OCTOBER 18-19, 2019

TWO-THIRD ANNUAL INTERDISCIPLINARY CONFERENCE ON SUPPORTIVE CARE, HOSPICE AND PALLIATIVE MEDICINE

Featured Speakers

Jennifer Temel, MD
Harvard Medical School
Massachusetts General Hospital

Eduardo Bruera, MD, FAAHPM
The University of Texas MD Anderson Cancer Center

Karen Mustian, PhD, MS, MPH, ACSM, FSBM
University of Rochester Medical Center
Wilmot Cancer Institute

SEPTEMBER 24-26, 2019

UPDATES IN HOSPICE AND PALLIATIVE MEDICINE AND INTENSIVE PHYSICIAN BOARD REVIEW

*Two Options
• In Person
• On-Line Live Web streaming & Recorded

The University of Texas
MD Anderson Cancer Center
Robert C. Hickey Auditorium, Floor 11
R. Lee Clark Clinic
1515 Holcombe Boulevard
Houston, Texas

Complimentary Conference Registration for Board Review Attendees.

THESE TWO EVENTS ARE BEING HELD ON DIFFERENT DATES THIS YEAR.
GOAL
Palliative and Supportive cancer care is evolving to an important specialty to deliver optimal quality value based care to cancer patients. Many clinicians are unaware of the need for whole-patient care and attention to symptom management as well as quality of life improvements outside treatment of the primary disease. While cancer therapies are indeed crucial, the evolution of non-traditional health care settings places increasing emphasis on supportive care methods to improve quality of life for patients with advanced disease.

Caring for the cancer patient in the advanced stages of disease is particularly challenging to the healthcare team. It requires attending to the many dimensions of care including medical, psychosocial, ethical, and spiritual needs. In its 23rd year, the Interdisciplinary Conference on Supportive Care, Hospice & Palliative Medicine continues to offer participants educational updates to help them successfully implement new techniques and treatments in clinical practice to improve patient care and outcomes.

As a result of the participation in the conference, the conference organizing committee intends the participants to: Identify the moral and ethical dilemmas facing clinicians who provide End-of-Life care; Practice state-of-the-art pain and symptom management for patients with advanced disease; Demonstrate effective communication with patients in advanced stages of cancer or debilitating disease and provide quality end-of-life care; and exhibit heightened awareness of medical, legal and spiritual issues facing patients and families involved in the care of advanced disease.

EDUCATIONAL OBJECTIVES
After attending the conference, participants should be able to:
• Provide effective communication with patients in the advanced stages of cancer or debilitating disease and provide quality End-of-Life Care (knowledge, competence, performance, patient outcomes);
• Identify and interpret the moral and ethical dilemmas encountered in palliative care, incorporating supportive care strategies to improve patient care (knowledge, competence, performance, patient outcomes);
• Practice state-of-the-art pain and symptom management for patients with advanced disease (knowledge, competence, performance, patient outcomes);
• Apply palliative care principals to life threatening disease in populations not limited to cancer patients (knowledge, competence, performance).

TARGET AUDIENCE
This program should be of interest to palliative care or hospice physicians, oncologists, internal medicine physicians, family practice physicians, psychiatrists, and/or anesthesiologists. Other professionals including hospice, nursing, psychology, chaplaincy, ethics, and/or sociology.

EDUCATIONAL METHODS
Lectures/Didactic • Workshop Sessions • Panel Discussion • Poster Session

EVALUATION
A course evaluation tool will provide participants with the opportunity to comment on the value of the program content to their practice decisions, performance improvement activities, or possible impact on patient health status. Participants will also have the opportunity to comment on any perceived commercial bias in the presentations as well as to identify future educational topics.

