



What to bring with you

In addition to your medical records, you may want to consider bringing the following items to your first appointment:

- Driving and parking directions provided
- A small notebook for writing notes and questions
- Comfortable clothing, shoes and something to keep you warm, such as a sweater or jacket
- A laptop or mobile device. You can use our free wireless network, MDA Guest, to connect to the internet. Don't forget your earbuds and charger.
- Earbuds and a charger for your device.
- Snacks and drinks.
- A book or a magazine to read

If you have questions, please call your assigned patient access staff member.