

A REVIEW COURSE WILL BE OFFERED PRIOR TO THE CONFERENCE

Updates in Hospice and Palliative Medicine

AND INTENSIVE PHYSICIAN BOARD REVIEW

SEPTEMBER 11-13, 2018

GOAL

Caring for the cancer patient in the advanced stages of disease is particularly challenging to the healthcare team. It requires attending to the many dimensions of care including medical, psychosocial, ethical, and spiritual needs. In its 14th year, the Updates in Hospice and Palliative Medicine and Physician Intensive Board Review Course will continue to offer healthcare professionals with educational updates to help them successfully incorporate new information into practice and take the board certification examination. Physicians, fellows and advanced nurse practitioners will gain the knowledge and

competence pertaining to symptom and pain management, issues facing patients at end-of-life, and effective communication techniques to implement into clinical practice.

It is expected that participants will be able to implement systematic management of pain symptoms, be able to assess the moral, ethical and psychosocial dilemmas facing clinicians during the end of life, demonstrate effective communication techniques with patients in the advanced stages of cancer or debilitating disease and provide optimal care for non-cancer conditions in a hospice and palliative care setting, thus improving end-of-life care while providing quality care.

EDUCATIONAL OBJECTIVES

After attending the Board Review, participants should be able to

- Interpret spiritual, legal and medical issues facing patients at end-of-life (*knowledge, competence*);
- Provide optimal End-of-Life care including symptom management, psychosocial support and state-of-the-art pain management (*knowledge, competence, performance, patient outcomes*);
- Demonstrate effective communication techniques with patients in the advanced stages of cancer or debilitating disease and provide quality end-of-life care (*knowledge, competence, performance, patient outcomes*);
- Identify non-cancer conditions needing palliative care (*knowledge, competence*).

TARGET AUDIENCE

This activity is targeted to physicians and fellows as a board review course for the Hospice and Palliative Medicine Board Certification, though some Advanced Practice Nurses may find the information beneficial.

EDUCATIONAL METHODS

Lectures/Didactic • Audience Response System • Internet Live Course • Question/Answer Sessions

EVALUATION

A course evaluation form will provide participants with the opportunity to comment on the value of the program content to their practice decisions, performance improvement activities, or possible impact on patient health status. Participants will also have the opportunity to comment on any perceived commercial bias in the presentations as well as to identify future educational topics.

ACCREDITATION/ CREDIT DESIGNATION

The University of Texas MD Anderson Cancer Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Texas MD Anderson Cancer Center designates this live activity for a maximum of 26.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ETHICS

The sessions marked with "*" have been designated by The University of Texas MD Anderson Cancer Center for 11.50 AMA PRA Category 1 Credits™ in medical ethics and/or professional responsibility.

CME CERTIFICATES AND ATTENDANCE VERIFICATION CERTIFICATES

Certificates awarding AMA PRA Category 1 Credits™ or certificates documenting attendance will be distributed to participants when an individual departs the conference. To obtain a CME certificate, physicians must submit a completed evaluation questionnaire and a CME Verification Form. Upon receipt, a record of attendance (certificate) will be provided on-site to other health care professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

MOC POINTS

American Board of Internal Medicine: Successful completion of this CME activity, which includes participation in the evaluation component,

enables the participant to earn up to 26.25 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

Participant completion data will be shared with and transmitted to the ACCME on the participant's behalf.

In order to receive MOC points, you must pass the post-test with a score of 70% or higher.

Tuesday, September 11, 2018

- 7:15 am Registration and Continental Breakfast
- 8:00 Introduction and General Overview of Course: How to Take the Exam
Sriram Yennu, MD
- 8:15 Pain: Assessment and Principles
Eduardo Bruera, MD
- 9:30 Opioids for Pain Management
Suresh Reddy, MD

- 10:45 Break
- 11:00 Ethical and Legal Decision Making*
Donna Zhukovsky, MD
- 12:15 pm Lunch: Meet the Professor
Case Presentation/Round Table Discussion
Larry Driver, MD and Suresh Reddy, MD
- 1:15 Cachexia*
Eduardo Bruera, MD
- 2:00 Opioid Rotation
Akhila Reddy, MD
- 2:45 Break
- 3:15 Adjuvant Medications for Pain Management & Integrative Approaches to Manage Pain
Larry Driver, MD
- 4:15 Interventions in Pain Management
Larry Driver, MD
- 5:15 pm Adjourn