ACCREDITATION/CREDIT DESIGNATION
The University of Texas MD Anderson Cancer Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

GOAL
Caring for the cancer patient in the advanced stages of disease is particularly challenging to the healthcare team. It requires attending to the many dimensions of care including medical, psychosocial, ethical, and spiritual needs. In its 15th year, the Updates in Hospice and Palliative Medicine and Intensive Physician Board Review Course will continue to offer healthcare professionals with educational updates to help them successfully incorporate new information into practice and take the board certification examination. Physicians, fellows and advanced nurse practitioners will gain the knowledge and competence pertaining to symptom and pain management, issues facing patients at end-of-life, and effective communication techniques to implement into clinical practice.

It is expected that participants will be able to implement systematic management of pain symptoms, be able to assess the moral, ethical and psychosocial dilemmas facing clinicians during the end of life, demonstrate effective communication techniques with patients in the advanced stages of cancer or debilitating disease and provide optimal care for non-cancer conditions in a hospice and palliative care setting, thus improving end-of-life care while providing quality end-of-life care.

EDUCATIONAL OBJECTIVES
After attending the conference, participants should be able to:
• Interpret spiritual, legal and medical issues facing patients at end-of-life (knowledge, competence);
• Provide optimal end-of-life care including symptom management, psychosocial support and state-of-the-art pain management (knowledge, competence, performance, patient outcomes);
• Demonstrate effective communication techniques with patients in the advanced stages of cancer or debilitating disease and provide quality end-of-life care (knowledge, competence, performance, patient outcomes);
• Identify non-cancer conditions needing palliative care (knowledge, competence).

TARGET AUDIENCE
This activity is targeted to physicians and fellows as a board review course for the Hospice and Palliative Medicine Board Certification, though some Advanced Practice Nurses may find the information beneficial.
The University of Texas MD Anderson Cancer Center designates this live activity for a maximum of 14.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ETHICS
The sessions marked with “*” have been designated by The University of Texas MD Anderson Cancer Center for 6.50 AMA PRA Category 1 Credits™ in medical ethics and/or professional responsibility.

NURSING
The University of Texas MD Anderson Cancer Center is an approved provider with commendation of continuing nursing education by the Texas Nurses Association – Approver, and accredited approver with distinction, by the American Nurses Credentialing Center’s Commission on Accreditation.

Nursing Continuing Education Contact Hours will be awarded.

CME CERTIFICATES AND ATTENDANCE VERIFICATION CERTIFICATES
Certificates awarding AMA PRA Category 1 Credit™ or certificates documenting attendance will be emailed when an individual completes the online CME Verification process.

Upon request, a record of attendance (certificate) will be provided via email to other health care professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

EDUCATIONAL METHODS
Lectures/Didactic • Audience Response System • Internet Live Course • Question/Answer Sessions

EVALUATION
A course evaluation tool will provide participants with the opportunity to comment on the value of the program content on their practice decisions, performance improvement activities, or possible impact on patient health status. Participants will also have the opportunity to comment on any perceived commercial bias in the presentations as well as to identify future educational topics.

ACCREDITATION/ CREDIT DESIGNATION
The University of Texas MD Anderson Cancer Center is accredited by The Accreditation Council for Continuing Medical Education (ACCMCE) to provide continuing medical education for physicians.

The University of Texas MD Anderson Cancer Center designates this live activity for a maximum of 24.00 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ETHICS
The sessions marked with “*” have been designated by The University of Texas MD Anderson Cancer Center for 10.75 AMA PRA Category 1 Credits™ in medical ethics and/or professional responsibility.

CME CERTIFICATES AND ATTENDANCE VERIFICATION CERTIFICATES
Certificates awarding AMA PRA Category 1 Credit™ or certificates documenting attendance will be emailed when an individual completes the online CME Verification process.

