The University of Texas MD Anderson Cancer Center Department of Palliative, Rehabilitation, and Integrative Medicine Institute for Spirituality and Health



## "Transforming Lives of Patients with Advanced Illness and Caregivers in Suffering"

Course Directors: Marvin Omar Delgado-Guay MD, Eduardo Bruera MD

Course Executive Manager: Deanna Cuello

Advanced Course Advisory Committee: Marvin Omar Delgado-Guay MD, John Graham MD, Steve Thorney MDiv, Eduardo Bruera MD, Carolyn Holmes APN, Kimmie Tallie APN, Gale Kennebrew MDiv, Cletus Udoh, MDiv, Morvan O. Hall, DMin, Regina Pair Allen MDiv, Stuart Nelson and Deanna Cuello.

Administrative Support: Elida Galan

Spirituality and religiosity are recognized as factors that contribute to quality of life and coping strategies in many persons facing life-threatening illnesses. These life-threatening events can also give rise to spiritual distress. When combined with chronic or acute pain and other physical and psychological symptoms, spiritual distress can be a component of a patient's total suffering which the palliative care team (The Collective Soul) seeks to alleviate, enhancing the human spirit and creating a healing environment in the middle of the distressful situation. The purpose of this advanced course is to provide a better understanding of the Palliative Care Team's role in enhancing the Human spirit and relieving patient's bio-psychosocial and spiritual suffering.

Date: **January 27**<sup>th</sup> **and 28**<sup>th</sup>, **2017** 

Registration Fee: \$150.00 (includes breakfast, lunch and reception)

Late Fee: \$200.00

All students: (Needs to write a statement of the reasons to assist to the symposium)

\$75.00

MD Anderson Employees: \$125.00

#### Audience:

This important educational event is aimed at chaplains, ministers, clergy, spiritual care counselors, nurses, social workers and other health care professionals delivering spiritual care in the community and healthcare facilities.

Certificate for Attendance will be provided

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#### **Event Focus:**

The purpose of this educational event is to provide community-based, hospital, chaplains, ministers and other interested healthcare professionals with skills for a better understanding of the Palliative Care Team role; embracing the human spirit of patients with advanced illness, multiple physical, psychosocial, spiritual, and religious issues.

Attendees at this conference will learn the principles of Palliative Care and Hospice, the state-of-the art of physical, emotional, and spiritual symptom management. Effective communication with patients and families at the end of life. The integration of spiritual care into the Palliative Care practice.

#### **Objectives of the Symposium:**

Describe the importance and the role of the Interdisciplinary Team in the Palliative Care and Hospice setting in the care of patients with advanced illnesses and their family in a multicultural environment.

Describe the principles of management of different distressing Physical symptoms of patients with advanced illnesses.

Describe the principles of management of Distressing Emotional and Spiritual symptoms in patients with advanced illnesses and their families.

#### Speakers:

The 2017 Steve Thorney Lecture in Spiritual Care John K. Graham, MD, President and CEO Institute for Spirituality and Health

#### The University of Texas MD Anderson Cancer Center:

Regina Pair Allen MDiv Chaplain Department of Spiritual Care and Education

Martha Aschenbrenner, BS
Palliative Care Psychological Counselor
Department of Palliative, Rehabilitation, and Integrative Medicine

Karen Baumgartner ANP Advanced Nurse Practitioner Department of Palliative, Rehabilitation, and Integrative Medicine

Eduardo Bruera, MD Professor and Chair Department of Palliative, Rehabilitation, and Integrative Medicine

The University of Texas MD Anderson Cancer Center
Department of Palliative, Rehabilitation, and Integrative Medicine
Institute for Spirituality and Health

Alejandro Chaoul, PhD Assistant Professor Department of Palliative, Rehabilitation, and Integrative Medicine

Luke Coulson, LCSW Social Worker Department of Palliative, Rehabilitation, and Integrative Medicine

Marvin Omar Delgado-Guay MD Associate Professor Department of Palliative, Rehabilitation, and Integrative Medicine

Tonya Edwards RN Outpatient Supportive Care Clinic Nurse Department of Palliative, Rehabilitation, and Integrative Medicine

Steven Findley MDiv, BCC Chaplain Department of Spiritual Care and Education

Diana Guzman, LPC Professional Licensed Counselor Department of Palliative, Rehabilitation, and Integrative Medicine

Gale F. Kennebrew, DMin, BCC, ACPE Director Department of Spiritual Care and Education

Lorna McNeill, PhD, MPH Associate Professor Department of Health Disparities

Kevin Madden MD Assistant Professor Department of Palliative, Rehabilitation, and Integrative Medicine

Suresh Reddy MD Department of Palliative, Rehabilitation, and Integrative Medicine

Marieberta Vidal MD Assistant Professor Department of Palliative, Rehabilitation, and Integrative Medicine

Paul Walker MD

The University of Texas MD Anderson Cancer Center
Department of Palliative, Rehabilitation, and Integrative Medicine
Institute for Spirituality and Health

Associate Professor Department of Palliative, Rehabilitation, and Integrative Medicine

