This month we invite our ALAC family to learn about Thyroid Cancer.

"Thyroid cancer begins in the thyroid gland, a small butterfly-shaped gland in the front of the neck at the base of the throat."

According to the National Cancer Institute, about 53,000 people are diagnosed with thyroid cancer each year in the United States with 75% of these being women—making it the 8th most common cancer found in women.

Thyroid cancer is usually a slow-growing cancer and is one of the least dangerous cancers in most cases. The 5-year survival rate is more than 98%.

To learn more about Thyroid cancer please visit MD Anderson: Thyroid Cancer.

Thank you to the Kelsey Research Foundation for hosting the ALAC Summer Wrap Up Reunion Party at Lindig Cancer Center on August 31st! Everyone had so much fun!

ALAC is officially in League City!

If you know of a survivor or caregiver in the area that may be interested, please have them email us at ALAC-program@mdanderson.org.

The Active Living after Cancer (ALAC) newsletter will be sent to you on a monthly basis, it will include updates about the program, locations of future program sites, upcoming community events, and survivorship resources that you may share with your community members.