

Brain Tumor Support Group

Join Brain tumor Education and Support Together (BEST) for panel and group discussions on clinical trials, side effects and fatigue, and more.

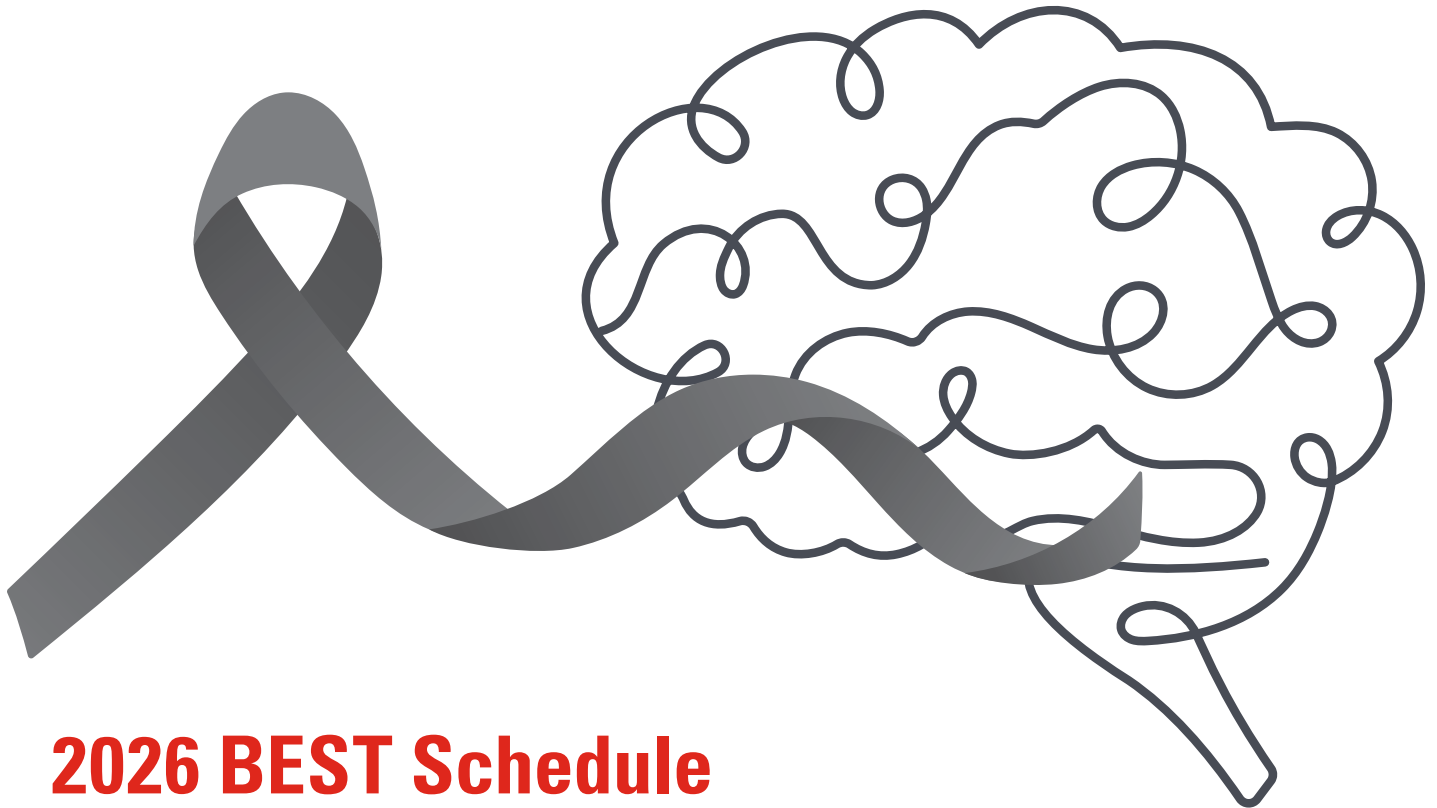
Second Wednesday of the month via Zoom
Noon - 1:30 p.m.

To sign up, contact Ari Murphey at ADMurphey@MDAnderson.org or share your email with the clinic's front desk staff.

THE UNIVERSITY OF TEXAS
MDAnderson
Cancer Center
Making Cancer History®

Scan the
QR code for
a full list of
support groups.





2026 BEST Schedule

January 14

Reclaiming Strength, Confidence, and Control Through Exercise

February 11

Resilience in Action: Thriving Amid Challenges

March 11

Advance Care Planning and Disability Benefits

April 8

Side Effects and Fatigue

May 13

Expert Panel: Primary Brain Tumors

June 10

Supplements, Complementary and Alternative Medicine

July 8

Demoralization and Exploration of Meaning in Our Life

August 12

When Your Body Speaks: Understanding Symptoms During and After Cancer

September 9

Cognitive Changes

October 14

Expert Panel: Primary Brain Tumors

November 11

Debunking Diet Myths

December 9

Clinical Trials