

# YOUNG ADULT VIRTUAL PROGRAMS

Presented by MD Anderson Cancer Center and Dan's House of Hope (DHOH)

## October 2020

SUN	MON	TUE	WED	THU	FRI	SAT
				1 <a href="#">Arts &amp; Craft Time (DHOH)</a> 6:30-8 p.m.	2 <a href="#">Caregiver Coffee (DHOH)</a> 10:30-11:30 a.m.	3
4	5	6 <a href="#">Q&amp;A: Expressive Writing with Tiffany Meyer</a> 6:30 p.m.	7 <a href="#">Restorative Yoga (DHOH)</a> 6-7 p.m.	8 <a href="#">Young Adult Support Group</a> 6:30 p.m.	9	10
11 <a href="#">Cooking Class</a> 6 p.m.	12 <a href="#">Lunch &amp; Learn: Talking with children about cancer</a> 12:30-1:30 p.m.	13 <a href="#">Lunch &amp; Learn: Talking with children about cancer</a> 12:30-1:30 p.m.	14 <a href="#">Restorative Yoga (DHOH)</a> 6-7 p.m.	15 <a href="#">Game Night (DHOH)</a> 6:30-7:30 p.m.	16 <a href="#">Caregiver Coffee (DHOH)</a> 10:30-11:30 a.m.  <a href="#">Hope Run/Walk (DHOH)</a>	17 <a href="#">Hope Run/Walk (DHOH)</a>
18 <a href="#">Hope Run/Walk (DHOH)</a>	19	20 <a href="#">Lunch &amp; Learn: Covid-19 and Cancer</a> 12:30-1:30 p.m.  <a href="#">Virtual Art</a> 6:30 & 8:30 p.m.	21 <a href="#">Restorative Yoga (DHOH)</a> 6-7 p.m.	22 <a href="#">Young Adult Support Group</a> 6:30 p.m.	23	24
25	26 <a href="#">Deadline to register for 11/1 Arts &amp; Crafts (DHOH)</a>	27	28 <a href="#">Restorative Yoga (DHOH)</a> 6-7 p.m.	29	30 <a href="#">Caregiver Coffee (DHOH)</a> 10:30-11:30 a.m.	31

Click here to register for activities: <http://www.tinyurl.com/ayaevents>



Questions? Email [cancer180@mdanderson.org](mailto:cancer180@mdanderson.org)

Learn more about events & resources on social media:

[Facebook.com/cancer180](https://www.facebook.com/cancer180)

[Facebook.com/danshouseofhope](https://www.facebook.com/danshouseofhope)