#### **Guest Speakers:**

Ali Candir St. Lukes Hospital

Jose Cedillo MDiv UTMB Galveston

Carla Cheatham, MA, MDiv, PhD., TRT Heart to Heart Hospice, Austin TX

Camille Dumoint St. Lukes Hospital

John Graham MD
Institute for Spirituality and Health

Geshe Denma Gyaltsen Ligmincha Texas

Karen Hahn PhD, RN, APN Center for Faith and Health Initiatives

Hope Lipnick, MA, LPC, CHTP Jewish Family Service

Susana McCollom Institute for Spirituality and Health

Sarath Menon, EdD University of Houston

Ladislao (Laddie) Robinson, DMin, BCC Harris Health System

Cletus Udoh MDiv, MA Lyndon B Johnson General Hospital

# The Collective Soul Symposium Course Curriculum and Agenda

Friday-January 27th, 2017

Time	Title of the Lecture	Speaker
7:30 - 8:00 am	Registration and Breakfast	
8:00 - 8:15 am	Welcome	Eduardo Bruera, MD and
		Marvin Omar Delgado-Guay MD
8:15 - 8:30 am	Invocation/Blessings	Regina Pair Allen, MDiv and
		Cletus Udoh, MDiv
8:30 - 9:15 am	The Collective Soul in action: Quality of care for people	Marvin Omar Delgado-Guay MD
	with advanced and terminal illnesses: opportunities for	
	improvement	
9:15 - 10:00 am	The impact of multiple symptom distress in the life of	Eduardo Bruera, MD
	patients with advanced and terminal illnesses.	
10:00 - 10:15	Break	
am		
10:15 - 10:20	Introduction of the Steve Thorney Award Lecture to	Eduardo Bruera, MD and
am	John K. Graham, MD,	Marvin Omar Delgado-Guay MD
10.20	The 2017 Steve Thorney Lecture in Spiritual Care	John K Graham, MD
10:20 - 11:20	Living the integration of spiritual care in the	
am	continuum the care of patients with advanced	
11.20 12.15	illnesswho, why, when.	D 11:
11:20 - 12:15	Cultural and religious perspectives of death and dying.	Panel discussion:
pm		Moderators: Marvin Omar Delgado-
		Guay MD and Cletus Udoh MDiv
		Christian: Cletus Udoh, MDiv
		Islam: Ali Candir
		Jewish: Hope Lipnick, MA, LPC
		Hindu: Sarath Menon, EdD
12.15 1.00	Tah	Buddhism: Geshe Denma Gyaltsen
12:15 - 1:00 pm	Lunch	

Time	Title of the Lecture	Speaker
1:00 – 1:40 pm	The Palliative Care Team (The Collective Soul) creating	Paul Walker MD
	healing connections in patients with advanced illnesses	Regina Pair Allen MDiv
		Martha Aschenbrenner LPC, MA
		Luke Coulson LCSW
		Karen Baumgartner ANP
1:40 – 2:20 pm	The care of kids with parents with advanced and	Martha Aschenbrenner LPC, MA
	terminal illness.	
2:20–3:00 pm	Healing and strengthen connections through animal	Camille Dumoit
	Therapy in patient with advanced and terminal illnesses.	
3:00 – 3:10 pm	Break	
3:10 - 3:40  pm	The role of music therapy healing the broken soul	Antonio Milland Santiago
3:40 – 4:20 pm	Contemplative aging	Karen Hahn PhD RN, APN
4:20 - 5:00  pm	My daily journal as community chaplain challenges	Carla Cheatham, MA, MDiv, PhD,
	and blessings caring for patients with advanced and	TRT
	terminal illness and their caregivers.	
5:00 - 5:40 pm	A Laugh from the Soul	Stephen Findley MDiv BCC
5:40 - 6:30 pm	Reception	

Saturday-January 28, 2017

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Time	Title of the Lecture	Speaker
7:30 - 8:00 am	Registration and Breakfast	
8:00 - 8:15 am	Welcome: Remarks of the day	Marvin Omar Delgado-Guay MD
8:15 - 8:30 am	Invocation/Blessings:	Regina Pair Allen, MDiv
		Cletus Udoh MDiv
8:30 - 9:10 am	A soul that also suffersCaring for kids with advanced	Kevin Madden MD
	and terminal illnesses	Regina Pair Allen MDiv
9:10 - 9:50 am	Somatization, chemical coping, and addiction in patients	Suresh Reddy MD
	with advanced illnesses. An interdisciplinary approach	Tonya Edwards RN
9:50 – 10:20 am	Psychological distress among patients with advanced	Sujin Ann-Yi PhD
	and terminal illnesses	
10:20 - 10:30	Break	
am		
10:30 - 11:00	Caring for Family Members and Caregivers of patients	Marieberta Vidal MD and
am	with advanced and terminal illnesses	Diana Guzman LPC
11:00 - 11:30	Art therapy and healing the soul	Brooke Barclay
am		
11:30 - 12:00	Caring for your own soul the live experience of	Susana McCollom
pm	clinicians with compassionate fatigue, stress, or burnout	
12:00 pm	Adjourn, Evaluation	