Wednesday, September 12, 2018

- 7:30 am Registration and Continental Breakfast
- 8:00 Prognostication*
David Hui, MD

- 9:30 Dyspnea and Cough
David Hui, MD
- 10:15 Break
- 10:30 Challenging Conversations in Palliative Care*
Daniel Epner, MD
- 11:30 Delirium, Palliative Sedation, and Opioid Induced Neurotoxicity*
Eduardo Bruera, MD
- 12:30 pm Lunch: Meet the Professor
Eduardo Bruera, MD
- 1:30 Grief & Bereavement
Rony Dev, DO
- 2:15 Medicare Hospice Benefit*
Linda Tavel, MD, MBA, FAAHPM
- 3:15 Break
- 3:30 Palliative Care in the Last Week of Life
Eduardo Bruera, MD
- 4:15 Wound Care/Pressure Ulcers/ Pruritis/Xerostomia
Paul Walker, MD
- 5:00 Pulmonary, Critical Care at the End-of-Life*
Kevin Madden, MD

- 5:45 pm Adjourn
- Thursday, September 13, 2018
- 7:30 am Registration and Continental Breakfast
- 8:00 Nausea/Constipation/Bowel Obstruction
Shalini Dalal, MD
- 8:45 Geriatric Palliative Care*
Marvin Delgado-Guay, MD
- 9:45 Break
- 10:00 Psychosocial and Spiritual Issues*
Marvin Delgado-Guay, MD
- 11:00 Pediatric Palliative Care
Kevin Madden, MD
- 12:00 Lunch: Meet the Professor
Kevin Madden, MD
- 12:30 pm Disease Specific Palliative Care I: Cardiac and Renal*
Linh Nguyen, MD
- 1:15 Medication Interactions
Mary Lynn McPherson, PharmD, MA, BCPS, CPE
- 2:00 Management of Anxiety/Depression at the End-of-Life
Marvin Delgado-Guay, MD

- 2:45 Break
- 3:00 Fatigue
Sriram Yennu, MD
- 3:30 Palliative Care Emergencies*
Angelic Wong, MD
- 4:15 Disease Specific Palliative Care II: Neurological, AIDS*
Linh Nguyen, MD
- 5:00 pm Adjourn

BOARD REVIEW ORGANIZING COMMITTEE

Sriram Yennu, MD (Program Chair)
Deanna Cuello (Program Coord.-Education)
Eric Gagneaux (CME Conference Planner)

Eduardo Bruera, MD
Shalini Dalal, MD
Kevin Madden, MD

Akhila Reddy, MD
Suresh Reddy, MD

Kimberson Tanco, MD
Donna Zhukovsky, MD

BOARD REVIEW SPEAKERS

MD Anderson Faculty
Sriram Yennu, MD (Program Chair)
Eduardo Bruera, MD
Shalini Dalal, MD
Rony Dev, DO
Marvin Delgado-Guay, MD
Larry Driver, MD
Daniel Epner, MD
David Hui, MD
Kevin Madden, MD
Akhila Reddy, MD
Suresh Reddy, MD
Paul Walker, MD
Angelic Wong, MD
Donna Zhukovsky, MD

Guest Faculty
Mary Lynn McPherson, PharmD, MA, BCPS, CPE
University of Maryland School of Pharmacy Baltimore, Maryland

Linh Nguyen, MD
UT Health Science Center at Houston Houston, Texas

Linda Tavel, MD, MBA, FAAHPM
Texas Home Health & Hospice/ Accentcare Houston, Texas

REFUND/CANCELLATION POLICY

The registration fee, minus a \$50 administrative-handling fee, is refundable if a written request is received on or before Wednesday, August 15, 2018. No refunds will be granted after that date.

The request for a registration refund must include the tax identification number of the company or institution if registration was paid by a company or institution check.

CME/Conference Management reserves the right to cancel activities prior to the scheduled date, if low enrollment or other circumstances make it necessary. Each registrant will be notified by mail, e-mail, or at the phone or fax numbers given on the registration form. In case of activity cancellation, the liability of CME/Conference Management is limited to the registration fee. CME/Conference Management will refund the full registration fee.

CME/Conference Management reserves the right to limit the number of participants in a program and is not responsible for any expenses incurred by an individual whose registration is not confirmed and for whom space is not available.

For additional information, contact CME/Conference Management at 713-792-2223 or toll free at 866-849-5866 or via e-mail: register@mdanderson.org.