



DIGEST™

Training Course

*Learn and apply a new method to rate
oropharyngeal dysphagia severity
on videofluoroscopy*

APRIL 24-25 2020

TRAINING COURSE

7am – 5pm (Day 1)

7:30am – 1pm (Day 2)

**POST CONFERENCE
RESEARCH SESSION**

2:30pm - 4:30pm (Day 2)

Robert C. Hickey
Auditorium, Floor 11
1515 Holcombe Blvd.
Houston, TX 77030

THE UNIVERSITY OF TEXAS

**MDAnderson
Cancer Center**

Making Cancer History®

TARGET AUDIENCE

This course will be of value to speech-language pathologists currently conducting and interpreting videofluoroscopic swallow evaluations in adult populations. The target audience will have intermediate to advanced knowledge in the area of dysphagia practice.

GOAL

The goal of this course is to develop clinical competency to use the DIGEST™ methodology to grade the results of videofluoroscopy. The training course offers review of the DIGEST™ method, including how to use the DIGEST™ criteria flowsheet and grading forms as well as how to integrate DIGEST™ results into clinical decision making for oropharyngeal dysphagia management. Participants will have ample opportunity to learn and test DIGEST™ rating skills via demonstrations of videofluoroscopy rating, pre- and post-tests applying DIGEST™ rules, and independent rating with opportunity for Q&A. Participants should be able to independently apply DIGEST™ methodology to grade routine videofluoroscopy cases after completion of the course.

EDUCATIONAL OBJECTIVES

After attending the course, the participant should be able to:

- Conduct the videofluoroscopic swallow study according to a standard protocol necessary to obtain a valid DIGEST™ grade.
- Apply the DIGEST™ criteria to reliably derive a DIGEST™ grade and safety/efficiency profile from videofluoroscopy.
- Describe how DIGEST™ relates to other measures of swallowing function.
- Use the DIGEST™ methodology as a diagnostic tool in dysphagia therapy planning.

EDUCATIONAL METHODS

The format for this course includes 6.5 hours of instruction on Day 1 including the development of DIGEST™, videofluoroscopy protocol/acquisition considerations, and use of standard DIGEST™ forms and flowsheets, followed by clear video examples of safety and efficiency grading, and live demonstration of DIGEST™ rating across various dysphagia severities (none, mild, moderate, severe, profound). Day 2 includes 4-hours of practice rating with MD Anderson staff to provide mentorship and answer questions.

This presentation will focus exclusively on training participants to use the DIGEST™ methodology and will not include information about how to implement other similar or related methodology.

EVALUATION

A course evaluation survey will provide participants the opportunity to comment on the value of the program content to their analysis skills and practice decisions. Course evaluations will also consider the implications for quality improvement in clinical practice and possible impact on patient outcomes. Participants will also have the opportunity to comment on any perceived commercial bias in the presentation as well as to identify future educational topics.

To measure DIGEST™ knowledge and skills, the course will begin with a brief pre-test to assess learning as evidenced by comparison to scores on a post-test at completion of the course.

A passing score on the post-test is not required for course completion. Course completion will be assessed by attendance of both days.

POST-COURSE RESEARCH SESSION

Special considerations for implementation of DIGEST™ as a Research Tool

This optional two hour small-group session will provide a limited number of participants the opportunity to discuss special considerations for the implementation of DIGEST™ as a research tool. Topics will include research-specific data forms, databases, laboratory training and reliability checks. There are no CEU credits offered for this portion of the program.

ACCREDITATION / CREDIT DESIGNATION

ASHA CONTINUING EDUCATION UNITS (CEUS)

APPROVED PROVIDER



ASHA
CONTINUING
EDUCATION

AMERICAN SPEECH-LANGUAGE-HEARING ASSOCIATION

Atos Medical Inc is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course

information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

This course is offered for 1.15 ASHA CEUs (intermediate level, professional area).

ATTENDANCE VERIFICATION CERTIFICATIONS

Upon request, a record of attendance (certificate) will be provided on-site to health care professionals to request credits in accordance with specialty societies and professional associations.