Upon request, a record of attendance (certificate) will be provided via email to other health care professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

CONFERENCE ORGANIZING COMMITTEE
Sriram Yennu, MD (Program Chair)
Eric Gagneaux (Logistics Manager)
Ahsan Azhar, MD
Elizabeth Brown, BSN, RN
Yvonne Heung, MD
Carolyn Holmes, BS, MSN, RN
Jerry Ignatius, DO
Simeon Kwan, DO
Stephanie Linscott, MDiv
Gabriel Lopez, MD
Amy Ng, MD
Kristy Nguyen, PharmD
Mary Scurlock, MSN, RN-BC (Primary Nurse Planner)
Linda Tavel, MD
Annie Wilson, CLN, MSN, RN

FRIDAY, OCTOBER 18, 2019

7:15 am  Registration and Breakfast
8:00  Welcome
Sriram Yennu, MD
8:15  A Journey of Service to Patients in Suffering. The State-of-the-Art of Palliative Care
Eduardo Bruera, MD
9:00  16th Annual John Mendelsohn Award 2019 Ceremony and Introduction of Speaker
Eduardo Bruera, MD

16th Annual John Mendelsohn Award for Outstanding Contributions in the Development of the Field of Palliative Care Presentation:
Integrating Palliative and Oncology Care in Patients with Advanced Cancer: Where Do We Go From Here?
Jennifer Temel, MD

10:00  Break
10:15  Workshops:
1. Acceptance and Commitment Therapy (ACT) as a Catalyst for Growth and Engagement in Terminal Cancer: A Case Study
Rachel Kentor, PhD and Nicole Schneider, PsyD
2. Radiotherapy to Improve Symptom Distress
Quynh-Nhu Nguyen, MD
3. Palliative Care Nursing: Administration of Compassionate Care Through Assessment and Education at an Outpatient Supportive Care Clinic
Elizabeth Brown, RN, BSN, OCN and Manju Joy RN, MSN, CMSRN
4. Pulmonary Intervention to Manage Dyspnea/Hemoptysis
Dave Balachandran, MD

11:15  Yoga as Supportive Care Treatment for Cancer Therapy-Related Toxicities
Karen Mustian, PhD, MS, MPH, ACSM, FSBM

12:15pm  Lunch (provided)
1:00  The Adoption of Palliative Care by Organized Medicine: Changing the Culture
Eduardo Bruera, MD
1:45  Workshops:
1. Finding Meaning Through Art at the End-of-Life
Lynn Randolph
2. Neurosurgical Interventions to Manage Cancer Pain
Ashwin Viswanathan, MD
3. ZEN Hour: Psychosocial Intervention for Burnout in Palliative Care Unit*
Mia Forney, RN, Tam Ta, BSN, RN and Annio Wilson, MSN, RN, CNL, CCSRN
4. Treatment of Immunotherapy Related Side-Effects
Ishwaria Subbiah, MD

MOC POINTS
American Board of Internal Medicine

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 24.00 Medical Knowledge MOC points in the American Board of Internal Medicine’s (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider’s responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Participant completion data will be shared with and transmitted to the ACCME on the participant’s behalf.

In order to receive MOC points, you must pass the post-test with a score of 70% or higher.
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>12:00 pm</td>
<td>Lunch: Meet the Professor</td>
</tr>
<tr>
<td></td>
<td>Donna Zhukovsky, MD and Jessica Moore, DHCE</td>
</tr>
<tr>
<td>12:30</td>
<td>Disease Specific Palliative Care I: Cardiac and Renal*</td>
</tr>
<tr>
<td></td>
<td>Linh Nguyen, MD</td>
</tr>
<tr>
<td>1:15</td>
<td>Challenging Conversations in Palliative Care*</td>
</tr>
<tr>
<td></td>
<td>Daniel Epner, MD</td>
</tr>
<tr>
<td>2:00</td>
<td>Management of Anxiety/Depression at the End-of-Life</td>
</tr>
<tr>
<td></td>
<td>Marvin Delgado-Guay, MD</td>
</tr>
<tr>
<td>2:45</td>
<td>Break</td>
</tr>
<tr>
<td>3:00</td>
<td>Fatigue</td>
</tr>
<tr>
<td></td>
<td>Sirram Yennu, MD</td>
</tr>
<tr>
<td>3:30</td>
<td>Palliative Care Emergencies*</td>
</tr>
<tr>
<td></td>
<td>Ahsan Azhar MD</td>
</tr>
<tr>
<td>4:15</td>
<td>Disease Specific Palliative Care II: Neurological, AIDS*</td>
</tr>
<tr>
<td></td>
<td>Linh Nguyen, MD</td>
</tr>
<tr>
<td>5:00 pm</td>
<td>Adjourn</td>
</tr>
</tbody>
</table>

