

# YOUNG ADULT VIRTUAL PROGRAMS

Presented by MD Anderson Cancer Center and Dan's House of Hope (DHOH)

## September 2020

SUN	MON	TUE	WED	THU	FRI	SAT
		1 <a href="#">Q&amp;A: Accessorizing 101 with the Kendra Scott team</a> 6:30 p.m.	2 <a href="#">Restorative Yoga (DHOH)</a> 6-7 p.m.	3 <a href="#">Arts &amp; Craft Time (DHOH)</a> 6:30-8 p.m.	4 <a href="#">Caregiver Coffee (DHOH)</a> 10:30-11:30 a.m.	5
6	7	8	9 <a href="#">Restorative Yoga (DHOH)</a> 6-7 p.m.	10 <a href="#">Young Adult Support Group</a> 6:30-7:30 p.m.	11	12
13	14	15 <a href="#">Virtual Art</a> 6:30 & 8:30 p.m.	16 <a href="#">Restorative Yoga (DHOH)</a> 6-7 p.m.	17 <a href="#">Game Night (DHOH)</a> 6:30-7:30 p.m.	18 <a href="#">Caregiver Coffee (DHOH)</a> 10:30-11:30 a.m.	19
20	21 <a href="#">Cooking Class</a> 6 p.m.	22 <a href="#">Lunch &amp; Learn: Finding Reliable Health Information</a> 12:30-1:30 p.m.	23 <a href="#">Restorative Yoga (DHOH)</a> 6-7 p.m.	24 <a href="#">Young Adult Support Group</a> 6:30-7:30 p.m.	25	26
27	28	29 <a href="#">Writing for Self-Care (DHOH)</a> 6:30 – 8 p.m.	30 <a href="#">Restorative Yoga (DHOH)</a> 6-7 p.m.			

Click here to register for activities: <https://bit.ly/2YSAKkF>

Questions? Email [cancer180@mdanderson.org](mailto:cancer180@mdanderson.org)

Learn more about events & resources on social media:

[Facebook.com/cancer180](https://www.facebook.com/cancer180)

[Facebook.com/danshouseofhope](https://www.facebook.com/danshouseofhope)



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