


# YOUNG ADULT VIRTUAL PROGRAMS

Presented by MD Anderson Cancer Center and Dan's House of Hope (DHOH)

## November 2020

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6
				Arts & Craft Time (DHOH) 6:30-8 p.m.	Caregiver Coffee (DHOH) 10:30-11:30 a.m.	7
8	9	10	11	12	13	14
			Restorative Yoga (DHOH) 6-7 p.m.	Young Adult Support Group 6:30 p.m.		
15	16	17	18	19	20	21
	Elevate to Perfect Brow Skills (DHOH) 6:30 p.m.	Lunch & Learn: Eating Healthy During the Holidays 12:30 – 1:30 p.m.  Virtual Art 6:30 & 8:30 p.m.	Restorative Yoga (DHOH) 6-7 p.m.	Game Night (DHOH) 6:30-8 p.m.	Caregiver Coffee (DHOH) 10:30-11:30 a.m.	
22	23	24	25	26	27	28
	Deadline to register for 12/3 Arts & Crafts (DHOH)		Restorative Yoga (DHOH) 6-7 p.m.	HAPPY THANKSGIVING 	Deadline to register for 12/11 Sephora Brave Beauty Class	
29	30					

Click here to register for activities: <http://www.tinyurl.com/AYAevents>

Questions? Email [cancer180@mdanderson.org](mailto:cancer180@mdanderson.org)



Learn more about events & resources on social media:

[Facebook.com/cancer180](https://www.facebook.com/cancer180)

[Facebook.com/danshouseofhope](https://www.facebook.com/danshouseofhope)

