

Certified Tobacco Treatment Training Program

Course Description

The Certified Tobacco Treatment Program is nationally accredited by the Council for Tobacco Treatment Training Programs. Our goal is to train interdisciplinary health care providers and public health professionals to become tobacco cessation champions for their organizations and communities. The program offers the highest quality of tobacco treatment training based on the most up-to-date evidence-based tobacco cessation research and treatment strategies.

MD Anderson's Certified Tobacco Training Program is an intensive, four-day course focused on the skills needed to effectively deliver tobacco cessation treatment in both a clinic and community setting. Faculty and presenters are MD Anderson physicians, psychologists, counseling, education staff and other MD Anderson professionals. The last half-day of the program will consist of an examination which tests both knowledge and counseling skills. This training program is designed for health care professionals already providing tobacco dependence treatment and for those with a strong interest in entering the field.

A partial list of curriculum topics includes:

- Assessment
- Counseling Skills
- Motivational Interviewing
- Diversity and Disparities
- Treatment Planning
- Pharmacotherapy
- Tobacco Dependence and co-morbid conditions
- Relapse Prevention

Target Audience

The CTTTP is intended for health care providers and behavioral health professionals, who counsel patients toward full cessation of tobacco and nicotine products.

After attending the course, attendees will:

- Improve efficacy for treatment of nicotine addictions as part of integral care for patients
- Improve counselors' skills and provide additional breadth of experience in treating patient's tobacco dependence disorders
- Improve providers' technical abilities to effectively prescribe tobacco cessation medications
- Improve documentation of impact and provide additional experience in treating patients
- Improve selected interventions for specific level of treatment
- Improve assessment and enrollment of tobacco users into a treatment program
- Increase efficacy and efficiency of programming
- Eligible to take the Tobacco Treatment Specialist Certification exam

Continuing Education (CE)

The following Continuing Education (CE) credits can be earned:

- Up to 26.5 hours of CE credit for M.D., D.O., PA, APN and RN
- Up to 29 hours of CE credit for LPC, LMSW and LMFT
- Up to 27 hours of CE credit for CHES and MCHES
- Up to 26 hours of CE approval for RRT®, CRT®, CPFT®, RPFT®, RPSGT® and AE-C

Fee Structure

Course fee covers four days of training is \$1,250, including breakfast and lunch each day.

- General Fee.....\$1,250.00
- Academic and Health Science Center (college and university employees).....\$1,000.00
- Prescriber Track Fee: \$250.00 (Wednesday only), not eligible for credentialing or certification; CME available). Will learn about Pharmacotherapy, Treatment Planning and Relapse Prevention all associated with treating tobacco addiction
- FQHC's, LMHA's or other settings Fee.....\$600.00 - for employees working in serving the disparate population; once verified, the first 5 registrations are first come, first served. To see if your employer qualifies, please email ctts@mdanderson.org.
- Be Well™ Baytown Scholarship.....\$0 – health care providers and public health professionals who serve the Baytown area will have an opportunity to apply for a full scholarship provided by Be Well™ Baytown, an initiative of MD Anderson sponsored by ExxonMobil. Applicants will need to describe how they serve the residents of Baytown, TX.

Tobacco Treatment Specialist Certification Eligibility Requirements

Preliminary Criteria for Certification (To sit for TTS exam)

Education/Service Requirement Criteria:

- High School Diploma or GED with 4,000 hours (Approximately 2 years) of work experience in a counseling or technical healthcare field.
or
- Technical Degree (Associates Degree) with 2,000 hours (Approximately 1 year) of work experience in a counseling or technical field.
or
- Bachelor's Degree or higher
Number of months Tobacco-Free
- Participant must attest to being tobacco-free for at least 12 months
- Completion of an accredited program
- Successfully complete an accredited training program
- Complete the Examination Test with a score of 80% or higher
 - o The trainee will have the option of completing the test during the afternoon of the 4th day of the training or remotely.
 - o The trainee will be allowed to take the test 3 times within a 3 month period following the training. If they do not complete the test with a score of 80% or higher at any point they will need to retake the CTTTP course in order to sit for the test again.

Special Assistance

Contact us at ctts@mdanderson.org if you have any special dietary or ADA accommodation needs.

Recording Policy

Photographing, audio taping and videotaping are prohibited.