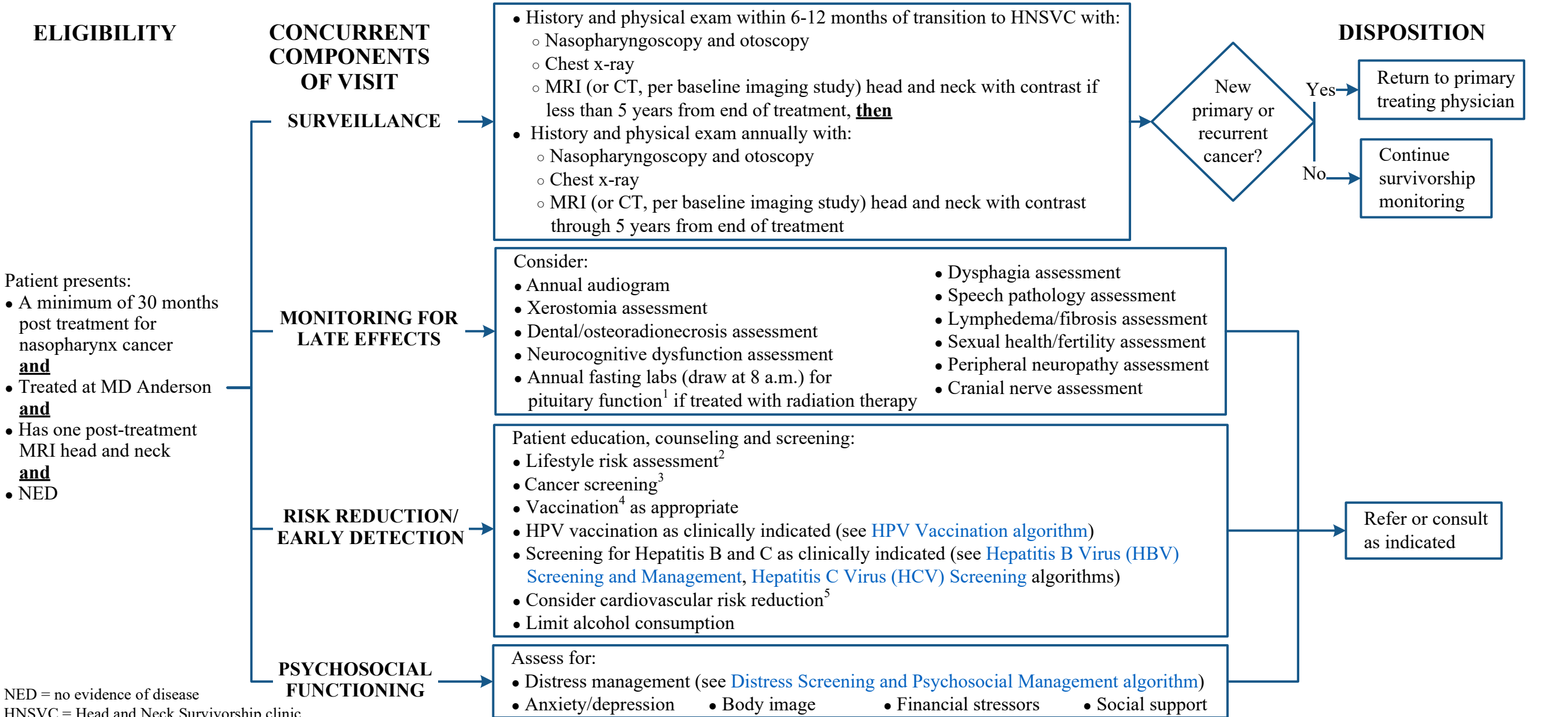


Disclaimer: This algorithm has been developed for MD Anderson using a multidisciplinary approach considering circumstances particular to MD Anderson's specific patient population, services and structure, and clinical information. This is not intended to replace the independent medical or professional judgment of physicians or other health care providers in the context of individual clinical circumstances to determine a patient's care. This algorithm should not be used to treat pregnant women.



