

- 10:15** Workshops:
- 1. Acceptance and Commitment Therapy (ACT) as a Catalyst for Growth and Engagement in Terminal Cancer: A Case Study**
Rachel Kentor, PhD and
Nicole Schneider, PsyD
 - 2. Radiotherapy to Improve Symptom Distress**
Quynh-Nhu Nguyen, MD
 - 3. Palliative Care Nursing: Administration of Compassionate Care Through Assessment and Education at an Outpatient Supportive Care Clinic**
Elizabeth Brown, RN, BSN, OCN and
Manju Joy RN, MSN, CMSRN
 - 4. Pulmonary Intervention to Manage Dyspnea/Hemoptysis**
Dave Balachandran, MD

- 11:15** **Yoga as Supportive Care Treatment for Cancer Therapy-Related Toxicities**
Karen Mustian, PhD, MS, MPH, ACSM, FSBM

12:15pm Lunch (provided)

- 1:00** **The Adoption of Palliative Care by Organized Medicine: Changing the Culture**
Eduardo Bruera, MD

- 1:45** Workshops:
- 1. Finding Meaning Through Art at the End-of-Life**
Lynn Randolph
 - 2. Neurosurgical Interventions to Manage Cancer Pain**
Ashwin Viswanathan, MD
 - 3. ZEN Hour: Psychosocial Intervention for Burnout in Palliative Care Unit***
Mia Forney, RN; Tam Ta, BSN, RN and
Annie Wilson, MSN, RN, CNL, CCRN
 - 4. Treatment of Immunotherapy Related Side-Effects**
Ishwaria Subbiah, MD

FRIDAY, OCTOBER 18, 2019

- 7:15 am** Registration and Breakfast
- 8:00** **Welcome**
Sriram Yennu, MD
- 8:15** **A Journey of Service to Patients in Suffering. The State-of-the-Art of Palliative Care**
Eduardo Bruera, MD
- 9:00** **16th Annual John Mendelsohn Award 2019 Ceremony and Introduction of Speaker**
Eduardo Bruera, MD
- 16th Annual John Mendelsohn Award for Outstanding Contributions in the Development of the Field of Palliative Care Presentation:**
- Integrating Palliative and Oncology Care in Patients with Advanced Cancer: Where Do We Go From Here?**
Jennifer Temel, MD
- 10:00** Break

- 2:45pm** Workshops:
- 1. Algorithm to Manage Agitated Delirium**
Maxine de la Cruz, MD
 - 2. Approach of Patients with Non-Medical Opioid Use**
Joseph Arthur MD and Tonya Edwards, MS, RN, MSN, FNP-C, RN
 - 3. Journey From Being Bedridden, Palliative Care Rehab Progress to the Rehab Unit, and to Home: A Case Study**
Mack Ivy, OTR, PhD; Thomas Kennan, PT, DPT, CLT and Haley Ray, OTR, MOT
 - 4. Burn-Out in Palliative Care***
Suresh Reddy, MD
 - 5. How to Screen and Manage Suicidal Patients***
Jerry Ignatius, DO

3:45 Break

- 4:00** Workshops:
- 1. A Palliative Care Communication Intervention Delivered at Diagnosis by MD/ RN Dyads TO PARENTS of Children with High Risk Cancer**
Karen Moody, MD
 - 2. Laughter is the Best Medicine**
Stephen Findley, MDiv, CLYT, BCC
 - 3. Telehealth in Palliative Care**
Maxine de la Cruz, MD and Diana Guzman, LPC
 - 4. Conversation of Medical Marijuana with Your Patient**
Kimberson Tanco, MD

5:00 pm Welcome Reception

SATURDAY, OCTOBER 19, 2019

7:30 am Registration and Breakfast

- 8:15** Rapid Fire:
- 1. A New Integrated Healthcare Model: Radiotherapy And Palliative Care (RaP) Outpatient Clinic**
Romina Rossi, MD

- 2. Impact of Shortages of Paraenteral Opioids On Prescription Patterns and Clinically Improved Pain Among Hospitalized Cancer Patients Referred to Palliative Care**
Ali Haider, MD
- 3. Concurrent Use of Opioids and Benzodiazepines or Non-Benzodiazepines Sedative Hypnotics Among Cancer Patients Referred to Outpatient Palliative Care Clinic of a Comprehensive Cancer Care Center**
Ahsan Azhar, MD and Ali Haider, MD

9:00

- Workshops:
- 1. Case Study Title: Religion/Spirituality: Help or Hindrance to Patient/Family Pain and Suffering in a Medical Crisis?***
Peggy Determeyer, PhD, MDiv, MBA, BCC and Susan Gaeta, MD, FACP
 - 2. Management of Palliative Care in the Community***
Simeon Kwan, DO
 - 3. Mind-Body Interventions to Treat Compassion Fatigue***
Alejandro Choaul, PhD
 - 4. What to Expect Now? Prognostication in the Last Week of Life**
Yvonne Heung, MD

9:45

- Introduction of the Debra Sivesind Career Award and Lecture**
Eduardo Bruera, MD
- Treatment of Cancer Related Fatigue in Advanced Patients: What Can We Do Now?***
Karen Mustian, PhD, MS, MPH, ACSM, FSBM

10:45

Break

11:00

- What's New in Palliative/ Supportive Care: 5 Most Impactful Publications this Year**
Eduardo Bruera, MD and Ishwarria Subbiah, MD

11:45

- Workshops:
- 1. Program Review: Development of a Legacy-Building Intervention to Support Children Facing the Death of a Sibling***
Rachel Kentor, PhD
 - 2. Social Works Role in Family Involvement and Facilitating Transition**
Luke Coulson, LCSW
 - 3. MIST Therapy for Deep Tissue Skin Injury**
Alice Hung, BSN, RN; Faith Pattavana, MSN, RN, CWO CN, CFCN and Jarrod Vance, BSN, RN
 - 4. 101 in Opioid Titration in Children with Cancer***
Kevin Madden, MD

12:30 pm Lunch

1:00

- Building a Supportive Care Research Program: Opportunities and Challenges**
Jennifer Temel, MD

2:00

- Workshops:
(30 min. break at 3:15 pm)
- 1. Communication: The Power of Cinema to Build Empathy, the Foundation of Compassionate Care***
Daniel Epner, MD
 - 2. Pain:**
(45 min. each and 15 min. Q&A)

- a) Expert Consensus White Paper on Methadone Use in Palliative Care Setting**
Akhila Reddy, MD

- b) Polypharmacy: How Can We Deprescribe to Optimize Quality of Life**
Kristy Nguyen, PharmD and Eden Mae Rodriguez, PharmD

- c) Ketamine and Cancer Pain**
Keyuri Popat, MD and Shalini Dalal, MD

4:30 pm Adjourn