DIGEST™ PROGRAM PLANNING COMMITTEE

Katherine Hutcheson, PhD CCC-SLP, BCS-S

*Associate Professor
Department of Head and Neck Surgery
Course Director*

Deantha Valencia, MS CCC-SLP, BCS-S

*Project Manager
DIGEST™ Training Program*

Clare Alvarez, MS, CCC-SLP

*Speech Pathologist
Department of Head and Neck Surgery
Lead Rater*

Angela Kurtz

*Program Coordinator
Department of Head and Neck Surgery*

Carly Barbon, PhD, SLP (C), Reg. CASLPO

*Postdoctoral Fellow
Department of Head and Neck Surgery*

April Clayton

*Publications Coordinator
Department of Head and Neck Surgery*



DIGEST™ PROGRAM FACULTY

Katherine Hutcheson, PhD CCC-SLP, BCS-S

DIGEST™ PROGRAM RATERS

Clare Alvarez, MS CCC-SLP

Carly Barbon, PhD, SLP (C), Reg. CASLPO

Denise Barringer, MS CCC-SLP, BCS-S

Katherine Connelly, MA CCC-SLP

Bethany Fischer, MA CCC-SLP

Carolyn Hsu, MS CCC-SLP

Sarah Jimenez, MS CCC-SLP

Jodi Knott, MS CCC-SLP, BCS-S

Christine Porsche, MS CCC-SLP

Casey Richardson, MA CCC-SLP

Kiara Savage, MS CCC-SLP

Natalie Tomerlin, MS CCC-SLP

Deantha Valencia, MS CCC-SLP, BCS-S



The University of Texas MD Anderson Cancer Center has implemented a process whereby everyone who is in a position to control the content of an educational activity must disclose all relevant financial relationships with any commercial interest that could potentially affect the information presented.

MD Anderson also requires that all faculty disclose any unlabeled use or investigational use (not yet approved for any purpose) of pharmaceutical and medical device products. Specific disclosure will be made to the participants prior to the educational activity.

Agendas are subject to change because we are always striving to improve the quality of your educational experience. MD Anderson may substitute faculty with comparable expertise on rare occasions necessitated by illness, scheduling conflicts, and so forth.

Photographing, audio taping and videotaping are prohibited.

AGENDA

FRIDAY, APRIL 24, 2020

EXPLAIN AND TRAIN DIGEST™

- 7:00 am **Registration/Check-In and Continental Breakfast**
- 8:00 **DIGEST™ 101: Why, what, how?**
- 9:45 **Break**
- 10:15 **DIGEST™: Breaking Down the Components (demonstration)**
- 12:00 **Lunch (provided)**
- 1:00 **DIGEST™ rating and clinical implementation (demonstration)**
- 3:15 **Break**
- 3:45 **DIGEST™ rating and clinical implementation (demonstration)**
- 5:00 **Adjourn**

SATURDAY, APRIL 25, 2020

PRACTICE USING DIGEST™

- 7:30 am **Continental Breakfast**
- 8:00 **Pre-test: Applying DIGEST™ criteria**
- 8:30 **Practice DIGEST™ (with Q&A)**
- 10:30 **Break**
- 11:00 **Practice DIGEST™ (with Q&A)**
- 12:30 **Post-test: Applying DIGEST™ criteria**
- 1:00 **Adjourn**

POST-COURSE RESEARCH SESSION (OPTIONAL)

Special considerations for implementation of DIGEST™ as a Research Tool

- 2:30 pm **Considerations for implementing DIGEST™ as a research tool**
- 3:15 **Q&A: Implementing DIGEST™ as a research tool**
- 4:00 **Adjourn**

REQUIRED MATERIALS

- Personal laptop
- Please download all necessary videos before arriving to the course. Local copies of video downloads will be required for practice rating. Wireless internet may not be available on-site.
- All pre-conference materials should be reviewed and completed by registrants ahead of the course.

Please contact DIGEST@mdanderson.org if you need special assistance with required materials.

PRESENTATIONS

Presentations will be available online after the course.

DIGEST™ manual will be provided at the end of the course.

REGISTRATION INFORMATION

Advanced registration is encouraged as space and materials are limited. Please see the registration form for applicable fees.

The course registration fee includes tuition, DIGEST™ manual, presentation handouts, breakfasts, lunch and breaks.

The deadline for advanced registration is **Wednesday, March 25, 2020.**

There are three ways to register:

- **On-line:** at www.mdanderson.org/conferences
- **Fax to:** 713-794-1724
- **Mail to:** Department of CME/Conference Management – Unit 1781
The University of Texas MD Anderson Cancer Center
P.O. Box 301407
Houston, TX 77230-1407

Telephone and on-site registrations are not accepted.