**MD ANDERSON FACULTY**

- Joseph Arthur, MD
- Ahsan Azhar, MD
- Dave Balachandran, MD
- Elizabeth Brown, RN, BSN, OCN
- Eduardo Bruera, MD, FAAHPM
- Alejandro Chaoul, PhD
- Shalini Dalal, MD
- Maxine de la Cruz, MD
- Tonya Edwards, MS, RN, MSN, FNP-C, RN
- Daniel Epner, MD
- Stephen Findley, MDiv, CLYT, BCC
- Mia Forney, RN
- Susan Gaeta, MD, FACP
- Diana Guzman, LPC
- Ali Haider, MD
- Yvonne Heung, MD
- Alice Hung, BSN, RN
- Jerry Ignatius, DO
- Mack Ivy, OTR, PhD
- Manju Joy, RN, MSN, CMSRN
- Thomas Keenan, PT, DPT, CLT
- Kevin Madden, MD
- Karen Moody, MD
- Kristy Nguyen, PharmD
- Quynh-Nhu Nguyen, MD
- Faith Pattavana, MSN, RN, CWO, CN, CFCN
- Keyuri Popat, MD
- Haley Ray, OTR, MOT
- Akhila Reddy, MD
- Suressh Reddy, MD
- Eden Mae Rodriguez, PharmD
- Ishwaria Subbiah, MD
- Tam T, BSN, RN
- Kimberson Tanco, MD
- Jarrod Vance, BSN, RN
- Ashwin Visvanathan, MD
- Annie Wilson, MSN, RN, CNL, CCRN
- Sriram Yennu, MD (Chair)

**GUEST FACULTY**

- Luke Coulson, LCSW
  - Adult Protective Services
  - Houston, Texas
- Peggy Determeyer, PhD, MDiv, MBA, BBC
  - Fellow and Director, Community Bioethics and Aging Center
  - Hope & Healing Center & Institute
  - Houston, Texas
- Rachel Kentor, PhD
  - Baylor College of Medicine
  - Psychology Service
  - Texas Children’s Hospital
  - Houston, Texas
- Simeon Kwan, DO
  - Palliative Care Physician
  - Aspire Health, Inc.
  - Houston, Texas
- Karen Mustian, PhD, MS, MPH, ACSM, FSBM
  - University of Rochester Cancer Center
  - University of Rochester Medical Center
  - Wilmot Cancer Institute
  - Rochester, New York
- Lynn Randolph
  - Collage – The Art for Cancer Network
  - Houston, Texas
- Romina Rossi, MD
  - Istituto Scientifico Romagno per lo Studio e la Cura dei Tumori (IRST)
  - Meldola, Italy
- Nicole Schneider, PsyD
  - Baylor College of Medicine
  - Texas Children’s Hospital Psychology Service
  - Houston, Texas
- Jennifer Temel, MD
  - MGH Cancer Center
  - Harvard Medical School / Massachusetts General Hospital
  - Boston, Massachusetts

**BOARD REVIEW ORGANIZING COMMITTEE**

- Sriram Yennu, MD (Program Chair)
- Eric Gagnéaux (Logistics Manager)
  - Eduardo Bruera, MD
  - Kevin Madden, MD
  - Suressh Reddy, MD

