



Brain Tumor Support Group

Join **Brain Tumor Education and Support Together (BEST)** to hear presentations from experts on topics relevant to those living with a brain tumor. Each talk is followed by a support group discussion.

- Held the second Wednesday of every month, Noon - 1:30 p.m.
- Join meetings remotely from your computer or smartphone with Zoom.

Sign up by emailing

Ari Murphey at ADMurphey@mdanderson.org

or sharing your email with the clinic front desk staff.

Topics in 2022 include:

- Clinical trials
- Side effects and fatigue
- Debunking diet myths

Learn more on

[mdanderson.org/SupportGroups](https://www.mdanderson.org/SupportGroups)

Scan QR code for more details



THE UNIVERSITY OF TEXAS

**MD Anderson
Cancer Center**

Making Cancer History®



MD Anderson BEST 2022 Schedule

January 12

Resources: What you should know

February 9

Navigating relationships

March 9

Optimizing communication

April 13

Managing scanxiety

May 11

Brain Tumor Awareness Month Expert panel:
Primary brain tumors

June 8

Supplements, complementary,
and alternative medicine

July 13

Side effects and fatigue

August 10

Advance care planning and disability

September 14

Cognitive changes

October 12

Expert panel: Primary brain tumors

November 9

Debunking diet myths

December 14

Clinical trials

THE UNIVERSITY OF TEXAS

**MD Anderson
Cancer Center**

Making Cancer History®