June 2 – 8 is Cancer Survivorship Week! Details & full schedule available at tinyurl.com/MDAsurvivorshipweek

<table>
<thead>
<tr>
<th>SUN</th>
<th>MON</th>
<th>TUE</th>
<th>WED</th>
<th>THU</th>
<th>FRI</th>
<th>SAT</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>1</td>
</tr>
<tr>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
<td>8</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>June 2 – 8 is Cancer Survivorship Week! Details &amp; full schedule available at tinyurl.com/MDAsurvivorshipweek</td>
</tr>
<tr>
<td>9</td>
<td>10</td>
<td>11</td>
<td>12</td>
<td>13</td>
<td>14</td>
<td>15</td>
</tr>
<tr>
<td>Restorative Yoga (DHOH)*</td>
<td>Advance Directives</td>
<td>Restorative Yoga (DHOH)*</td>
<td>Young Adult Support Group 6:30 p.m.</td>
<td>Caregiver Support Group* 6:30 p.m.</td>
<td>Walk &amp; Talk* 10 a.m.</td>
<td></td>
</tr>
<tr>
<td>16</td>
<td>17</td>
<td>18</td>
<td>19</td>
<td>20</td>
<td>21</td>
<td>22</td>
</tr>
<tr>
<td>Virtual Art with Kasey* 7 p.m.</td>
<td>Restorative Yoga (DHOH)*</td>
<td>Creative Corner Hangout (DHOH)* 6:30 p.m.</td>
<td>Caregiver Coffee (DHOH)* 10:30 a.m.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>23</td>
<td>24</td>
<td>25</td>
<td>26</td>
<td>27</td>
<td>28</td>
<td>29</td>
</tr>
<tr>
<td>Deadline to register for 7/4 Arts &amp; Crafts (DHOH)*</td>
<td>Restorative Yoga (DHOH)*</td>
<td>Young Adult Support Group 6:30 p.m.</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

All events are virtual unless otherwise indicated.

Activities are on CST and open to everyone regardless of where treatment was received

Danshouseofhope.org/our-programs
Facebook.com/danshouseofhope
aya@mdanderson.org
Facebook.com/groups/mdandersonaya
Arts & Crafts Time
Tap into your creative side through fun arts and crafts which vary each month. Registration is required and ideally occurs at least 10 days prior to the activity so that supplies can be mailed at no cost to you by Dan’s House of Hope.
Virtual: Yes – REGISTRATION REQUIRED (use drop-down box to select correct session date)
Open to caregivers: Yes

Cancer Survivorship Week!
To commemorate National Cancer Survivors Day, MD Anderson is hosting dozens of online activities for the week of June 2-8. A couple of things will be listed in blue on the AYA calendar, but to see the full schedule of activities (like art, mindfulness, etc.) and educational sessions (on topics including sexual health, fertility, nutrition, exercise, etc.) go to tinyurl.com/MDAsurvivorshipweek.
Zoom links are all on the schedule of events.
Virtual: Mostly virtual, but there are a couple of in person activities
Open to caregivers: Yes

Caregiver Coffee
Sip on your morning coffee and chat with other caregivers. Hosted by Dan’s House of Hope.
Virtual: Yes
Open to caregivers: Yes – caregivers only

Caregiver Support Group
Connect with other young adult caregivers (spouses, children, siblings, friends etc.) on a variety of topics.
Virtual: Yes
Open to caregivers: Yes – caregivers only

Creative Corner Hangout
Dedicated creative time where you can bring whatever crafts or activities you have in progress and work on them! Hosted by Dan’s House of Hope.
Virtual: Yes
Open to caregivers: Yes

Restorative Yoga
Join a calming restorative yoga class hosted by Dan’s House of Hope. All movement is customized to your needs.
Virtual: Yes
Open to caregivers: Yes

Virtual Art with Kasey
No previous art experience required! Kasey walks us step by step through various watercolor paintings and drawings. Supplies are mailed at no cost upon registration (and can be replenished upon request).
Virtual: Yes
Open to caregivers: Yes
Walk & Talk at Hermann Park - **IN PERSON ACTIVITY!**
Let’s get together and add a little movement into our lives! All fitness and energy levels welcome, guests and friends too! We will meet in the McGovern Centennial Gardens (1500 Hermann Dr) in front of the water fountains. After parking in the lot or on the street, walk towards the end of the parking lot that has the tall dark gray brick walls, go through the walkway to find the fountains, and we’ll be waiting on the left. Bathrooms are available, and we will bring snacks for after!
Virtual: No
Open to caregivers: Yes

Young Adult Support Group
Connect with other young adult patients on a variety of topics. On holidays, the group becomes a casual hangout.
Virtual: Yes
Open to caregivers: No - caregivers have a separate support group just for them!