

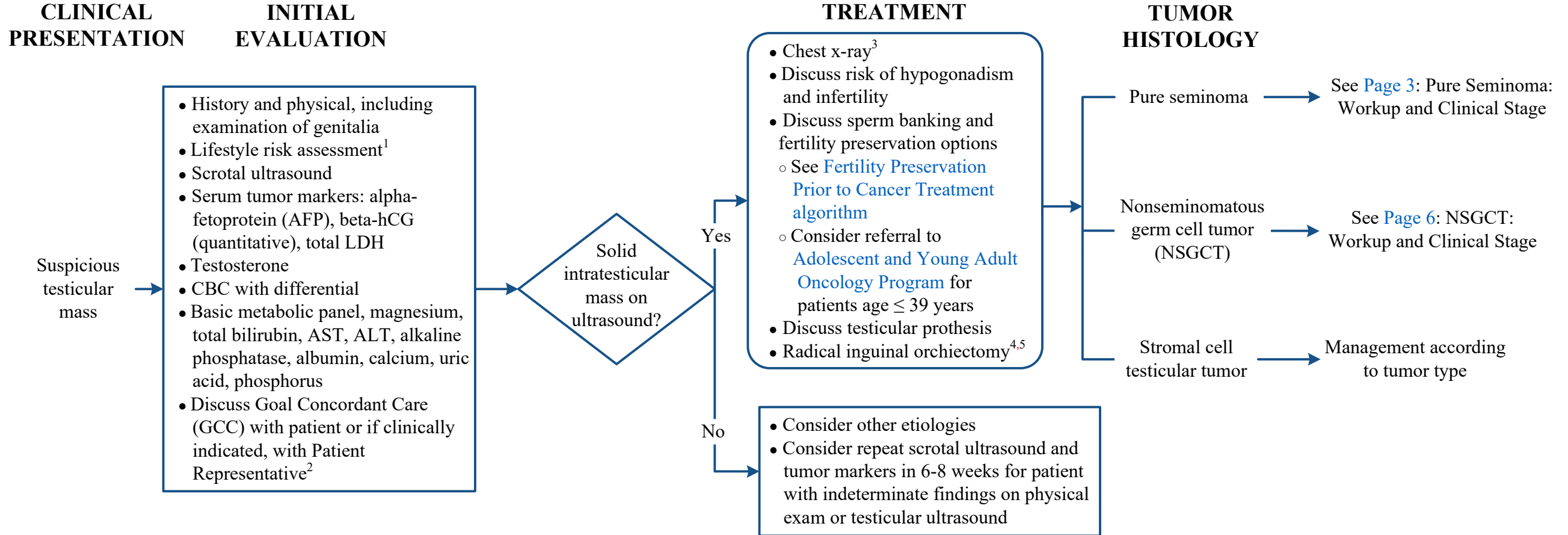
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Note: Consider Clinical Trials as treatment options for eligible patients.



¹ See [Physical Activity](#), [Nutrition](#), and [Tobacco Cessation Treatment](#) algorithms; ongoing reassessment of lifestyle risks should be a part of routine clinical practice

² GCC should be initiated by the Primary Oncologist. If Primary Oncologist is unavailable, Primary Team/Attending Physician to initiate GCC discussion and notify Primary Oncologist. Patients, or if clinically indicated, the Patient Representative should be informed of therapeutic and/or palliative options. GCC discussion should be consistent, timely, and re-evaluated as clinically indicated. The Advance Care Planning (ACP) note should be used to document GCC discussion. Refer to [GCC home page](#) (for internal use only).

³ Consider CT chest with contrast depending on clinical presentation, tumor size in patients with nonseminomatous germ cell tumor (NSGCT)

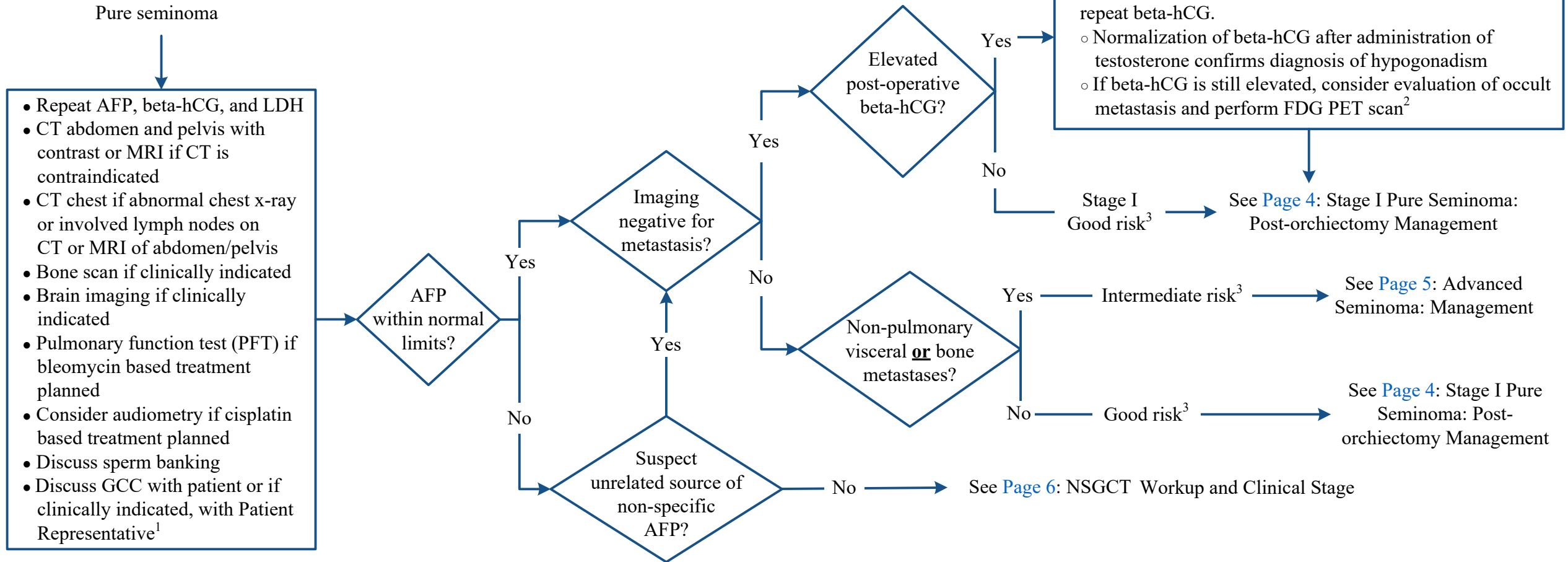
⁴ Some well selected patients may qualify for testis-sparing surgery