NED = no evidence of disease

HNSVC = Head and Neck Survivorship clinic

<sup>1</sup> Pituitary labs to include prolactin, IGF-1 (insulin-like growth factor-1), total T3, free T4, thyroid-stimulating hormone (TSH), follicle-stimulating hormone (FSH), estradiol (for women), total testosterone (for men), and total cortisol

<sup>2</sup> See [Physical Activity](#), [Nutrition](#), and [Tobacco Cessation](#) algorithms; ongoing reassessment of lifestyle risks should be a part of routine clinical practice

<sup>3</sup> Includes [breast](#), [cervical](#) (if appropriate), [colorectal](#), [liver](#), [lung](#), [pancreatic](#), [prostate](#), and [skin cancer screening](#)

<sup>4</sup> Based on [Centers for Disease Control and Prevention \(CDC\) guidelines](#)

<sup>5</sup> Consider use of Vanderbilt's [ABCDE's approach to cardiovascular health](#)

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## DEVELOPMENT CREDITS

This survivorship algorithm is based on majority expert opinion of the Head and Neck Survivorship work group at the University of Texas MD Anderson Cancer Center. It was developed using a multidisciplinary approach that included input from the following:

### Core Development Team Leads

Steven Frank, MD (Radiation Oncology)

Charles Lu, MD (Thoracic Head & Neck Medicine)

Mark Zafereo, MD (Head & Neck Surgery)

### Workgroup Members

Nagham Al-Zubidi, MBBCH (Ophthalmology)  
Moran Amit, MD, PhD (Head & Neck Surgery)  
Carly Barbon, PhD (Head & Neck Surgery)  
Richard Cardoso, DDS (Oral Oncology)  
Mark Chambers, DMD (Oral Oncology)  
Eduardo Diaz Jr., MD (Head & Neck Surgery)  
Barbara Ebersole, MA (Head & Neck Center)  
Bita Esmaeli, MD (Ophthalmic Plastic Surgery)  
Olga N. Fleckenstein, BS<sup>♦</sup>  
Paul Gidley, MD (Head & Neck Surgery)  
Ann Gillenwater, MD (Head & Neck Surgery)  
Katherine Gilmore, MPH, BA (Cancer Survivorship)  
Ryan Goepfert, MD (Head & Neck Surgery)

Dan Gombos, MD (Ophthalmology)  
Neil Gross, MD (Head & Neck Surgery)  
Ehab Hanna, MD (Head & Neck Surgery)  
Amy Hessel, MD (Head & Neck Surgery)  
Theresa Hofstede, DDS (Oral Oncology)  
Kate Hutcheson, PhD (Head & Neck Surgery)  
Thoa Kazantsev, MSN, RN, OCN<sup>♦</sup>  
Michael Kupferman, MD (Head & Neck Surgery)  
Stephen Lai, MD, PhD (Head & Neck Surgery)  
Miriam Lango, MD (Head & Neck Surgery)  
Carol Lewis, MD, MPH (Head & Neck Surgery)  
Anastasios Maniakas, MD (Head & Neck Surgery)  
Jeffrey Myers, MD, PhD (Head & Neck Surgery)

Marc-Elie Nader, MD (Head & Neck Surgery)  
Adegbenga Otun, DDS (Oral Oncology)  
Christine Porsche, MS (Head & Neck Center)  
Kristen Pytynia, MD, MPH (Head & Neck Surgery)  
Justine Robinson, MPAS (Head & Neck Surgery)  
Andrew Sikora, MD, PhD (Head & Neck Surgery)  
Shirley Su, MD (Head & Neck Surgery)  
Jennifer Wang, MD (Head & Neck Surgery)  
Randal Weber, MD (Head & Neck Surgery)  
Ruth Aponte Wesson, DDS (Oral Oncology)  
Xiao Zhao, MD (Head & Neck Surgery)

<sup>♦</sup> Clinical Effectiveness Development Team