

TWENTY-SECOND  
ANNUAL

INTERDISCIPLINARY CONFERENCE ON

# Supportive Care, Hospice and Palliative Medicine

SEPTEMBER 14-15, 2018

## FEATURED SPEAKERS

**Eduardo Bruera, MD, FAAHPM**  
The University of Texas  
MD Anderson Cancer Center

**Mary Lynn McPherson,  
PharmD, MA, BCPS, CPE**  
University of Maryland  
School of Pharmacy

**M.R. Rajagopal, MD**  
Arumana Hospital  
Pallium India

**THE UNIVERSITY OF TEXAS  
MD ANDERSON CANCER CENTER**

Robert C. Hickey Auditorium, Floor 11, R. Lee Clark Clinic  
1515 Holcombe Boulevard, Houston, Texas

THE UNIVERSITY OF TEXAS  
**MDAnderson  
Cancer Center**

Making Cancer History®

INTERDISCIPLINARY CONFERENCE ON

# Supportive Care, Hospice and Palliative Medicine

SEPTEMBER 14-15, 2018

## GOAL

Palliative and supportive cancer care is evolving to an important specialty to deliver optimal quality value-based care to cancer patients. Many clinicians are unaware of the need for whole-patient care and attention to symptom management as well as quality of life improvements outside treatment of the primary disease. While cancer therapies are indeed crucial, the evolution of non-traditional health care settings places increasing emphasis on supportive care methods to improve quality of life for patients with advanced disease.

Caring for the cancer patient in the advanced stages of disease is particularly challenging to the healthcare team. It requires attending to the many dimensions of care including medical, psychosocial, ethical, and spiritual needs. In its 22nd year, the Interdisciplinary Conference on Supportive Care, Hospice & Palliative Medicine continues to offer participants educational updates to help them successfully implement new techniques and treatments in clinical practice to improve patient care and outcomes.

As a result of the participation in the Conference the conference organizing committee intends the participants to:

Identify the moral and ethical dilemmas facing clinicians who provide End-of-Life care; Practice state-of-the art pain and symptom management for patients with advanced disease; Demonstrate effective communication with patients in advanced stages of cancer or debilitating disease and provide quality end-of-life care; and exhibit heightened awareness of medical, legal and spiritual issues facing patients and families involved in the care of advanced disease.

## EDUCATIONAL OBJECTIVES

After attending the conference, participants should be able to

- Provide effective communication with patients in the advanced stages of cancer or debilitating disease and provide quality End-of-Life Care (*knowledge, competence, performance, patient outcomes*);
- Identify and interpret the moral and ethical dilemmas encountered in palliative care,

incorporating supportive care strategies to improve patient care (*knowledge, competence, performance, patient outcomes*);

- Practice state-of-the-art pain and symptom management for patients with advanced disease (*knowledge, competence, performance, patient outcomes*);
- Apply palliative care principals to life threatening disease in populations not limited to cancer patients (*knowledge, competence, performance*).

## TARGET AUDIENCE

This program should be of interest to palliative care or hospice physicians, oncologists, internal medicine physicians, family practice physicians, psychiatrists, and/or anesthesiologists. Other professionals including: hospice, nursing, psychology, chaplaincy, ethics, and/or sociology.

## EDUCATIONAL METHODS

Lectures/Didactic • Workshop Sessions • Panel Discussion • Poster Session

## EVALUATION

A course evaluation form will provide participants with the opportunity to comment on the value of the program content to their practice decisions, performance improvement activities, or possible impact on patient health status. Participants will also have the opportunity to comment on any perceived commercial bias in the presentations as well as to identify future educational topics.

## ACCREDITATION/ CREDIT DESIGNATION

The University of Texas MD Anderson Cancer Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Texas MD Anderson Cancer Center designates this live activity for a maximum of 15.00 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## ETHICS

The sessions marked with “\*” have been designated by The University of Texas MD Anderson Cancer Center for 10.75 *AMA PRA Category 1 Credits™* in medical ethics and/or professional responsibility.

## PHYSICIAN PAYMENTS SUNSHINE ACT

MD Anderson complies with the Physician Payments Sunshine Act as part of the Affordable Care Act (ACA). Accordingly, we may be required to collect information on transfer of value provided to any covered recipient under the ACA.

