ERUT Webinar: The Role of the Advanced Practice Provider

Presenter: Innocent Rukundo, Physician Assistant

November 19, 2019
4:00pm-4:30pm (CT)
What is the role of an APP in ERP?

“APP’s initiate the ERAS by providing key information from the BEGINNING while collaborating with other departments to ensure the patient undergoes a safe and successful surgical journey.” --- Tamika Williams PA-C

“APPs help continue a standard of care with ERAS and ensure the pathway is followed while individualizing care for each patient. We incorporate these differences to optimize the best post-op recovery for the patient.” --- Cheryl Mantaring APRN

“Our role in ERAS includes employing multi-modal analgesics for pain relief, consulting supportive service such as rehab medicine, beginning dispo planning and confirming patient needs are met for a safe discharge.” --- Sara Zendehdel PA-C
UTMDACC ERP Teams: 2013 to 2019

Current Expansion:
- Rad Onc
- Partners/Network
- Sugarland
- UT System

Anesthesiology
Surgery
Nursing
Pharmacy
Nutrition
PT/OT

Hip Arthroplasty Surgery
Autologous Breast Surgery
Renal/Kidney Surgery
Liver Surgery
Breast Surgery
H&N Surgery
Bladder Surgery
GYN Surgery
Thoracic Surgery
Spine Surgery
HIPEC Surgery
Pancreas Surgery
Colorectal Surgery
Gastrectomy Surgery
Neuro Surgery
Medical Oncology
Stem Cell Transplant
Emergency Department

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APPs in All Phases

• Pre-Operative
• Intra-Operative
• Post-Operative
• Post-Discharge
Patient Education and Surgical Preparation

- Key component to ERAS, an important step often initiated by the APP during the pre-operative visit, and decision time for surgery.

- The APP explains ERAS and the key components and goals to the patient understanding.

- The APP clarifies the expectations for patient and team.
Intra-Operative

- First Assisting: In addition to trainees involvement in the operating room, you will often find the APP function as the first-assist.

  - Advantage of APP role
    - Continuity of care
    - Extensive understanding of the surgery and team
    - Knowledge of surgeon practices
Post-Operative

Initial Point of Contact

Provide Continuity of Care

Initiate Post-Op Pathway orders

Coordination of Care: Initiate, Collaborate, and Involve the multi-disciplinary team (ex: Nursing, Rehab Medicine, Case Management, Social Worker, etc…..)
Other Opportunities for APPs in ERAS

- Identify opportunities for Quality Improvement
- Participate and initiate research projects
- Contribute to publications
Summary

APPs are important contributors in all phases of Enhanced Recovery.

APPs have a unique perspective that can be developed for quality improvement and research opportunities.
Thank You

All in APPs in Leadership

APPs in surgical practices and actively guiding patients through Enhanced Recovery.

The entire MD Anderson Cancer Center Enhanced Recovery Program.