Nursing Professional Practice Model

All Professional Practice Model (PPM) components operate within the context of institutional Core Values:
Caring, Integrity, Discovery, Safety, and Stewardship

Relationship-based care

The Quality Caring Model®, developed by Joanne Duffy, Ph.D., is based on relationship-based care and serves as the theoretical framework for nursing practice.

The nurse’s role is to engage in caring relationships that result in feeling cared for.

Improved short- and long-term outcomes are evident when patients and caregivers feel cared for.

Requirements of caring, professional nursing practice

- **Knowledge** of caring factors and relationships between self, patients, caregivers, health care team members and the community
- **Skills**: Behaviors and competencies
- **Intentions**: Attitudes and beliefs that lead to choices
- **Time**: Primary focus on relationships; the integration of intentions and actions

Eight caring factors

<table>
<thead>
<tr>
<th>Mutual problem solving</th>
<th>Attentive reassurance</th>
<th>Human respect</th>
<th>Encouraging manner</th>
<th>Affiliation needs</th>
</tr>
</thead>
<tbody>
<tr>
<td>Help patients and caregivers understand how to confront, learn and think about their health and illness, and enhance their ability to participate in making decisions about care.</td>
<td>Make a conscious effort to be authentically available and fully attentive to the patient.</td>
<td>Honor the individual’s worth through unconditional acceptance, kind and careful handling of their body, and recognition of their rights and responsibilities.</td>
<td>Convey messages of support, positive thoughts and feelings, and openness to the feelings of others.</td>
<td>Appreciate and involve the family and caregivers, recognizing that everyone needs to feel they have a place/role in the family and in other social contexts.</td>
</tr>
<tr>
<td>Appreciation of unique meaning</td>
<td>Healing environment</td>
<td>Basic human needs</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Recognize that each patient/family is a blend of their unique life experiences and sociocultural connections, and incorporate that knowledge into caring relationships.</td>
<td>Provide care in a setting that is focused on maintaining patient privacy, safety and control.</td>
<td>Understand that all human beings have basic physiological, safety, love/belonging, self-esteem and self-actualization needs.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Five PPM components

The open hand is a universal symbol of caring, while the colors of the hands reflect the diversity of caregivers and patients at MD Anderson.

**Autonomy, accountability, and excellence in practice** are the professional practice values of nurses at MD Anderson.

**Team based care** is the patient care delivery system used across all settings. Each team is collectively accountable and responsible for outcomes of care delivered to patients. Principles applicable in all patient care settings include: safe and effective care; synergy of patient needs and nursing expertise; nursing team satisfaction and vitality; team-based professional practice development; interdisciplinary and inter-professional collaboration; continuity of care providers; and care coordination.

**Professional partnerships** are internal or external collaborations wherein partners merge knowledge, expertise and perspectives to improve patient outcomes. Internal professional partnerships include nurses, physicians, other professionals and volunteers. External partnerships include community partners, NCI, professional nursing organizations, nursing schools, Affiliate sites and Global Partners.

**Nursing expertise is visible, valued and understood, and professional autonomy is maintained**. Valuing and rewarding clinical practice excellence provides a structure for ongoing education, encourages the achievement of specialty certification and supports nurse retention.

**An interdisciplinary, democratic decision-making body** accountable for the process, implementation, communication, coordination and outcome of decisions affecting clinical practice. MD Anderson Nursing’s shared governance body comprises representatives from across the institution charged with defining, implementing and maintaining institutional standards for clinical practice that are consistent with national, state and community standards of practice.

MD Anderson professional nursing practice is guided by relevant professional standards, the ANA Code of Ethics and the Nursing Practice Act.