## NURSING

The University of Texas MD Anderson Cancer Center is an approved provider of continuing nursing education by the Texas Nurses Association – Approver is accredited with distinction as an approver with distinction, of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

## CME CERTIFICATES AND ATTENDANCE VERIFICATION CERTIFICATES

Certificates awarding *AMA PRA Category 1 Credits™* or certificates documenting attendance will be distributed to participants when an individual departs the conference. To obtain a CME certificate, physicians must submit a completed evaluation questionnaire and a CME Verification Form. Upon receipt, a record of attendance (certificate) will be provided on-site to other health care professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

## CONFERENCE ORGANIZING COMMITTEE

**Sriram Yennu, MD (Program Chair)**  
Deanna Cuello (Program Coord.-Education)  
Eric Gagneaux (CME Conference Planner)  
Regina Allen, MDiv  
Martha Aschenbrenner, LPC, MA  
Eduardo Bruera, MD  
Debra Castro, RN, BSN  
Luke Coulson, LCSW  
Michelle Gillespie, APN  
Diana Guzman, LCW  
Ali Haider, MD  
Yvonne Heung, MD  
Jerry Ignatius, DO  
Manju Joy, RN  
Kevin Madden, MD  
Kristy Nguyen, PharmD  
Natalie Schuren, DNP, RN, NEA-BC  
Annie Wilson, RN  
Chris Whitcher, EdD, MBA, RN-BC, OCN (Primary Nurse Planner)

## Friday, September 14, 2018

**7:15 am** Registration and Continental Breakfast  
**8:00** **Welcome**  
*Sriram Yennu, MD*  
**8:15** **The Clinical & Ethical Dilemma: Cancer Pain, Chemical Coping, and Substance Use Disorder\***  
*Eduardo Bruera, MD*  
**9:00** **15th Annual John Mendelsohn Award 2018 Ceremony and Introduction of Speaker**  
*Eduardo Bruera, MD*  
**15th Annual John Mendelsohn Award for Outstanding Contributions in the Development of the Field of Palliative Care Presentation:** Advances in Pain and Palliative Care in the Developing World  
*M.R. Rajagopal MD, 2018 Nobel Peace Prize Nominee & 2018 Padma Shri award recipient*  
Moderator: *Sriram Yennu, MD*

**10:00** Break  
**10:15** **Workshops:**

1. How to Treat Agitated Delirium in Long Term Settings\*  
*Joseph Arthur MD and Tonya Edwards, MS, RN, MSN, FNP-C, RN*
2. What to Expect Now? Prognostication in the Last Week of Life\*  
*Yvonne Heung, MD and Thuc Nguyen, RN*
3. Finding Meaning and Purpose with Demoralized Patients\*  
*Jerry Ignatius, DO; Sujin Ann-Yi, PhD and Martha Aschenbrenner, MA, LPC*
4. When Medicine & Religion Meet at the Bedside of Critically Ill Patients: Do They Run Parallel, Intersect or Crash with Each Other?\*

**11:15 am** **Common Pharmacomistakes in Advanced Illness\***  
*Mary Lynn McPherson, PharmD, MA, MDE, BCPS, CPE*

**12:15pm** Lunch (provided)  
**1:00** **Medical Marijuana and the Role in Palliative Care Patients\***  
*Eduardo Bruera, MD and Sriram Yennu, MD*

**1:45** **Workshops:**

1. Distressed over Red Flag Patients and Families? How to Implement the Time Out Communication Model on Your Service\*  
*Luke Coulson, LCSW*
2. Management of Aberrant Opioid Use in Children\*  
*Kevin Madden, MD*
3. Aromatherapy Project for Palliative Care Patients  
*Annie Wilson, MSN, RN, CNL, CCRN and Channele Clerc, BSN, RN, CHPN*
4. Who Brings Palliative Care to the Homeless and Unbefriended\*  
*Donna Zhukovsky, MD*

**2:45 pm** **Workshops:**

1. Urine Drug Screens and Prescription Monitoring \*  
*Joseph Arthur MD and Tonya Edwards, MS, RN, MSN, FNP-C, RN*
2. Visions At The End-of-Life: A Discussion of How Drawing with Patients Enhances Their Lives.  
*Lynn Randolph*
3. Speaking for Me: Surrogate Decision-Making\*  
*Nico Nortje, PhD*
4. Complicated Grief: Diagnosis & Management  
*Jerry Ignatius, DO*
5. Compassion Fatigue and Healthcare Providers  
*John Luquette, PhD, LPC-S*

**3:45** Break  
**4:00** **Workshops:**

1. Electronic Medical Records: Cancer Patients’ Perception of Health Care Providers’ Compassion  
*Ali Haider, MD*
2. Subcut Hydration and It’s Role in Palliative Care  
*Mariberta Vidal, MD*
3. Telehealth: Interdisciplinary Services in the Supportive Care Center  
*Diana Guzman, LPC*
4. After the Messenger gets Shot, What do We do Next?\*

