



Tell your health care team if you have questions or concerns. If you don't understand, ask again.

Bowel Management

Learn how the bowel works and what you can do to feel more comfortable. Topics include constipation, diarrhea and tips on how to manage bowel function.

Cancer-Related Fatigue

Tired of being tired? Receive information and support to help you fight fatigue. This class is co-sponsored by Internal Medicine.

Central Venous Catheter (CVC) Care

This class focuses on home care of the central venous catheter. Learn how to clean and care for the CVC properly. To learn more about the class, please call 713-792-2316.

Diabetes and You: How to Use Your Insulin

Manage diabetes with better skills. For more information, please call 713-563-9827. This class is co-sponsored by Internal Medicine.

All classes are free.

Please Contact Us

For more information, please call the Patient Education Office at 713-792-7128.



Diabetes Self-Care

Learn how to control your blood sugar. Get information about insulin, carb counting and nutrition, exercise and how to manage your medicines.

Implanted Venous Port

Learn about the benefits and risks of implanted ports. A nurse is available to answer questions. To learn more about the class, please call 713-563-7277.

New Patient/Family Orientation

Learn about MD Anderson's programs and services, including information about clinical trials and myMDAnderson.

Questions About Treatment Side Effects? Ask the Expert.

A nurse and dietitian answer your questions about chemotherapy, radiation, surgery, fatigue, nutrition and more.

Classes for Patients and Caregivers

September - December 2011



Bowel Management

Wednesday 11 a.m.-noon
Main Building Classroom

Tuesday 1:30-2:30 p.m.
only on Sept. 13, 27; Oct. 11, 25;
Nov. 8, 22 and Dec. 13, 27
Mays Clinic Classroom

Cancer-Related Fatigue

Thursday noon-1 p.m.
only on Sept. 1; Oct. 6;
Nov. 3 and Dec. 1
Main Building Classroom

Thursday noon-1 p.m.
only on Sept. 15; Oct. 20;
Nov. 17 and Dec. 15
Mays Clinic Classroom

Central Venous Catheter (CVC) Care

Every day 10:30 a.m.-noon
Monday through Thursday 1:30-3 p.m.
Main Building Infusion Therapy Classroom

Diabetes and You: How to Use Your Insulin

Thursday 3-4 p.m.
Main Building Internal Medicine Classroom
(Outpatients should schedule an appointment with the Internal Medicine Center, 713-563-9827.)

Diabetes Self-Care

Thursday 10-11 a.m.
Main Building Classroom

Implanted Venous Port

Monday through Friday 1-2 p.m.
Mays Clinic Infusion Therapy Classroom

New Patient/Family Orientation

Monday through Thursday 2-3 p.m.
Main Building Classroom

Thursday 2-3 p.m.
Mays Clinic Classroom

Questions about Treatment Side Effects? Ask the Expert.

Monday noon-1 p.m.
Main Building Classroom

Tuesday noon-1 p.m.
only on Sept. 13, 27; Oct. 11, 25;
Nov. 8 and Dec. 13
Mays Clinic Classroom

Classes are not held on institutional holidays.
All classes are free.
Need help? Call us at 713-792-7128.



- We welcome your family members and caregivers to attend classes.
- Please visit The Learning Center for help finding information about your cancer and treatment.
- We look forward to meeting you and answering your questions.

Main Building

Main Building Classroom
Floor 4, near Elevator A, through The Learning Center, Room R4.1121

Main Building Infusion Therapy Classroom
Floor 8, near Elevator C, Room R8.2192

Main Building Internal Medicine Classroom
Floor 6, near Elevator A, Room R6.1025

Mays Clinic

Mays Clinic Classroom
Floor 2, near The Tree Sculpture, behind The Learning Center, Room ACB2.1049

Mays Clinic Infusion Therapy Classroom
Floor 8, near Elevator U, Room ACB8.2400