FROM BURNOUT TO BRILLIANCE

PHYSICIAN WELLNESS SYMPOSIUM

April 6-8, 2018
Miraval Resort
Tucson, Arizona

Physician career engagement and sustainability is increasingly threatened. Burnout across our community is claiming 400 doctors annually¹, and negatively impacting patient outcomes. A recent publication cites 54% of physicians report symptoms of burnout.²

This CME conference offers insight into the issue, while providing professional skills through didactic lectures, as well as resiliency skills through experiential break-out sessions. Addressing the physician as a whole fortifies the person with practical techniques translatable back to his/ her practice and work-life integration.

Invited Keynote Speakers:

**Hilary Blair, CEO Articulate**
Nationally renowned communication guru to Fortune 500’s, actors, professional athletes, and more
Professional animation film voice over (Pixar).

**Sasha K. Shillcutt, MD, MS, FASE**
Awarded the national American Medical Associations Women Physician’s Inspiring Physician Award
National thought leader at www.braveenough.com

Identifying etiology and impact of burnout -- Improved ability to recognize signs/ symptoms of burnout in physicians, and insight into its impact on health care and patient outcomes.

The Physician as a whole - identifying resiliency skills and techniques that fortify the body, mind and spirit, thus diminishing the impact of issues that lead to stress.

For a comprehensive list of breakout sessions:
http://www.miravalresorts.com/plan-your-stay/activities/

Managing the personal performance and integration within the system – how we can learn from challenges, master conflict management, and neutralize microaggressions.

CME hours accredited

Contact Anitra Gallien for registration and further questions: ADGallien@mdanderson.org