*Kimberson Tanco, MD and Martha Aschenbrenner, MA, LPC*

**5:00 pm** Reception

## Saturday, September 15, 2018

**7:30 am** Registration and Continental Breakfast  
**8:15** **Rapid Fire:**

1. Self-Reported Sexual Problems in Male Cancer Patients Predicts Higher Levels of Depression, Anxiety and Distress  
*Mary Hughes, MS, RN, CNS, CT*
2. Symptom Expression in Advanced Cancer Patients with and without Delirium\*  
*Claudio Adile, MD*
3. Physician Attire and Advanced Cancer Patients’ Perception of Physician Compassion and Professionalism - A Randomized, Double Blind, Cross over Trial\*  
*Ahsan Azhar, MD and Kimberson Tanco, MD*

**9:00** **Workshops:**

1. Opioid Safety Team: Lessons Learned in the Palliative Care Clinic\*  
*Suresh Reddy, MD and Tonya Edwards, MS, RN, MSN, FNP-C, RN*
2. Optimizing Pain Management: Guidelines and Taskforce\*  
*Shalini Dalal, MD*
3. ABC-XYZ ... What’s Missing Is Important: Talking to Children When a Parent is Dying  
*Martha Aschenbrenner, MA, LPC*

**9:45** **Introduction of the Debra Sivesind Career Award and Lecture**  
*Eduardo Bruera, MD*  
**Medication Interactions in Context of Optimizing Pain Management**  
*Mary Lynn McPherson, PharmD, MA, MDE, BCPS, CPE*

**10:45** Break  
**11:00** **What’s New in Palliative/Supportive Care: 5 Most Impactful Publications this Year**  
*Eduardo Bruera, MD and Ishwaria Subbiah, MD*

**11:45** **Workshops:**

1. Mind-Body Medicine in Supportive Care  
*Kathryn Milbury, PhD*
2. Patient Experience: The Role of Patient-Reported Outcomes in Patient-Centered, Value-Driven Care  
*Ishwaria Subbiah, MD*
3. Skin Failure at the End-of-Life: Management & What to Do Next  
*Annie Wilson, MSN, RN, CNL, CCRN; Faith Pattavana, MSN, RN, CWO CN, CFCN and Jamie Jenkins, BSN, RN, CWOCN*
4. Huddle Up: A Unique Approach to Palliative Care Rounds\*  
*Paul Walker, MD; Michelle Gillespie, APRN; Eden Mae Rodriguez, Pharm D, BCPS; Luke Coulson, LCSW and David Stouter, MA, MDiv*

**12:30 pm** Lunch (provided)  
**1:00** **Optimizing Access to Quality Palliative Care in the Resource-Poor Regions of the World: A film review**  
*M.R. Rajagopal MD and Suresh Reddy, MD*  
**2:00** **Workshops:** (break at 3:15 pm)

1. Communication: Serious Illness Conversation Guide & How to Use It\*.  
*Daniel Epner, MD*
2. Pain (45 minutes sessions each & 15 min for Q&A)
  - a) Low-Dose Ketamine in Postoperative Pain Management  
*Grouse Shaik, RN*
  - b) Use of Methadone as a Co-Opioid Analgesic  
*Akhila Reddy, MD*
  - c) Narcan or Narcant?  
*Shalini Dalal, MD*

**4:30 pm** Adjourn

## CONFERENCE SPEAKERS

### MD Anderson Faculty and Staff

**Sriram Yennu, MD (Program Chair)**

Sujin Ann-Yi, PhD  
Joseph Arthur, MD  
Martha Aschenbrenner, MA, LPC  
Ahsan Azhar, MD  
Eduardo Bruera, MD  
Channele Clerc, BSN, RN, CHPN  
Luke Coulson, LCSW  
Shalini Dalal, MD  
Maxine de la Cruz, MD  
Tonya Edwards, MS, RN, MSN, FNP-C, RN  
Daniel Epner, MD  
Susan Gaeta, MD  
Michelle Gillespie, APRN  
Diana Guzman, LPC  
Ali Haider, MD  
Yvonne Heung, MD  
Mary Hughes, MS, RN, CNS, CT  
Jerry Ignatius, DO  
Jamie Jenkins, BSN, RN, CWOCN  
John Luquette, PhD, LPC-S

