

# Carol Eddy, MPT

**Senior Physical Therapist, Integrative Medicine Center**

---

Carol has been a physical therapist specializing in oncology rehabilitation for over 15 years. She recently relocated to Houston from the Seattle area of Washington State. She graduated from the University of Puget Sound with a Master of Physical Therapy degree in 1999. She worked as a physical therapist in outpatient orthopedics and oncology and lymphedema rehabilitation for several years before opening her own private practice in 2003. This practice was dedicated solely to the rehabilitation of patients with cancer and lymphedema. She gave regular lectures on cancer, exercise and lymphedema for local cancer support groups such as Cancer Lifeline and Team Survivor Northwest, and taught lymphedema management for the Lake Washington Institute of Technology's Physical Therapist Assistant program. Carol taught several exercise classes for cancer survivors, and served on the medical advisory committee of Team Survivor Northwest.

Carol grew up in San Diego, CA, and earned an undergraduate degree in English Literature from UCLA in 1991. During her time in Los Angeles, she trained in classical ballet, jazz and contemporary dance, and had the opportunity to work for a short time as a professional jazz and contemporary dancer. Currently, in her spare time, Carol enjoys travel, scuba diving, learning to speak Spanish, and Salsa and Argentine Tango dancing.

**Integrative Medicine Center**  
**713-794-4700**