

YOUNG ADULT VIRTUAL PROGRAMS

Presented by MD Anderson Cancer Center and Dan's House of Hope (DHOH)

January 2021

SUN	MON	TUE	WED	THU	FRI	SAT
						1
						2
	3	4	5	6	7	8
			Restorative Yoga (DHOH) 6-7 p.m.	Arts & Craft Time (DHOH) 6:30-8 p.m. EVENT FULL	Caregiver Coffee (DHOH) 10:30-11:30 a.m.	9
10	11	12	13	14	15	16
		Lunch & Learn: Organizing personal health information 12:30-1:30 p.m.	Restorative Yoga (DHOH) 6-7 p.m.	Young Adult Support Group 6:30 p.m.		
		----- Conversation on Living Well Houston Dynamo FC player Memo Rodriguez 6:30 p.m.				
17	18	19	20	21	22	23
Deadline to register for 2/4/21 Arts & Crafts (DHOH)	Virtual Art 6:30 & 8:30 p.m.	Restorative Yoga (DHOH) 6-7 p.m.	Game Night (DHOH) 6:30-8 p.m.	Caregiver Coffee (DHOH) 10:30-11:30 a.m.		
24	25	26	27	28	29	30
			Restorative Yoga (DHOH) 6-7 p.m.	Young Adult Support Group 6:30 p.m.		

Click here to register for activities: <http://www.tinyurl.com/AYAevents>

Questions? Email cancer180@mdanderson.org



Learn more about events & resources on social media:

[Facebook.com/cancer180](https://www.facebook.com/cancer180)

[Facebook.com/danshouseofhope](https://www.facebook.com/danshouseofhope)

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