⁵ It is acceptable to administer emergency chemotherapy to selected patients with advanced metastatic NSGCT on the basis of clinical presentation before orchiectomy, and without a tissue diagnosis

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Note: Consider Clinical Trials as treatment options for eligible patients.

HISTOLOGY AND FURTHER WORK-UP



¹ GCC should be initiated by the Primary Oncologist. If Primary Oncologist is unavailable, Primary Team/Attending Physician to initiate GCC discussion and notify Primary Oncologist. Patients, or if clinically indicated, the Patient Representative should be informed of therapeutic and/or palliative options. GCC discussion should be consistent, timely, and re-evaluated as clinically indicated. The Advance Care Planning (ACP) note should be used to document GCC discussion. Refer to [GCC home page](#) (for internal use only).

² For patients with atypical presentations, such as those with history of orchiopexy and hernia surgery, PET scan may be helpful to determine if metastatic disease is confined (e.g., to the inguinal lymph node) or more widely disseminated

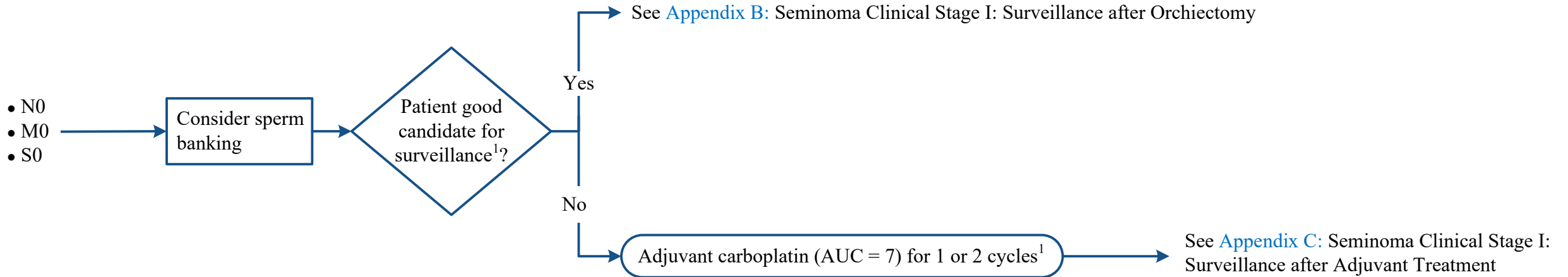
³ See [Appendix A](#) for International Classifications of Germ Cell Cancer