Kevin Madden, MD  
Kathryn Milbury, PhD  
Nico Nortje, PhD  
Thuc Nguyen, RN  
Faith Pattavana, MSN, RN, CWO CN, CFCN  
Akhila Reddy, MD  
Suresh Reddy, MD  
Eden Mae Rodriguez, PharmD, BCPS  
Grouse Shaik, RN  
David Stouter, MA, MDiv  
Ishwaria Subbiah, MD  
Kimberson Tanco, MD  
Mariberta Vidal, MD  
Paul Walker, MD  
Annie Wilson, MSN, RN, CNL, CCRN  
Donna Zhukovsky, MD

### Guest Faculty

**Claudio Adile, MD**  
LaMaddelena Cancer Center  
Palermo, Italy

**Peggy Determeyer, PhD, BCC**  
Hope & Healing Center  
Houston, Texas

**Mary Lynn McPherson, PharmD, MA, MDE, BCPS, CPE**  
University of Maryland School of Pharmacy  
Baltimore, Maryland

**M. R. Rajagopal, MD**  
Arumana Hospital  
Pallium, India

**Lynn Randolph**  
Collage-The Art for Cancer Network  
Houston, Texas



## CONFERENCE REGISTRATION

### D120425 22nd Annual Interdisciplinary Conference on Supportive Care, Hospice and Palliative Medicine – September 14-15, 2018

### D120424 Updates in Hospice and Palliative Medicine and Intensive Physician Board Review – September 11-13, 2018

Last Name		First	MI	Highest Degree
Department (include unit no.)		Specialty		
Institution				
MD Anderson Employee ID No. (required for all MDACC employees):		Physician <input type="checkbox"/> Yes <input type="checkbox"/> No		
Street				
City		State/Foreign Country/Zip or Mail Code		
Daytime Phone (with area code)		Cell Phone (with area code)		Fax (with area code)
E-mail Address (please print)				
Emergency Contact		Phone (with area code)		
Credit Card Holder Name (First/Last)			Charge the following: <input type="checkbox"/> VISA <input type="checkbox"/> MC <input type="checkbox"/> AMEX	
Credit Card Number			Expiration Date	
Security Code/CVV/CSV	Credit Card Holder Billing Address & ZIP Code			
MD Anderson Interdepartmental Transfer (IDT) No.: <b>*Fund Group 90 will not be accepted</b>				
Business Unit	Department	Fund Group*	Fund	Fund Type
Authorized Signature REQUIRED for CREDIT CARD or IDT		IDT Approver Name (First/Last) please print		

## INTERDISCIPLINARY CONFERENCE FEES

### D120425 22nd Annual Interdisciplinary Conference on Supportive Care, Hospice and Palliative Medicine - September 14-15, 2018

#### Physician/Scientist (MD, DO, PhD)

- ☐ Postmarked by 8/15/2018 .....\$350  
☐ Postmarked after 8/15/2018 .....\$400

#### Healthcare Professional

(Nurse, Hospice, Clergy, Ethicist, Social Worker, PT, PA, etc.)

- ☐ Postmarked by 8/15/2018 .....\$250  
☐ Postmarked after 8/15/2018 .....\$300

#### Student/Trainee (Fellow, Resident)

- ☐ Postmarked by 8/15/2018 .....\$100  
☐ Postmarked after 8/15/2018 .....\$150

#### MD Anderson - Physician/Scientist (MD, DO, PhD)

- ☐ Postmarked by 8/15/2018 .....\$200  
☐ Postmarked after 8/15/2018 .....\$250

#### MD Anderson - Healthcare Professional

(Nurse, Hospice, Clergy, Ethicist, Social Worker, PT, PA, etc.)

- ☐ Postmarked by 8/15/2018 .....\$150  
☐ Postmarked after 8/15/2018 .....\$200

## SPECIAL CONFERENCE RATE - BOARD REVIEW ATTENDEES

(Special Conference Rate applies only to attendees registered for the Intensive Physician Board Review Course)

#### Physician/Scientist

(MD, DO, PhD, includes Resident, Fellow, etc.)

- ☐ Postmarked by 8/15/2018 .....\$150

## PHYSICIAN BOARD REVIEW FEE

### D120424 Updates in Hospice and Palliative Medicine and Intensive Physician Board Review - September 11-13, 2018

#### Physician/Scientist

(MD, DO, PhD, includes Resident, Fellow, etc.)

- ☐ Postmarked by 8/15/2018 .....\$899  
- You must register separately if you wish to attend the Palliative Care Conference.  
- Registration for this Board Review will include access to the Post Webinar Sessions Board Review Course.  
- Board Review Course registration **DOES NOT** include the Conference.

