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Karla Crawford is a registered dietitian specializing in oncology. She received her nutrition degree from the University of Houston and her master's degree in Public Health with dietetic training from the University of Texas Health Science Center in Houston. She has worked with patients through the cancer continuum for over 8 years. Karla's professional interests are in behavior change, nutrition education, community gardens, and health promotion and disease prevention through a plant-based diet and healthy lifestyle.