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TUMOR MARKERS AND STAGING

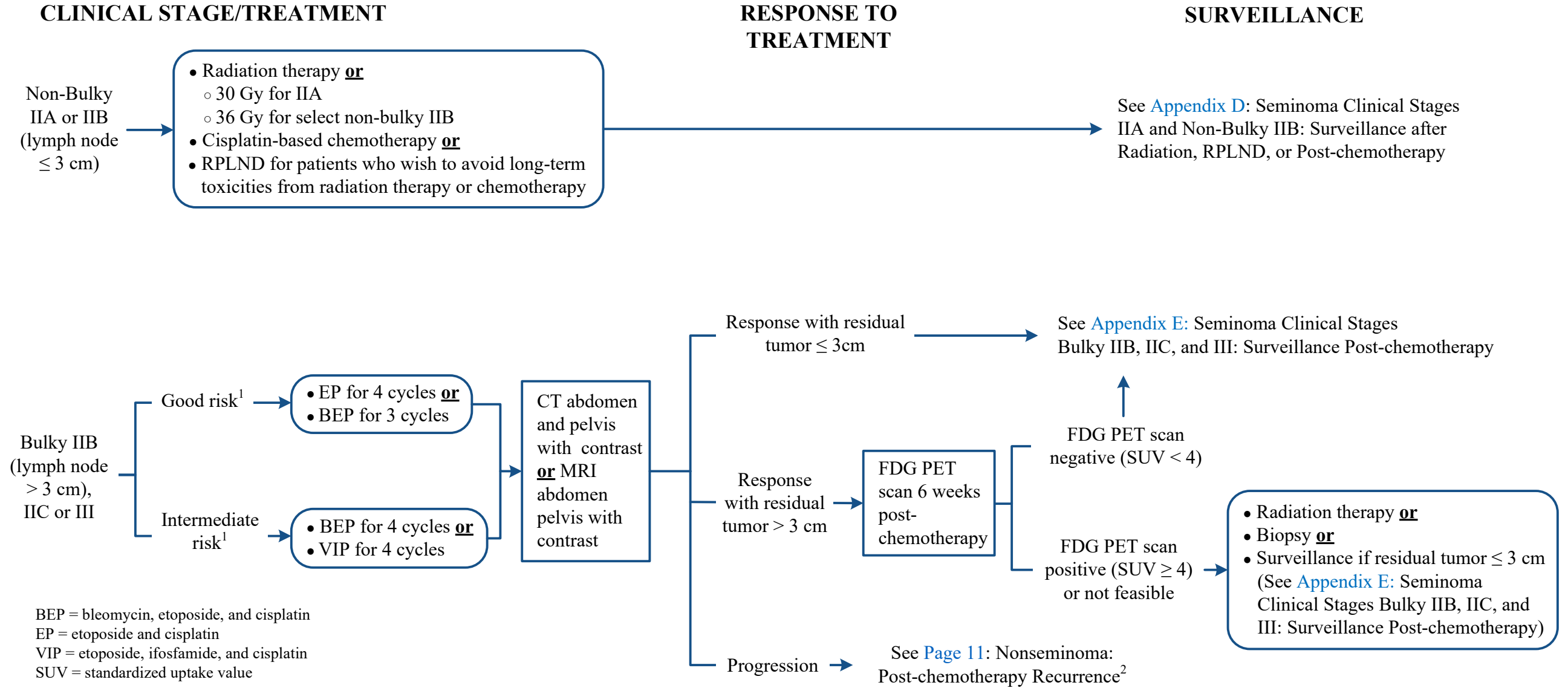
TREATMENT/SURVEILLANCE



¹ Surveillance is preferred after orchiectomy for most patients with stage I seminoma. Adjuvant carboplatin-based chemotherapy is a less preferred alternative to surveillance which may be indicated for patients unable to maintain compliance with surveillance follow up.

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Note: Consider Clinical Trials as treatment options for eligible patients.



BEP = bleomycin, etoposide, and cisplatin
 EP = etoposide and cisplatin
 VIP = etoposide, ifosfamide, and cisplatin
 SUV = standardized uptake value

¹ See [Appendix A: International Classifications of Germ Cell Cancers](#)

² Seminoma that is refractory to chemotherapy is rare and should be managed as nonseminoma

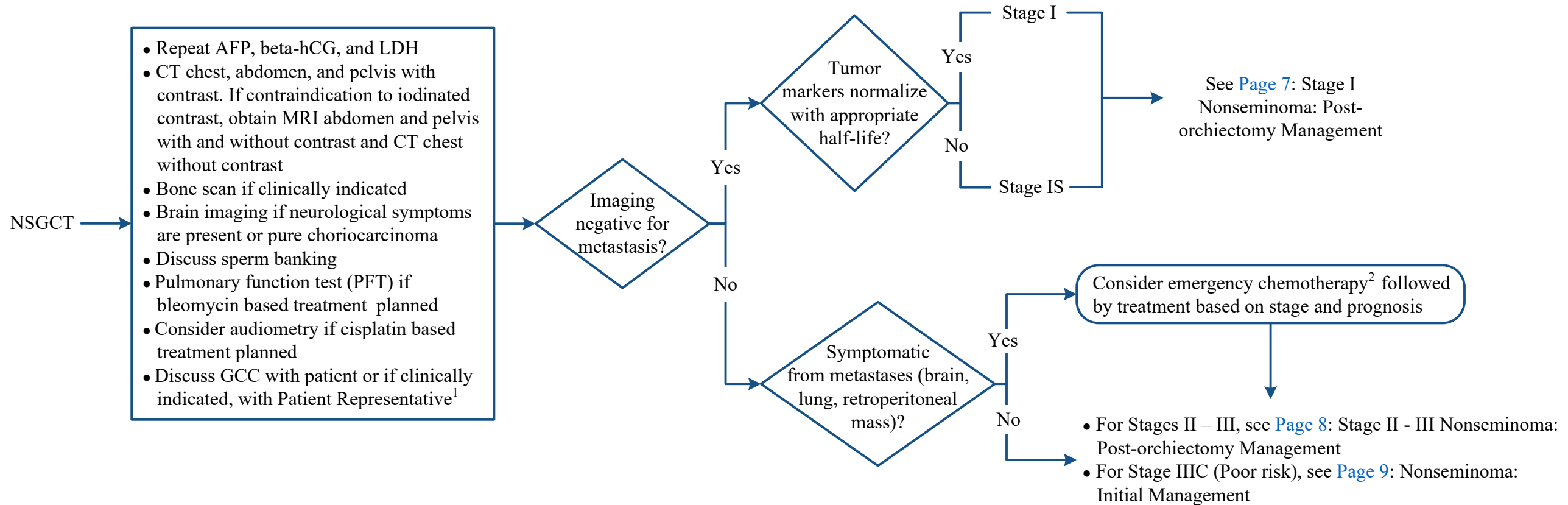
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Note: Consider Clinical Trials as treatment options for eligible patients.

HISTOLOGY

FURTHER WORK-UP

TREATMENT



¹ GCC should be initiated by the Primary Oncologist. If Primary Oncologist is unavailable, Primary Team/Attending Physician to initiate GCC discussion and notify Primary Oncologist. Patients, or if clinically indicated, the Patient Representative should be informed of therapeutic and/or palliative options. GCC discussion should be consistent, timely, and re-evaluated as clinically indicated. The Advance Care Planning (ACP) note should be used to document GCC discussion. Refer to [GCC home page](#) (for internal use only).

² It is acceptable to administer emergency chemotherapy to selected patients with advanced metastatic NSGCT on the basis of clinical presentation before orchiectiony, and without a tissue diagnosis

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Note: Consider Clinical Trials as treatment options for eligible patients.

TUMOR MARKERS AND STAGING

- Any pT/Tx
- N0
- M0
- S1-3

Stage IS:

- Beta-hCG **or** AFP elevated **and**
- Metastatic workup negative

- Clinical trial if available (preferred) **or**
- BEP for 3 cycles **or**
- EP for 4 cycles

See [Page 10](#): Nonseminoma: Post-chemotherapy Management

TREATMENT/SURVEILLANCE

- Any pT/Tx
- N0
- M0
- S0

High recurrence features¹?

Yes

High probability of recurrence is approximately 50%

Embryonal carcinoma predominant and LVI?

