current schedules and topics.

**What time is PIKNIC?** 12:30 – 1:30 p.m., unless indicated.

**Anything else?** Oh, yes! Lunch is provided for the first 15 patients and family members.

Other questions: Call us at 713-792-2553.

[www.mdanderson.org/mycancerconnection](http://www.mdanderson.org/mycancerconnection)  
A program of Volunteer Services and Merchandising

THE UNIVERSITY OF TEXAS

MDAnderson ~~Cancer~~ Center

Making Cancer History®

March 14

**Managing cancer pain**

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Mays Clinic, Floor 2,  
Integrative Medicine Center (ACB2.1041)  
12:30 pm-1:30 pm  
Salahadin Abdi, M.D., Ph.D.  
Professor and Chair  
Department of Pain Medicine

March 21

**PIKNIC Survivorship Series**

**Lymphedema: The past, present and future**

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Mays Clinic, Floor 1, (ACB1.2345)  
Also at MD Anderson locations in  
the Bay Area, Katy, Sugar Land and  
The Woodlands.

Session available remotely at  
[https://mediaplayer.mdanderson.org/  
mdalive.html](https://mediaplayer.mdanderson.org/mdalive.html)

12:30 pm-1:45 pm  
Sarah DeSnyder, M.D.  
Assistant Professor  
Breast Surgical Oncology

Mark Schaverien, M.D.  
Assistant Professor  
Plastic Surgery

Simona Shaitelman, M.D.  
Assistant Professor  
Radiation Oncology Department

March 28

**Understanding and maximizing  
cognitive function as a cancer survivor**

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Mays Clinic, Floor 2,  
Integrative Medicine Center (ACB2.1041)  
12:30 pm-1:30 pm  
Jeffrey S. Wefel, Ph.D., A.B.P.P.  
Chief, Section of Neuropsychology  
Associate Professor  
Department of Neuro-Oncology

*Schedule and topics are subject to change.  
Call 713-792-2553 for the most current schedule.*

*\*Denotes an off-schedule or new location for PIKNIC*

April 11

**Overcoming fatigue during your  
cancer journey**

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Mays Clinic, Floor 2,  
The Learning Center (ACB2.1120)  
12:30 pm-1:30 pm  
Kim Kitchen, BSN, RN  
Clinical Nurse  
Department of Nursing Non-OR Recovery

Millie Toth, M.S., A.O.C.N., R.N.  
Nursing Educator, Nursing Education

*Session is collaboration with Fatigue Awareness Day  
sponsored by Patient Education*

April 18

**Finding the inner link to healing**

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Mays Clinic, Floor 2,  
The Learning Center (ACB2.1120)  
12:30 pm-1:30 pm  
Santhosshi Narayanan, M.D.  
Assistant Professor  
General Internal Medicine

April 25

**PIKNIC Survivorship Series  
Young adult survivorship resources:  
Focus on fertility**

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Mays Clinic, Floor 1, (ACB1.2345)  
Also at MD Anderson locations in  
the Bay Area, Katy, Sugar Land and  
The Woodlands  
Session available remotely at  
[https://mediaplayer.mdanderson.org/  
mdalive.html](https://mediaplayer.mdanderson.org/mdalive.html)  
12:30 pm-1:45 pm  
Terri Lynn Woodard, M.D.  
Assistant Professor, Gynecologic  
Oncology and Reproductive Medicine

\*April 27

**Self-Care for Caregivers**

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Main Building, Floor 2,  
Social Work Office (B2. 4650)  
12:30 pm – 1:30 pm  
Teresa van Oort, MHA, MSSW, LMSW  
Social Work Counselor  
Department of Social Work