

Sixth Annual Symposium “The Collective Soul”

The University of Texas MD Anderson Cancer Center
Department of Palliative, Rehabilitation, and Integrative Medicine
Institute for Spirituality and Health



"Transforming Lives of Patients with Advanced Illness and Caregivers in Suffering"

Course Directors: Marvin Omar Delgado-Guay MD, Eduardo Bruera MD
Course Executive Manager: Deanna Cuello

Advanced Course Advisory Committee: Marvin Omar Delgado-Guay MD, John Graham MD, Steve Thorney MDiv, Eduardo Bruera MD, Carolyn Holmes APN, Kimmie Tallie APN, Gale Kennebrew MDiv, Cletus Udoh, MDiv, Morvan O. Hall, DMin, Regina Pair Allen MDiv, Stuart Nelson and Deanna Cuello.

Administrative Support: Elida Galan

Spirituality and religiosity are recognized as factors that contribute to quality of life and coping strategies in many persons facing life-threatening illnesses. These life-threatening events can also give rise to spiritual distress. When combined with chronic or acute pain and other physical and psychological symptoms, spiritual distress can be a component of a patient's total suffering which the palliative care team (The Collective Soul) seeks to alleviate, enhancing the human spirit and creating a healing environment in the middle of the distressful situation. The purpose of this advanced course is to provide a better understanding of the Palliative Care Team's role in enhancing the Human spirit and relieving patient's bio-psychosocial and spiritual suffering.

Date: **January 27th and 28th, 2017**

Registration Fee: \$150.00 (includes breakfast, lunch and reception)

Late Fee: \$200.00

All students: (Needs to write a statement of the reasons to assist to the symposium)
\$75.00

MD Anderson Employees: \$125.00

Audience:

This important educational event is aimed at chaplains, ministers, clergy, spiritual care counselors, nurses, social workers and other health care professionals delivering spiritual care in the community and healthcare facilities.

Certificate for Attendance will be provided

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Event Focus:

The purpose of this educational event is to provide community-based, hospital, chaplains, ministers and other interested healthcare professionals with skills for a better understanding of the Palliative Care Team role; embracing the human spirit of patients with advanced illness, multiple physical, psychosocial, spiritual, and religious issues.

Attendees at this conference will learn the principles of Palliative Care and Hospice, the state-of-the art of physical, emotional, and spiritual symptom management. Effective communication with patients and families at the end of life. The integration of spiritual care into the Palliative Care practice.

Objectives of the Symposium:

Describe the importance and the role of the Interdisciplinary Team in the Palliative Care and Hospice setting in the care of patients with advanced illnesses and their family in a multicultural environment.

Describe the principles of management of different distressing Physical symptoms of patients with advanced illnesses.

Describe the principles of management of Distressing Emotional and Spiritual symptoms in patients with advanced illnesses and their families.

Speakers:

The 2017 Steve Thorney Lecture in Spiritual Care

John K. Graham, MD, President and CEO

Institute for Spirituality and Health

The University of Texas MD Anderson Cancer Center:

Regina Pair Allen MDiv

Chaplain

Department of Spiritual Care and Education

Martha Aschenbrenner, BS

Palliative Care Psychological Counselor

Department of Palliative, Rehabilitation, and Integrative Medicine

Karen Baumgartner ANP

Advanced Nurse Practitioner

Department of Palliative, Rehabilitation, and Integrative Medicine

Eduardo Bruera, MD

Professor and Chair

Department of Palliative, Rehabilitation, and Integrative Medicine

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Alejandro Chaoul, PhD
Assistant Professor
Department of Palliative, Rehabilitation, and Integrative Medicine

Luke Coulson, LCSW
Social Worker
Department of Palliative, Rehabilitation, and Integrative Medicine

Marvin Omar Delgado-Guay MD
Associate Professor
Department of Palliative, Rehabilitation, and Integrative Medicine

Tonya Edwards RN
Outpatient Supportive Care Clinic Nurse
Department of Palliative, Rehabilitation, and Integrative Medicine

