



Project TEACH ECHO Clinics
2023-2024 Schedule and Curriculum Topics
Tuesdays 12pm – 1pm CST

Schedule is subject to change depending on speaker availability

Date	Topic	Presenter
September 12, 2023	Tobacco Use, Special Populations and Health Disparities	Jennifer Cofer, MPH, CHES®
September 26, 2023	Emerging Nicotine Products	Jason Robinson, PhD
October 10, 2023	Relapse Prevention for Tobacco Cessation	Melissa Macomber, MA, LPC
October 17, 2023	Law and Ethics	Ryan Ingraham, JD
November 7, 2023	Impact of Smoking Cessation on Other Medications	Sheila Kitaka, MHP, PA-C
November 14, 2023	Counseling and Treatment for Adolescents	Lindy McGee, M.D. Baylor College of Medicine
December 5, 2023	Coping Strategies for Tobacco Cessation (Part 1)	Melissa Macomber, MA, LPC
December 12, 2023	Coping Strategies for Tobacco Cessation (Part 2)	Melissa Macomber, MA, LPC
January 23, 2024	Overview of First Line Smoking Cessation Medications	Sheila Kitaka, MHP, PA-C
February 6, 2024	Managing Anxiety Associated with Withdrawal	Diane Beneventi, PhD
February 20, 2024	Medicaid Postpartum Extension and Tobacco Cessation Coverage	Anne DiGiulio
March 5, 2024	Behavioral Strategies in Tobacco Treatment: Stages of Change	Nancy Huang, MA, LPC
March 12, 2024	Scheduled Smoking Reduction	Diane Beneventi, PhD
April 2, 2024	Neurobiology of Nicotine Dependence	Maher Karam-Hage, MD
April 30, 2024	First Line Smoking Cessation Medications: Recognizing and Managing Side Effects	Aleah Waxali, PA
May 7, 2024	Best Practices and Lessons Learned for Virtual Cessation Groups	Dr. Jenna Wintemberg



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May 21, 2024	Mindfulness-based approach for Tobacco Cessation	Elham “Ellie” Babaie, MA, LPC-S, NCTTP
June 11, 2024	Behavioral Strategies in Tobacco Treatment: Identifying Triggers	Nancy Huang, MA, LPC
June 25, 2024	Diversity: The Impact of Cultural Competency	Diane Beneventi, PhD, NCTTP
July 9, 2024	Nicotine Replacement in Surgical Patients	Maher Karam-Hage, MD
July 23, 2024	Acceptance and Commitment Therapy	Larissa Farah, MA, LPC, TTS
August 6, 2024	Behavioral Activation Therapy	Jennifer Minnix, PhD
August 20, 2024	Guest Presentation	Guest Presenter



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July 23, 2024	TBD	TBD
August 6, 2024	Guest Presenter	Guest Presenter
August 20, 2024		
September 10, 2024		
September 24, 2024	Scheduled Smoking Reduction	Diane Beneventi, PhD