Yes

- Consider management options:
- BEP for 1 dose (preferred) **or**
- Primary RPLND (if patient not a candidate for adjuvant chemotherapy) **or**
- Surveillance (in pT1-2 compliant patients)

See [Appendix F](#): NSGCT Clinical Stage IA/B: Surveillance After Adjuvant BEP x 1 Dose or Primary RPLND **or** [Appendix G](#): NSGCT Clinical Stage I With High-Recurrence Risk Factors: Active Surveillance

No

See [Appendix G](#): NSGCT Clinical Stage I With High-Recurrence Risk Factors: Active Surveillance

No

Low probability of recurrence is approximately 15%

- Surveillance (preferred)² **or**
- Consider primary RPLND **or**
- Consider BEP for 1 dose

See [Appendix H](#): NSGCT Clinical Stage I Without High-Recurrence Risk Factors: Active Surveillance **or** [Appendix F](#): NSGCT Clinical Stage IA/B: Surveillance After Adjuvant BEP x 1 Dose or Primary RPLND

BEP = bleomycin, etoposide, and cisplatin
 EP = etoposide and cisplatin
 LVI = lymphovascular invasion

¹ High recurrence risk features (in the primary tumor): lymphovascular invasion, invasion of spermatic cord or scrotum (pT3-4), invasion of tunica vaginalis, embryonal carcinoma predominant (> 50% embryonal histology in orchiectomy specimen)

² Surveillance is preferred, however other treatment options may be indicated for patients unable to maintain compliance with surveillance

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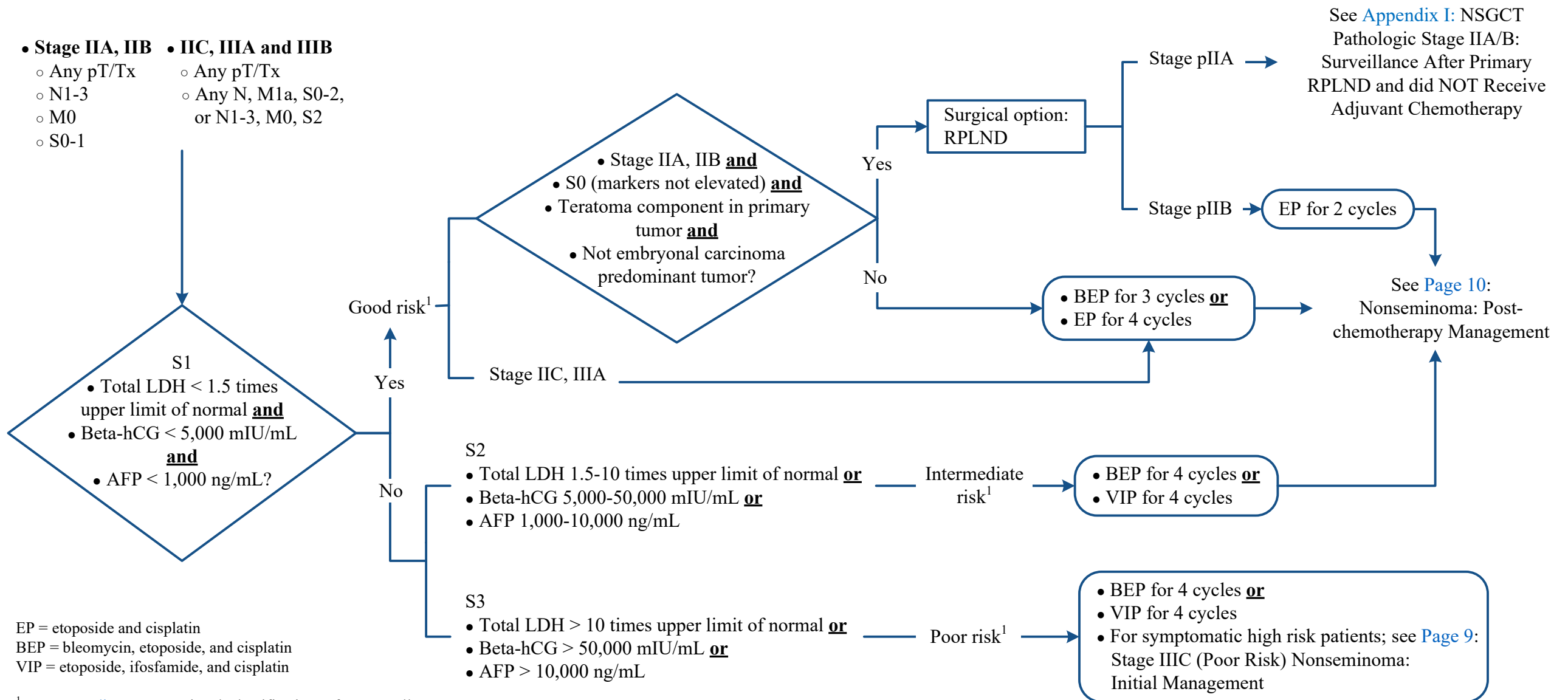
Note: Consider Clinical Trials as treatment options for eligible patients.

TUMOR MARKERS AND STAGING

- **Stage IIA, IIB**
 - Any pT/Tx
 - N1-3
 - M0
 - S0-1
- **IIC, IIIA and IIIB**
 - Any pT/Tx
 - Any N, M1a, S0-2, or N1-3, M0, S2

PRETREATMENT WORKUP

TREATMENT



EP = etoposide and cisplatin
 BEP = bleomycin, etoposide, and cisplatin
 VIP = etoposide, ifosfamide, and cisplatin