- ☐ Online Access to syllabus and video presentations .....\$499

- ☐ Live Webstreaming and access to syllabus and video presentations.....\$699

## REGISTRATION INFORMATION

### Updates in Hospice and Palliative Medicine and Intensive Physician Board Review Course

#### September 11-13, 2018

- On-site registration and check-in opens at 7:15 am on Tuesday, September 11. The Board Review Course will begin at 8:00 am and will adjourn at 5:00 pm on Thursday, September 13.

Updates in Hospice and Palliative Medicine and Intensive Physician Board Review registration fee includes materials, continental breakfasts, lunches, and breaks; however, it DOES NOT include registration to the 22nd Annual Conference.

### 22nd Annual Interdisciplinary Conference on Supportive Care, Hospice and Palliative Medicine

#### September 14-15, 2018

- On-site registration and check-in opens at 7:15 am on Friday, September 14. The conference will begin at 8:00 am and will adjourn at 4:30 pm on Saturday, September 15.

The Conference registration fee includes the tuition, materials, continental breakfasts, lunches, and breaks; however, it DOES NOT include registration to the Updates in Hospice and Palliative Medicine and Intensive Physician Board Review Course

### The Deadline for Advanced Registration for both events is August 15, 2018.

There are three ways to register:

- On-line at [www.mdanderson.org/conferences](http://www.mdanderson.org/conferences)
- Fax to 713-794-1724
- Mail to CME/Conference Management Unit 1781  
The University of Texas  
MD Anderson Cancer Center  
PO Box 301407  
Houston, TX 77230-1407

We accept the following forms of payment:

- Check (payable to The University of Texas MD Anderson Cancer Center through U.S. banks only)
- Money order
- Credit cards (MasterCard, VISA, and American Express)
- Cash (on-site registration only)

When registering online a receipt/confirmation letter will be automatically emailed to the e-mail address you listed on the registration form.

If you register by fax or mail a receipt/confirmation letter will be emailed to you within ten working days of receipt of your fee.

## REFUND/CANCELLATION POLICY

The registration fee, minus a \$50 administrative-handling fee, is refundable if a written request is received on or before Wednesday, August 15, 2018. No refunds will be granted after that date. The request for a registration refund must include the tax identification number of the company or institution if registration was paid by a company or institution check.

CME/Conference Management reserves the right to cancel activities prior to the scheduled date, if low enrollment or other circumstances make it necessary. Each registrant will be notified by mail, e-mail, or at the phone or fax numbers given on the registration form. In case of activity cancellation, the liability of CME/Conference Management is limited to the registration fee. CME/Conference Management will refund the full registration fee.

CME/Conference Management reserves the right to limit the number of participants in a program and is not responsible for any expenses incurred by an individual whose registration is not confirmed and for whom space is not available.

For additional information, contact CME/Conference Management at 713-792-2223 or toll free at 866-849-5866 or via e-mail: [register@mdanderson.org](mailto:register@mdanderson.org).

## SPECIAL ASSISTANCE

Contact CME/Conference Management at 713-792-2223 or toll free at 866-849-5866 if you have any special dietary or ADA accommodation needs.

## ACCOMMODATIONS

- A block of rooms has been reserved at the **Houston Marriott Medical Center Hotel**, located at 6580 Fannin Street, Houston, TX 77030.
- Hotel phone number is 713-796-0080 or 1-800-228-9290.
- When making hotel reservations for both the Board Review and the Conference be sure to mention the **Palliative Care Conference 2018** and use the Group Rate code of **PATPATR** to obtain the \$159 room rate for single/double occupancy. Please add 17% Texas State and local taxes.

**\*\*Early hotel reservation is encouraged as the room block cutoff dates are as follows:**

THE UNIVERSITY OF TEXAS

**MD Anderson Cancer Center**

Making Cancer History®

The University of Texas MD Anderson Cancer Center

CME/Conference Management, Unit 1781

176700/30/120425/41

PO Box 301407

Houston, Texas 77230-1407



Follow Dr. Eduardo Bruera on Twitter:  
<https://twitter.com/edubru>

## A REVIEW COURSE WILL BE OFFERED PRIOR TO THE CONFERENCE

# Updates in Hospice and Palliative Medicine AND INTENSIVE PHYSICIAN BOARD REVIEW

SEPTEMBER 11 - 13, 2018

## THE UNIVERSITY OF TEXAS MD ANDERSON CANCER CENTER

Robert C. Hickey Auditorium, Floor 11, R. Lee Clark Clinic  
1515 Holcombe Boulevard, Houston, Texas

Non-Profit Org.  
U.S. Postage  
PAID  
Houston, TX  
Permit No. 7052