Steven Findley MDiv, BCC
Chaplain
Department of Spiritual Care and Education

Diana Guzman, LPC
Professional Licensed Counselor
Department of Palliative, Rehabilitation, and Integrative Medicine

Gale F. Kennebrew, DMin, BCC, ACPE
Director
Department of Spiritual Care and Education

Lorna McNeill, PhD, MPH
Associate Professor
Department of Health Disparities

Kevin Madden MD
Assistant Professor
Department of Palliative, Rehabilitation, and Integrative Medicine

Suresh Reddy MD
Department of Palliative, Rehabilitation, and Integrative Medicine

Marieberta Vidal MD
Assistant Professor
Department of Palliative, Rehabilitation, and Integrative Medicine

Paul Walker MD

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Associate Professor
Department of Palliative, Rehabilitation, and Integrative Medicine

Guest Speakers:

Ali Candir
St. Lukes Hospital

Jose Cedillo MDiv
UTMB Galveston

Carla Cheatham, MA, MDiv, PhD., TRT
Heart to Heart Hospice, Austin TX

Camille Dumoint
St. Lukes Hospital

John Graham MD
Institute for Spirituality and Health

Geshe Denma Gyaltsen
Ligmincha Texas

Karen Hahn PhD, RN, APN
Center for Faith and Health Initiatives

Hope Lipnick, MA, LPC, CHTP
Jewish Family Service

Susana McCollom
Institute for Spirituality and Health

Sarath Menon, EdD
University of Houston

Ladislao (Laddie) Robinson, DMin, BCC
Harris Health System

Cletus Udoh MDiv, MA
Lyndon B Johnson General Hospital

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Course Curriculum and Agenda

Friday-January 27th, 2017

Time	Title of the Lecture	Speaker
7:30 - 8:00 am	Registration and Breakfast	
8:00 - 8:15 am	Welcome	<i>Eduardo Bruera, MD and Marvin Omar Delgado-Guay MD</i>
8:15 - 8:30 am	Invocation/Blessings	<i>Regina Pair Allen, MDiv and Cletus Udoh, MDiv</i>
8:30 - 9:15 am	The Collective Soul in action: Quality of care for people with advanced and terminal illnesses: opportunities for improvement	<i>Marvin Omar Delgado-Guay MD</i>
9:15 - 10:00 am	The impact of multiple symptom distress in the life of patients with advanced and terminal illnesses.	<i>Eduardo Bruera, MD</i>
10:00 - 10:15 am	Break	
10:15 - 10:20 am	Introduction of the Steve Thorney Award Lecture to John K. Graham, MD,	<i>Eduardo Bruera, MD and Marvin Omar Delgado-Guay MD</i>
10:20 - 11:20 am	The 2017 Steve Thorney Lecture in Spiritual Care Living the integration of spiritual care in the continuum the care of patients with advanced illness...who, why, when.	<i>John K Graham, MD</i>
11:20 - 12:15 pm	Cultural and religious perspectives of death and dying.	<i>Panel discussion: Moderators: Marvin Omar Delgado-Guay MD and Cletus Udoh MDiv Christian: José Cedillo MDiv Islam: Ali Candir Jewish: Hope Lipnick Hindu: Sarath Menon, EdD Buddhism: Geshe Denma Gyaltzen</i>
12:15 - 1:15 pm	Lunch and Music Performance with TMC orchestra	<i>(Music)</i>

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WORKSHOPS A, B and S (SALONS 1-8) (1:20 – 4:50 PM)

WORKSHOP A (Salons 1-3)

Time	Title of the Lecture	Speaker
1:20 - 2:00 pm	The Palliative Care Team (The Collective Soul) creating healing connections in patients with advanced illnesses	<i>Paul Walker MD Regina Pair Allen Martha Aschenbrenner, BS Luke Coulson, LCSW Karen Baumgartner ANP</i>
2:00 – 2:40 pm	The care of kids with parents with advanced and terminal illness.	<i>Martha Aschenbrenner, BS</i>
2:40 – 3:20 pm	Healing and strengthen connections through animal Therapy in patient with advanced and terminal illnesses.	<i>Camille Dumoit</i>
3:20 – 3:30 pm	Break	
3:30 – 4:10 pm	Contemplative aging	<i>Karen Hahn PhD, RN, APN</i>
4:10 - 4:50 pm	My daily journal as community chaplain... challenges and blessings caring for patients with advanced and terminal illness and their caregivers.	<i>Rev. Dr. Carla Cheatham, MA, MDiv, PhD, TRT</i>