¹ See [Appendix A](#): International Classifications of Germ Cell Cancer

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TUMOR MARKERS AND STAGING

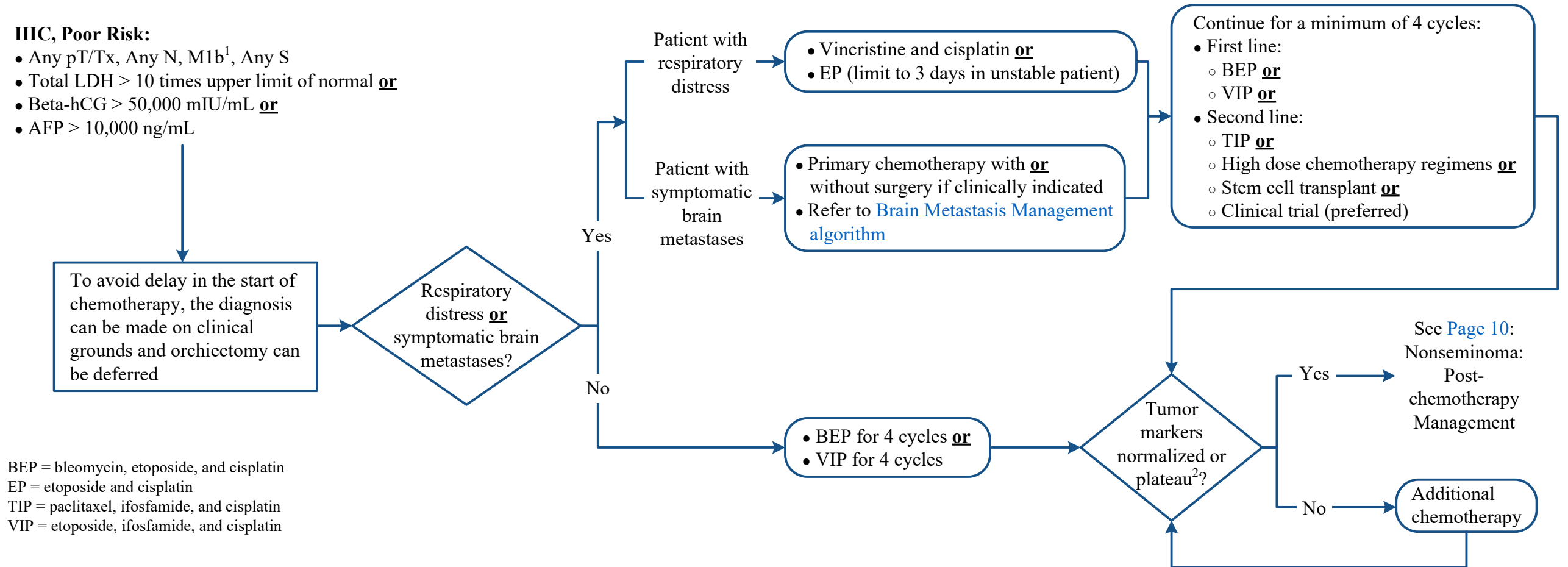
IIIC, Poor Risk:

- Any pT/Tx, Any N, M1b¹, Any S
- Total LDH > 10 times upper limit of normal **or**
- Beta-hCG > 50,000 mIU/mL **or**
- AFP > 10,000 ng/mL

To avoid delay in the start of chemotherapy, the diagnosis can be made on clinical grounds and orchiectomy can be deferred

BEP = bleomycin, etoposide, and cisplatin
 EP = etoposide and cisplatin
 TIP = paclitaxel, ifosfamide, and cisplatin
 VIP = etoposide, ifosfamide, and cisplatin

TREATMENT

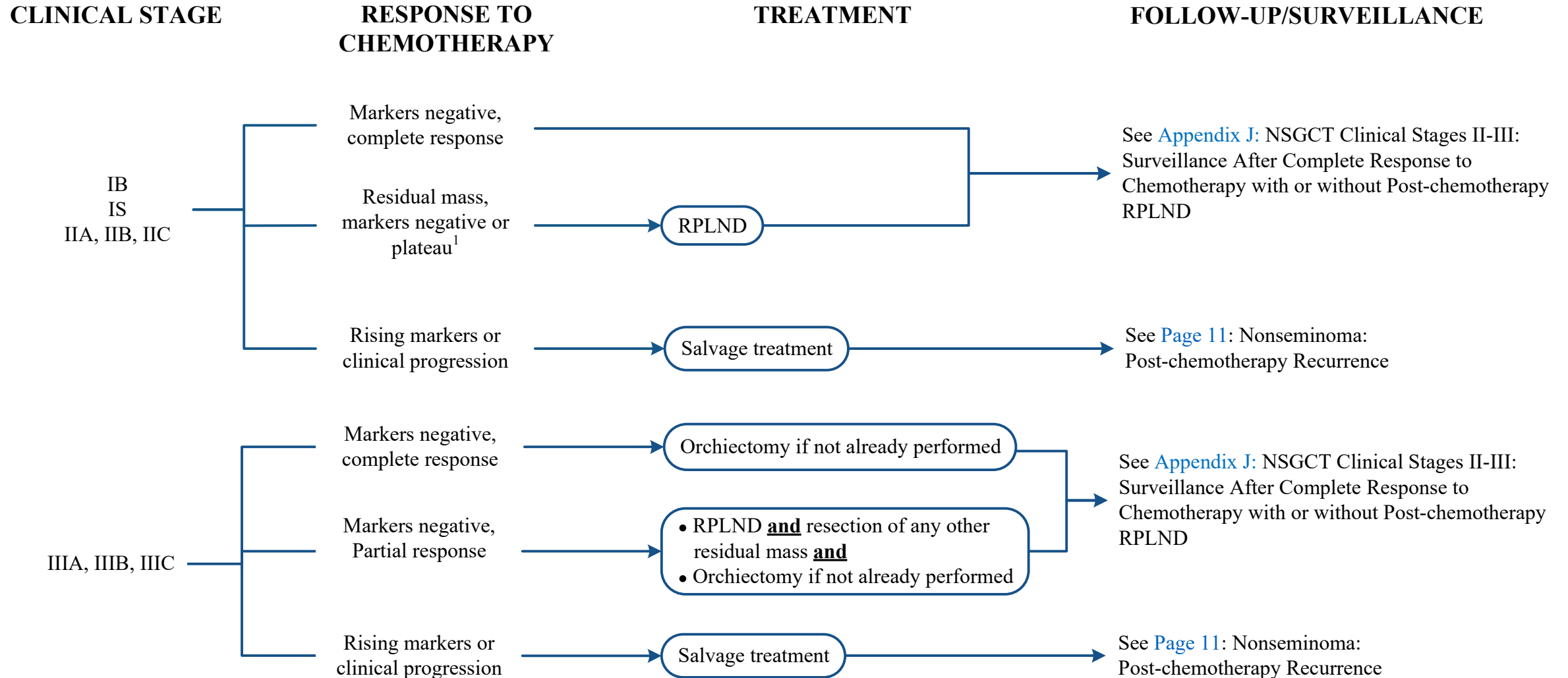


¹ M1b - Distant metastases other than to lymph nodes and lungs

² Plateau: The observed rate of decline in tumor markers should be compared to the expected serum half-lives of 5-7 days (AFP) and 2-3 days (beta-hCG). It is common to see a slower rate of decline after the second cycle of chemotherapy. A continued rate of decline that is much less than the expected half life and does not normalize should be interpreted as a plateau. The decision to stop chemotherapy should be based on clinical judgement, taking into consideration the clinical status of the patient, which of the markers are elevated, extent of elevation, and after ruling out potential sources of spurious elevation.

