

What To Expect: Preparing for Your First Visit to the Integrative Medicine Center for Physical Therapy

Location: 1515 Holcombe, Houston, TX 77030 outside the Main Building valet, near The Aquarium

Closest Parking: Garage 10 at Entrance 2, or valet

Hours: 8 a.m.-5 p.m. (CST), Monday-Friday

Phone: 713-794-4700

Center website: www.mdanderson.org/integrativemedcenter

Directions: From **Garage 10**, walk west on Bates street toward the **Main Building**. The Integrative Medicine Center is on the right before you reach the entrance to the **Main Building**. From the **Main Building**, turn left on the sidewalk and follow signs to the **Integrative Medicine Center**. Turn left before the meditation garden.

Our physical therapist can assess your physical activity and make recommendations on exercise.

Services are by appointment for patients. A physician's order is required from our Integrative Medicine oncology team before scheduling.

About the center

- For directions to the center, see the information above or visit www.access.mdanderson.org.
- Visit center website above to learn more about center services and our therapist.
- If you need a copy of your appointment letter, visit one of the Information Centers on campus. You can ask a greeter or any employee for directions to your appointment, if you need help.

About your visit

- Please dress comfortably.
- Check in 15 minutes before your appointment to complete paperwork and vital signs.
- Please remember to check out at the front desk after your visit. You will need to complete a post-visit assessment. You can schedule future appointment at this time.

About your payment

- Before your visit, we will verify whether this service is covered by your insurance plan. If not, you have the option to cancel the appointment.
- Co-payments for your visit will be collected upfront. We accept cash, check or credit card.

Your schedule

Please try to arrive at your scheduled check-in time. We strive to keep wait times to a minimum, but delays may occur as we work to meet every patient's needs.

Appointment wait times are displayed at the front desk. If your appointment is delayed and you would like to leave the center, the front desk can provide you with a pager.

If you have additional questions about your visit, please ask the front desk staff, contact us through myMDAnderson, or call 713-794-4700.