

What To Expect: Preparing for Your First Visit to the Integrative Medicine Center for Nutrition

Location: Mays Clinic, 1220 Holcombe, Houston, TX 77030,
Floor 2, near Elevator T

Closest Parking: Mays Clinic Garage, Entrance 5

Hours: 8 a.m.-5 p.m. (CST), Monday-Friday

Phone: 713-794-4700

Center website: www.mdanderson.org/integrativemedcenter

Directions: From **Mays Clinic Garage**, take elevator to **Floor 2**, follow signs to **The Tree Sculpture**, follow signs to **Elevator T**. The Integrative Medicine Center check-in is just beyond Elevator T, across from the Gift Shop.

Our dietitian can answer concerns you have about your nutrition. We can help you with dietary choices before, during and after treatment.

About the center

- For directions to the center, see the information above or visit www.access.mdanderson.org.
- Visit center website above to learn more about center services and our therapist.
- If you need a copy of your appointment letter, visit one of the Information Centers on campus. You can ask a greeter or any employee for directions to your appointment, if you need help.

About your visit

- If you were given a food diary, please complete it and bring it to your first visit.
- Check in 15 minutes before your appointment to complete paperwork.
- Your weight will be measured.
- Please remember to check out at the front desk after your visit. You can schedule future appointment at this time.

About your payment

Costs are included as part of your visit with the physician.

Your schedule

Please try to arrive at your scheduled check-in time. We strive to keep wait times to a minimum, but delays may occur as we work to meet every patient's needs.

Appointment wait times are displayed at the front desk. If your appointment is delayed and you would like to leave the center, the front desk can provide you with a pager.

If you have additional questions about your visit, please ask the front desk staff, contact us through myMDAnderson, or call 713-794-4700.