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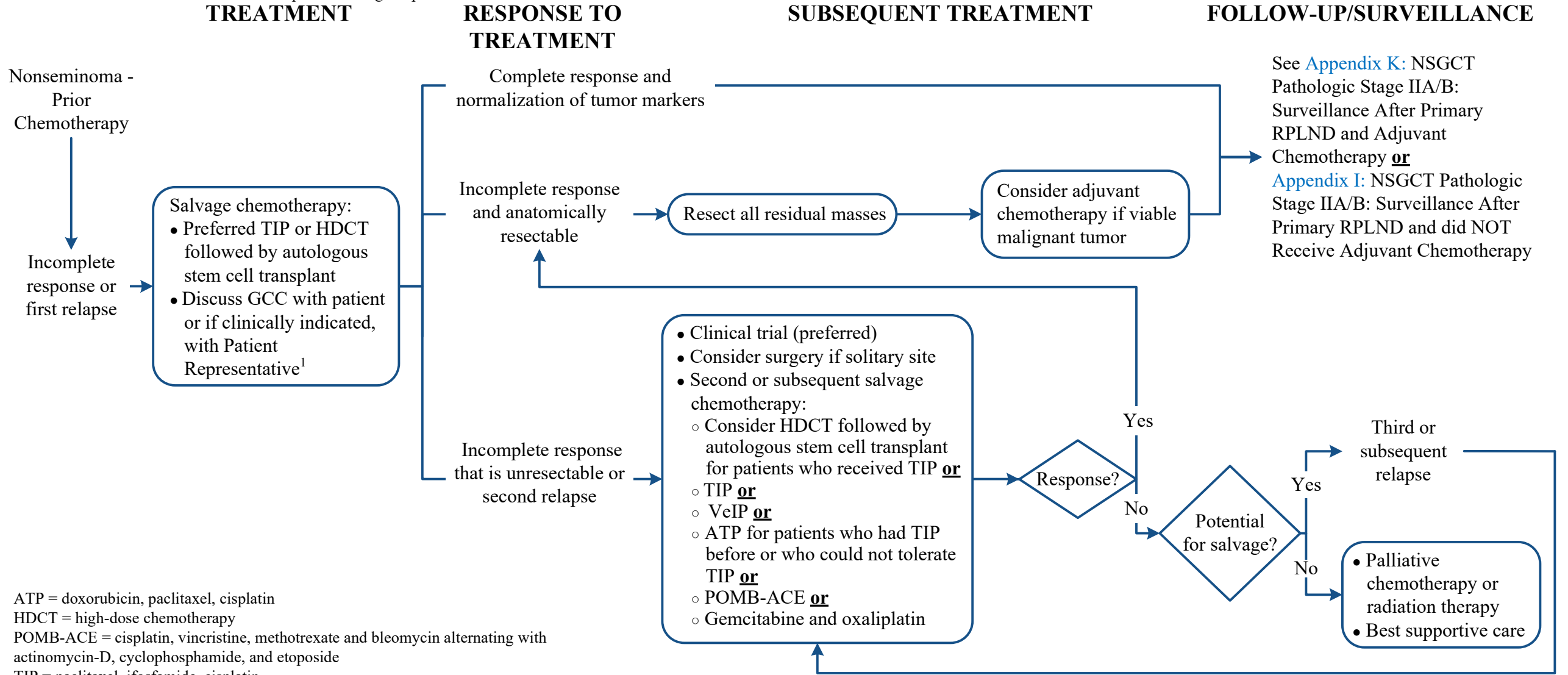
Note: Consider Clinical Trials as treatment options for eligible patients.



¹ Plateau: The observed rate of decline in tumor markers should be compared to the expected serum half-lives of 5-7 days (AFP) and 2-3 days (beta-hCG). It is common to see a slower rate of decline after the second cycle of chemotherapy. A continued rate of decline that is much less than the expected half life and does not normalize should be interpreted as a plateau. The decision to stop chemotherapy should be based on clinical judgement, taking into consideration the clinical status of the patient, which of the markers are elevated, extent of elevation, and after ruling out potential sources of spurious elevation.

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Note: Consider Clinical Trials as treatment options for eligible patients.



ATP = doxorubicin, paclitaxel, cisplatin
 HDCT = high-dose chemotherapy
 POMB-ACE = cisplatin, vincristine, methotrexate and bleomycin alternating with actinomycin-D, cyclophosphamide, and etoposide
 TIP = paclitaxel, ifosfamide, cisplatin
 VeIP = vinblastine, ifosfamide, cisplatin, mesna

¹ GCC should be initiated by the Primary Oncologist. If Primary Oncologist is unavailable, Primary Team/Attending Physician to initiate GCC discussion and notify Primary Oncologist. Patients, or if clinically indicated, the Patient Representative should be informed of therapeutic and/or palliative options. GCC discussion should be consistent, timely, and re-evaluated as clinically indicated. The Advance Care Planning (ACP) note should be used to document GCC discussion. Refer to [GCC home page](#) (for internal use only).