We accept the following forms of payment:

- Check (payable through U.S. banks only)
- Money Order
- Credit Cards (MasterCard, VISA, and American Express)

When registering online a receipt/confirmation letter will be automatically emailed to the email address you list on the registration form. If you register by fax or mail a receipt/confirmation letter will be sent to you within ten working days of receipt of your payment.

REFUND / CANCELLATION POLICY

The registration fee, minus a \$50 administrative handling fee, is refundable if a written request is received on or before **Tuesday, April 21, 2020**. No refunds will be granted after that date. The request for a registration refund must include the tax identification number of the company or institution if registration was paid by a company or institution check.

The Department of CME/Conference Management reserves the right to cancel activities prior to the scheduled date, if low enrollment or other circumstances make it necessary. Each registrant will be notified by mail, email, or at the phone or fax numbers given on the registration form.

SPECIAL ASSISTANCE

Contact the CME/Conference Management at 713-792-2223 or toll free at 866-849-5866 if you have any special dietary or ADA accommodation needs.

ACCOMMODATIONS

A block of rooms has been reserved for conference attendees at the **Houston Marriott Medical Center Hotel** located at 6580 Fannin Street, Houston, Texas.

- Discounted room rates are available on a first come, first served basis. Early hotel reservation is suggested.
- The hotel phone number is 713-796-0080 and toll free number is 1-800-228-9290.
- When you make reservations, be sure to mention the group name: **DIGEST™ Training Course** to be assured of receiving the special meeting rate of \$119/night for a standard guest room. Please add 17% (Texas) state and local taxes.
- Reservations and deposits received after **Wednesday, April 1, 2020** will be confirmed if space is available and at currently published hotel guest room rates.
- Click on the reservation link below to make online reservations:
<https://www.marriott.com/event-reservations/reservation-link.mi?id=1579016210119&key=GRP&app=resvlink>

PARKING

Texas Medical Center Garage 10, 1515 Holcombe Blvd, Houston, TX 77030
Visitor parking is \$13 per day.

Directions to Robert C. Hickey Auditorium from Garage 10: 1. From Garage 10, enter the Main Building on floor 3. Follow the signs to Elevator B. Take Elevator B up to Floor 11. Follow the signs to Robert C. Hickey Auditorium.

REMINDER: *Wireless internet may not be available on-site.
Please download all necessary videos beforehand.*

DISCLOSURE STATEMENTS

Information on additional grant support can be found here:

<https://www.mdanderson.org/content/dam/mdanderson/documents/education-training/cme-conference-management/X122416%20DTC%20Disclosures%201.21.20.pdf>

Kate Hutcheson, PhD is employed by The University of Texas MD Anderson Cancer Center and receives a salary. She has no relevant nonfinancial relationships to disclose.

Clare Alvarez, MS is employed by The University of Texas MD Anderson Cancer Center and receives a salary. She has no relevant nonfinancial relationships to disclose.

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REGISTRATION FORM DIGEST™ TRAINING COURSE - X122416 APRIL 24-25, 2020

REGISTRATION FEES

- Speech Pathologists and other Healthcare Professionals**
- Postmarked before March 25, 2020\$425
- Postmarked after March 25, 2020\$475
- MD Anderson Affiliates and Staff**
- Postmarked before March 25, 2020\$375
- Postmarked after March 25, 2020\$425
- Group Rate for 3 or more**
- Postmarked before March 25, 2020\$375
- Postmarked after March 25, 2020\$425
- Post-Course Research Session**
- Postmarked before April 21, 2020\$100

Last Name	First	MI	Highest Degree
Department (include unit no.)		Specialty	
Institution			
MD Anderson Employee ID No. (required for all MDACC employees):		Physician <input type="checkbox"/> Yes <input type="checkbox"/> No	
Street			
City		State/Foreign Country/Zip or Mail Code	
Daytime Phone (with area code)		Fax (with area code)	
E-mail Address (please print)			
Emergency Contact		Phone (with area code)	
Credit Card Holder Name (First/Last)		Charge the following: <input type="checkbox"/> VISA <input type="checkbox"/> MC <input type="checkbox"/> AMEX	
Credit Card Number		Expiration Date	
Security Code/CVV/CSV		Credit Card Holder Billing Address & ZIP Code	
MD Anderson Interdepartmental Transfer (IDT) No.: *Fund Group 90 will not be accepted			
Business Unit	Department	Fund Group*	Fund Type
Authorized Signature REQUIRED for CREDIT CARD or IDT			IDT Approver Name (First/Last) please print

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