

Project TEACH ECHO Clinics
2025-2026 Schedule and Curriculum Topics
Tuesdays 12pm – 1pm

Schedule is subject to change depending on speaker availability

Date	Topic	Presenter
September 9, 2025	Relapse Prevention for Tobacco Cessation	Melissa Macomber, MA, LPC
September 30, 2025	Vaping Nicotine and THC: Navigating Risks and Policy in a Changing Landscape	Lindy McGee, M.D.
October 7, 2025	Motivational Interviewing Part 1 & 2: Overview	Chinyere Y. Eigege, PhD, LCSW-S, NCTTP
October 21, 2025	Behavioral Strategies in Tobacco Treatment: Stages of Change	Nancy Huang, MA, LPC
November 4, 2025	Pods, Pouches, and Puffs: Digital Cessation for Young Adults in Today's Tobacco and Nicotine Landscape	Amanda L. Graham, PhD
November 18, 2025	Mindfulness-based approach for Tobacco Cessation	Elham Babaie, MA, LPC-S, NCTTP
December 2, 2025	Motivational Interviewing Part 3 & 4: Open-Ended Questions & Affirmations	Chinyere Y. Eigege, PhD, LCSW-S, NCTTP
December 16, 2025	Neurobiology of Nicotine Dependence	Maher Karam-Hage, MD
January 6, 2026	Impact of Smoking Cessation on Other Medications	Aleah Waxali, PA
January 27, 2026	Managing Anxiety Associated with Withdrawal	Diane Beneventi, PhD
February 3, 2026	Coping Strategies for Tobacco Cessation (Part 1)	Melissa Macomber, MA, LPC
February 17, 2026	Coping Strategies for Tobacco Cessation (Part 2)	Melissa Macomber, MA, LPC
March 10, 2026	Scheduled Smoking Reduction	Diane Beneventi, PhD
March 31, 2026	Frequency of vaping and pouches and tobacco treatment pilot trials	Benjamin A. Toll, PhD
April 7, 2026	Tobacco Treatment in Behavioral Health and Substance Use Treatment Centers	Maggie Britton, PhD
April 21, 2026	First Line Smoking Cessation Medications: Recognizing and Managing Side Effects	Aleah Waxali, PA

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May 5, 2026	Behavioral Strategies in Tobacco Treatment: Identifying Triggers	Nancy Huang, MA, LPC
May 19, 2026	Motivational Interviewing Part 5 &6: Reflections, Values & Summaries	Chinyere Y. Eigege, PhD, LCSW-S, NCTTP
June 2, 2026	Nicotine Replacement in Surgical Patients	Maher Karam-Hage, MD
June 23, 2026	Motivational Interviewing Part 7: Four OARS & Part 8: Change Talk/Sustain Talk	Chinyere Y. Eigege, PhD, LCSW-S, NCTTP
July 7, 2026	Acceptance and Commitment Therapy	Larissa Farah, MA, LPC, TTS
July 21, 2026	Behavioral Activation Therapy	Jennifer Minnix, PhD
August 4, 2026	Guest – TBD	
August 18, 2026	Mental Health, Substance Use and Tobacco Cessation	Maher Karam-Hage, MD