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APPENDIX A: International Classifications for Germ Cell Cancers¹

		Nonseminoma	Seminoma
GOOD RISK	FEATURES	Testes/retroperitoneal primary and No non-pulmonary visceral metastases and	Any primary site and No non-pulmonary visceral metastases and
	All Good Markers:		
	• AFP	< 1,000 ng/mL and	Normal
	• Beta-hCG	< 5,000 IU/L and	Any value
	• LDH	< 1.5 times upper limit of normal	Any value
INTERMEDIATE RISK	FEATURES	Testes/retroperitoneal primary and No non-pulmonary visceral metastases and	Any primary site and Non-pulmonary visceral metastases and
	Markers any of:		
	• AFP	≥ 1,000 and ≤ 10,000 ng/mL or	Normal
	• Beta-hCG	≥ 5,000 IU/L and ≤ 50,000 IU/L or	Any value
	• LDH	≥ 1.5 times upper limit of normal and ≤ 10 times upper limit of normal	Any value
POOR RISK	FEATURES	Mediastinal primary or Non-pulmonary visceral metastases or	No patients classified as poor prognosis
	Markers any of:		
	• AFP	> 10,000 ng/mL or	
	• Beta-hCG	> 50,000 IU/L or	
	• LDH	> 10 times upper limit of normal	

¹ From the International Germ Cell Consensus Classification from the International Germ Cell Cancer Collaborative Group

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APPENDIX B: Seminoma Clinical Stage I: Surveillance after Orchiectomy

Note: Patients with history of seminoma Stage I are eligible for Survivorship when > 2 years from treatment completion and NED.

Refer to [Survivorship – Testicular Cancer: Germ Cell algorithm](#) or continue follow-up as indicated. Treat recurrence according to histology and stage at relapse.

Year (at month intervals)	H&P ¹	CT Abdomen/Pelvis with contrast or MRI Abdomen/Pelvis	Chest x-ray (Consider CT chest if symptomatic)
1	Every 3-6 months	Every 3-6 months	As clinically indicated
2	Every 3-6 months	Every 3-6 months	
3	Every 6-12 months	Every 6-12 months	
4	Every 6-12 months	Every 6-12 months	
5	Every 6-12 months	Every 6-12 months	
6 and above	As clinically indicated	As clinically indicated	

APPENDIX C: Seminoma Clinical Stage I: Surveillance after Adjuvant Treatment

Note: Patients with history of seminoma Stage I are eligible for Survivorship when > 2 years from treatment completion and NED.

Refer to [Survivorship – Testicular Cancer: Germ Cell algorithm](#) or continue follow-up as indicated. Treat recurrence according to histology and stage at relapse.

Year (at month intervals)	H&P ¹	CT Abdomen/Pelvis with contrast or MRI Abdomen/Pelvis	Chest x-ray (Consider CT chest if symptomatic)
1	Every 6-12 months	Annually	As clinically indicated
2	Every 6-12 months		
3	Annually		
4	Annually	As clinically indicated	
5	Annually		
6 and above	As clinically indicated		

¹Markers are optional

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APPENDIX D: Seminoma Clinical Stages IIA and Non-Bulky IIB: Surveillance after Radiation, RPLND, or Post-chemotherapy¹

Note: Patients with history of Seminoma stages II – IIIC are eligible for Survivorship at 4-5 years after completion of treatment and NED.

Refer to [Survivorship - Testicular Cancer: Germ Cell algorithm](#) or continue follow-up as indicated. Treat recurrence according to histology and stage at relapse.

Year (at month intervals)	H&P ²	CT Abdomen/Pelvis with contrast or MRI Abdomen/Pelvis	Chest x-ray (Consider CT chest if symptomatic)
1	Every 3 months	At 3 months, then at 9 or 12 months	Every 6 months
2	Every 6 months	Annually	
3	Every 6 months	Annually	As clinically indicated
4	Every 6 months	As clinically indicated	
5	Every 6 months		
6 and above	As clinically indicated		

APPENDIX E: Seminoma Clinical Stages Bulky IIB, IIC, and III: Surveillance Post-chemotherapy¹

Note: Patients with history of Seminoma stages II – IIIC are eligible for Survivorship at 4-5 years after completion of treatment and NED.

Refer to [Survivorship - Testicular Cancer: Germ Cell algorithm](#) or continue follow-up as indicated. Treat recurrence according to histology and stage at relapse.

Year (at month intervals)	H&P ²	CT Abdomen/Pelvis with contrast ^{3,4} or MRI Abdomen/Pelvis ^{3,4}	Chest x-ray (Consider CT chest if symptomatic)
1	Every 4 months	Every 4 months	Every 4 months
2	Every 6 months	Every 6 months	Every 6 months
3	Annually	Annually	Annually
4			
5			
6 and above	As clinically indicated	As clinically indicated	As clinically indicated

¹ For patients with no residual mass or residual mass ≤ 3 cm and normal tumor markers

² Markers are optional

³ Patients with residual masses may require more frequent imaging based on clinical judgment

⁴ FDG-PET/CT of skull base to mid-thigh as clinically indicated

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APPENDIX F: NSGCT Clinical Stage IA/B: Surveillance After Adjuvant BEP x 1 Dose or Primary RPLND

Note: Patients with history of NSGCT Clinical Stage IA/B are eligible for Survivorship when > 2 years from treatment and NED after completion and/or post-RPLND and/or adjuvant chemotherapy. Refer to [Survivorship – Testicular Cancer: Germ Cell algorithm](#) or continue follow-up as indicated. Treat recurrence according to histology and stage at relapse.

Year (at month intervals)	H&P and Markers	CT Abdomen/Pelvis with contrast or MRI Abdomen/Pelvis	Chest x-ray (Consider CT chest if symptomatic)
1	Every 3 months	Annually	Every 6-12 months
2	Every 3 months	Annually	Annually
3	Every 6 months	As clinically indicated	As clinically indicated
4	Every 6 months		
5	Annually		
6 and above	As clinically indicated		

APPENDIX G: NSGCT Clinical Stage I With High-Recurrence Risk Factors¹: Active Surveillance

Note: Patients with history of NSGCT stage I are eligible for Survivorship when > 2 years from treatment and NED after completion and/or post-RPLND and/or adjuvant chemotherapy. Refer to [Survivorship – Testicular Cancer: Germ Cell algorithm](#) or continue follow-up as indicated. Treat recurrence according to histology and stage at relapse.