**BOARD REVIEW SPEAKERS**

- Eduardo Bruera, MD
- Kevin Madden, MD
- Suressh Reddy, MD
- Sriram Yennu, MD (Program Chair)
- Ahsan Azhar, MD
- Cindy Carmack, PhD
- Shalini Dalal, MD
- Rony Dev, DO
- Marvin Delgado-Guay, MD
- Larry Driver, MD
- Daniel Epner, MD
- Yvonne Heung, MD
- Kevin Madden, MD
- Jessica Moore, DHCE
- Akhila Reddy, MD
- Ishwaria Subbiah, MD
- Eden Mae Rodriguez, PharmD
- Donna Zhukovsky, MD

**Guest Faculty**

- Linda Tavel, MD
  - Texas Home Health and Hospice
  - Houston, Texas
REGISTRATION INFORMATION

UPDATES IN HOSPICE AND PALLIATIVE MEDICINE AND INTENSIVE PHYSICIAN BOARD REVIEW COURSE
(SEPTMBER 24-26, 2019)
- On-site registration and check-in opens at 7:15 am on Tuesday, September 24. The Board Review Course will begin at 8:00 am and will adjourn at 5:00 pm on Thursday, September 26.

Updates in Hospice and Palliative Medicine and Intensive Physician Board Review Course registration fee includes materials, continental breakfasts, lunches, and breaks; it DOES include registration to the Twenty-Third Annual Conference; must register seperately.

The Deadline for Advanced Registration for Physician Board Review Course is September 2, 2019.

REFUND/CANCELLATION POLICY
The registration fee, minus a $50 administration-handling fee, is refundable if a written request is received on or before Monday, September 2, 2019 for the Physician Board Review Course and Monday, September 16, 2019 for the Twenty-Third Annual Conference. No refunds will be granted after these dates. The request for a registration refund must include the tax identification number of the company or institution if registration was paid by a company or institution check.

The Department of CME/Conference Management reserves the right to cancel activities prior to the scheduled date, if low enrollment or other circumstances make it necessary. Each registrant will be notified by mail, e-mail, or at the phone or fax numbers given on the registration form. In case of activity cancellation, the liability of the Department of CME/Conference Management is limited to the registration fee. CME/Conference Management will refund the full registration fee.

The Department of CME/Conference Management reserves the right to limit the number of participants in a program and is not responsible for any expenses incurred by an individual whose registration is not confirmed and for whom space is not available.

For additional information, contact CME/Conference Management at 713-792-2223 or toll free at 866-849-5866 or via e-mail: register@mdanderson.org.

SPECIAL ASSISTANCE
Contact the Department of CME/Conference Management at 713-792-2223 or toll free at 866-849-5866 if you have any special dietary or ADA accommodation needs.

ACCOMMODATIONS
- A block of rooms has been reserved at the Houston Marriott Medical Center Hotel, located at 6580 Fannin Street, Houston, TX 77030.
- Hotel phone number is 713-796-0080 or 1-800-228-9290.
- When making hotel reservations for both the Board Review and the Conference be sure to mention the name specific to each event you will be attending:
  - Palliative Board Review 2019 and be sure to use the Group Rate code of PBRPBRR to obtain the $169 room rate for single/double occupancy. Please add 17% Texas State and local taxes.
  - Palliative Care Conference 2019 and be sure to use the Group Rate code of TTATTAA to obtain the $169 room rate for single/double occupancy. Please add 17% Texas State and local taxes.

**Early hotel reservation is encouraged as the room block cutoff dates are as follows:**
- Palliative Board Review Course: Monday, September 2, 2019
- Palliative Care Conference: Monday, September 16, 2019

You may also visit www.hotels.com for other hotels within the Texas Medical Center area of Houston, Texas.

GROUNDED TRANSPORTATION
(Prices are subject to change)
- Houston is served by two airports, George Bush Intercontinental (IAH) and William P. Hobby (HOU).
- Taxicabs are available at an estimated cost of $50-$60, to or from both airports.
- Super Shuttle operates a shuttle bus from both airports at an estimated cost of $24-$27 one-way and $48-$54 round-trip. For more information, call 713-523-8888 or toll-free at 800-258-3826 or on-line at www.supershuttle.com.