WORKSHOP B (Salons 4-6)

Time	Title of the Lecture	Speaker
1:20 - 2:00 pm	Harmony and Health: adaptation of a mind-body intervention for African American Christians	<i>Lorna McNeill PhD and Alejandro Chaoul PhD</i>
2:00 – 2:40 pm	The role of music therapy healing the broken soul	<i>Antonio Milland Santiago</i>
2:40 – 3:20 pm	Psychological distress among patients with advanced and terminal illnesses	<i>Sujin Ann-Yi PhD</i>
3:20 – 3:30 pm	Break	
3:30 – 4:10 pm	The care of kids with parents with advanced and terminal illness.	<i>Martha Aschenbrenner, BS</i>
4:10 - 4:50 pm	A difficult task to do... to write a Letter to Death... living with advanced and terminal illnesses.	<i>Gale Kennebrew MDiv</i>

WORKSHOP S - PLATICAS EN ESPANOL (Salons 7-8)

Time	Title of the Lecture	Speaker
1:20 - 2:00 pm	El sufrimiento de pacientes con múltiples síntomas viviendo una enfermedad avanzada y terminal.	<i>Eduardo Bruera MD</i>

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2:00 – 2:40 pm	Cuál es mi interacción como líder espiritual/religioso de la comunidad con el sistema médico cuando mis feligreses enfrentan una enfermedad avanzada y terminal.	<i>Laddie Robinson, DMin</i>
2:40 – 3:20 pm	Intervenciones aplicadas en medicina integrativa en el cuidado de pacientes con enfermedades avanzadas y terminales.	<i>Alejandro Chaoul PhD</i>
3:20 – 3:30 pm	Break	
3:30 – 4:10 pm	Perspectivas culturales y espirituales de la muerte.	<i>Marvin Delgado Guay MD and Jose Cedillo MDiv</i>
4:10 - 4:50 pm	Cuidando al cuidador, que vive y que sufre al lado de la persona con enfermedad avanzada y terminal.	<i>Marieberta Vidal MD and Diana Guzman LPC</i>

4:50 - 5:30 pm	A Laugh from the Soul	<i>Stephen Findley, MDiv BCC</i>
5:30 - 6:30 pm	Reception	

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Saturday-January 28, 2017

Time	Title of the Lecture	Speaker
7:30 - 8:00 am	Registration and Breakfast	
8:00 - 8:15 am	Welcome: Remarks of the day	<i>Marvin Omar Delgado-Guay, MD</i>
8:15 - 8:30 am	Invocation/Blessings:	<i>Regina Pair Allen, MDiv</i> <i>Cletus Udoh, MDiv</i>
8:30 - 9:10 am	A soul that also suffers...Caring for kids with advanced and terminal illnesses	<i>Kevin Madden, MD</i> <i>Regina Pair Allen, MDiv</i>
9:10 - 9:50 am	Somatization, chemical coping, and addiction in patients with advanced illnesses. An interdisciplinary approach	<i>Suresh Reddy MD</i> <i>Tonya Edwards RN</i>
9:50 - 10:25 am	The role of mindfulness-based interventions on spiritual distress and other symptoms in patients with advanced illnesses. An area worth to explore more in the palliative care setting.	<i>Marvin O Delgado Guay MD</i>
10:25 - 10:40 am	Break	
10:40 - 11:20 am	Art therapy and healing the soul	<i>Brooke Barclay</i>
11:20 - 12:00 pm	Caring for your own soul... the live experience of clinicians with compassionate fatigue, stress, or burnout	<i>Susana McCollom</i>
12:00 pm	Adjourn, Evaluation	