MD Anderson BEST
Brain tumor Education and Support Together

MD Anderson BEST provides education through expert presentations on topics relevant to those living with a brain tumor. Each talk is followed by a support group discussion.

2020 Schedule:
Second Tuesday Every Month | 12 to 1:30 p.m.

In person: MD Anderson Brain and Spine Center
1515 Holcombe Blvd., Houston, TX 77030
Main Building, Floor 7, Elevator B

Online: Contact us for the link to join remotely from your computer or smartphone.

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2020 Schedule

January 14  
Cognitive changes

February 11  
Seizures

March 10  
Aphasia

April 14  
Managing scanxiety

May 12  
BRAIN TUMOR AWARENESS MONTH  
Expert panel: Primary brain tumors

June 9  
Navigating relationships

July 14  
Side effects

August 11  
Debunking diet myths

September 8  
Fatigue

October 13  
Expert panel: Primary brain tumors

November 10  
Advance care planning and disability

December 8  
Clinical trials

Light meal and valet parking validation provided. No soliciting.

Join our community:  
Facebook /MDAndersonBrainandSpine  
Twitter @MDABrainSpine