Follow Dr. Eduardo Bruera on Twitter: https://twitter.com/edubru

REMINDER:
Meeting room temperatures and personal comfort ranges vary widely. Since meeting rooms always seem cold, please bring either a sweater or jacket.

Photographing, audio taping and videotaping are prohibited.

The University of Texas MD Anderson Cancer Center has implemented a process whereby everyone who is in a position to control the content of an educational activity must disclose all relevant financial relationships with any commercial interest that could potentially affect the information presented.

MD Anderson also requires that all faculty disclose any unlabeled use or investigational use (not yet approved for any purpose) of pharmaceutical and medical device products. Specific disclosure will be made to the participants prior to the educational activity.

Agendas are subject to change because we are always striving to improve the quality of your educational experience. MD Anderson may substitute faculty with comparable expertise on rare occasions necessitated by illness, scheduling conflicts, and so forth.
### INTERDISCIPLINARY CONFERENCE FEES

**D121493** 23rd Annual Interdisciplinary Conference on Supportive Care, Hospice and Palliative Medicine - October 18-19, 2019

<table>
<thead>
<tr>
<th>Category</th>
<th>Fee</th>
<th>After 9/16/2019 Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physician/Scientist (MD, PhD)</td>
<td>$350</td>
<td>$400</td>
</tr>
<tr>
<td>Postmarked by 9/16/2019</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Postmarked after 9/16/2019</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Healthcare Professional</td>
<td>$250</td>
<td>$300</td>
</tr>
<tr>
<td>Postmarked by 9/16/2019</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Postmarked after 9/16/2019</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Student/Trainee (Fellow, Resident)</td>
<td>$100</td>
<td>$150</td>
</tr>
<tr>
<td>Postmarked by 9/16/2019</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Postmarked after 9/16/2019</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**MD Anderson - Physician/Scientist (MD, PhD)**

- Postmarked by 9/16/2019: $200
- Postmarked after 9/16/2019: $250

**MD Anderson - Healthcare Professional**

- Postmarked by 9/16/2019: $150
- Postmarked after 9/16/2019: $200

### SPECIAL CONFERENCE RATE - BOARD REVIEW ATTENDEES

(Special Conference Rate applies only to attendees registered for the Intensive Physician Board Review Course)

<table>
<thead>
<tr>
<th>Category</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physician/Scientist (MD, PhD)</td>
<td>$0</td>
</tr>
<tr>
<td>Postmarked by 9/16/2019</td>
<td></td>
</tr>
</tbody>
</table>

### PHYSICIAN BOARD REVIEW FEE

**D121492** Updates in Hospice and Palliative Medicine and Intensive Physician Board Review - September 24-26, 2019

<table>
<thead>
<tr>
<th>Category</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physician/Scientist (MD, PhD, includes Resident, Fellow, etc.)</td>
<td>$899</td>
</tr>
<tr>
<td>Postmarked by 9/2/2019</td>
<td></td>
</tr>
</tbody>
</table>

- You must register separately if you wish to attend the Palliative Care Conference.
- Registration for this Board Review will include access to the Post Webinar Sessions Board Review Course.
- Board Review Course registration **DOES** include the Conference - Separate registration is required.

- Online Access to syllabus and video presentations: $499
- Live Webstreaming and access to syllabus and video presentations: $699
TWENTY-THIRD ANNUAL
INTERDISCIPLINARY CONFERENCE ON
SUPPORTIVE CARE, HOSPICE AND
PALLIATIVE MEDICINE
OCTOBER 18-19, 2019

UPDATES IN HOSPICE AND
PALLIATIVE MEDICINE
AND INTENSIVE PHYSICIAN BOARD REVIEW
SEPTEMBER 24-26, 2019

THE UNIVERSITY OF TEXAS
MD ANDERSON CANCER CENTER
Robert C. Hickey Auditorium, Floor 11, R. Lee Clark Clinic
1515 Holcombe Boulevard, Houston, Texas