Year (at month intervals)	H&P and Markers	CT Abdomen/Pelvis with contrast or MRI Abdomen/Pelvis	Chest x-ray (Consider CT chest if symptomatic)
1	Every 2 months	Every 4 months	Every 4 months
2	Every 3 months	Every 4-6 months	Every 4-6 months
3	Every 4-6 months	Every 6 months	Every 6 months
4	Every 6 months	Annually	Annually
5	Annually	As clinically indicated	As clinically indicated
6 and above	As clinically indicated		

¹ High recurrence risk features (in the primary tumor): lymphovascular invasion, invasion of spermatic cord or scrotum (pT3-4), invasion of tunica vaginalis, embryonal carcinoma predominant (> 50% embryonal histology in orchiectomy specimen)

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APPENDIX H: NSGCT Clinical Stage I Without High-Recurrence Risk Factors¹: Active Surveillance

Note: Patients with history of NSGCT stage I are eligible for Survivorship when > 2 years from treatment and NED after completion and/or post-RPLND and/or adjuvant chemotherapy.

Refer to [Survivorship – Testicular Cancer: Germ Cell algorithm](#) or continue follow-up as indicated. Treat recurrence according to histology and stage at relapse.

Year (at month intervals)	H&P and Markers	CT Abdomen/Pelvis with contrast or MRI Abdomen/Pelvis	Chest x-ray (Consider CT chest if symptomatic)
1	Every 2 months	At 4-6 months	At 4-6 months and 12 months
2	Every 3 months	Every 6 months	Annually
3	Every 4-6 months	Annually	Annually
4	Every 6 months	As clinically indicated	
5	Annually		
6 and above	As clinically indicated		

¹ High recurrence risk features (in the primary tumor): lymphovascular invasion, invasion of spermatic cord or scrotum (pT3-4), invasion of tunica vaginalis, embryonal carcinoma predominant (> 50% embryonal histology in orchiectomy specimen)

APPENDIX I: NSGCT Pathologic Stage IIA/B: Surveillance After Primary RPLND and did NOT Receive Adjuvant Chemotherapy

Note: Patients with history of NSGCT stages II – IIIC are eligible for Survivorship at 4-5 years after completion of treatment and NED.

Refer to [Survivorship – Testicular Cancer: Germ Cell algorithm](#) or continue follow-up as indicated. Treat recurrence according to histology and stage at relapse.

Year (at month intervals)	H&P and Markers	CT Abdomen/Pelvis (with and without contrast) or MRI Abdomen/Pelvis with contrast	Chest x-ray (Consider CT chest if symptomatic)
1	Every 2 months	At 3-4 months	Every 2-4 months
2	Every 3 months	Annually	Every 3-6 months
3	Every 4 months	As clinically indicated	Annually
4	Every 6 months		
5	Annually		
6 and above	As clinically indicated	As clinically indicated	As clinically indicated

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APPENDIX J: NSGCT Clinical Stages II-III: Surveillance After Complete Response to Chemotherapy with or without Post-chemotherapy RPLND

Note: Patients with history of NSGCT Stages II – III are eligible for Survivorship at 4-5 years after completion of treatment and NED.

Refer to [Survivorship - Testicular Cancer: Germ Cell algorithm](#) or continue follow-up as indicated. Treat recurrence according to histology and stage at relapse.

Year (at month intervals)	H&P and Markers	CT Abdomen/Pelvis with contrast or MRI Abdomen/Pelvis ^{1,2}	Chest x-ray (Consider CT chest if symptomatic)
1	Every 2 months	Every 6 months	Every 6 months
2	Every 3 months	Every 6-12 months	Every 6 months
3	Every 6 months	Annually	Annually
4	Every 6 months	As clinically indicated	Annually
5	Every 6 months	As clinically indicated	As clinically indicated
6 and above	As clinically indicated		

¹ Patients who have an incomplete response to chemotherapy require more frequent imaging as clinically indicated

² Patients with clinical stage II treated with chemotherapy who undergo post-chemotherapy RPLND and are found to have pN0 disease or pN1 pure teratoma require only one post-operative CT or MRI at month 3-4 and then as clinically indicated

APPENDIX K: NSGCT Pathologic Stage IIA/B: Surveillance After Primary RPLND and Adjuvant Chemotherapy

Note: Patients with history of NSGCT stages II – IIIC are eligible for Survivorship at 4-5 years after completion of treatment and NED.

Refer to [Survivorship – Testicular Cancer: Germ Cell algorithm](#) or continue follow-up as indicated. Treat recurrence according to histology and stage at relapse.

Year (at month intervals)	H&P and Markers	CT Abdomen/Pelvis with contrast or MRI Abdomen/Pelvis	Chest x-ray (Consider CT chest if symptomatic)
1	Every 6 months	4 months after RPLND	Every 6 months
2	Every 6 months	As clinically indicated	Annually
3	Annually		
4	Annually		
5	Annually		
6 and above	As clinically indicated	As clinically indicated	As clinically indicated

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SUGGESTED READINGS

- Albers, P., Siener, R., Krege, S., Schmelz, H. U., Dieckmann, K. P., Heidenreich, A., ... Hartmann, M. (2008). Randomized phase III trial comparing retroperitoneal lymph node dissection with one course of bleomycin and etoposide plus cisplatin chemotherapy in the adjuvant treatment of clinical stage I nonseminomatous testicular germ cell tumors: AUO trial AH 01/94 by the German Testicular Cancer Study Group. *Journal of Clinical Oncology*, 26(18), 2966-2972. doi:10.1200/JCO.2007.12.0899
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SUGGESTED READINGS - continued

MD Anderson Institutional Policy #CLN1202 - Advance Care Planning Policy Advance Care Planning (ACP) Conversation Workflow (ATT1925)

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DEVELOPMENT CREDITS

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