

How to Make a Referral

If you would like to schedule an appointment with the Integrative Medicine Clinic, you must first ask your M. D. Anderson physician to submit an online consultation request. For more information, contact the Integrative Medicine Clinic at 713-792-6072.



The University of Texas M. D. Anderson Cancer Center
Department of Palliative Care
and Rehabilitation Medicine
Integrative Medicine Clinic
1515 Holcombe Boulevard-Unit 8
Houston TX 77030-4009

Internet: www.mdanderson.org/cimer

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Integrative Medicine Clinic

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Cancer and its treatments can have major effects on you, your family and others who are close to you. A guiding hand from a professional who understands the conventional viewpoint, as well as the complementary and integrative medicine perspective, may be helpful.

The Integrative Medicine Clinic at The University of Texas M. D. Anderson Cancer Center offers professional guidance to assist with choices you may face regarding complementary medicine. You can share your concerns and expectations about complementary medicine and we will address these in a way that empowers you in your cancer journey.

What to Expect

Here's a step-by-step overview of what your experience will be like in the Integrative Medicine Clinic:

- 1.** After your M. D. Anderson physician requests a consultation on your behalf, an appointment will be scheduled in the Integrative Medicine Clinic. The medical director of the clinic is a board-certified family physician with extensive experience in complementary and integrative medicine.
- 2.** During your first visit to the Integrative Medicine Clinic, a nurse will greet you and review your basic medical information. Please bring all medicines, herbs, supplements, vitamins, homeopathic remedies and other therapies that you are currently using or may use periodically.
- 3.** We will explore your questions and concerns regarding complementary and integrative medicine and address them to the best of our knowledge. Consultation times range between 30 and 90 minutes; however, this timeframe will depend on the complexity of your concerns. At times, we will have to research some of your concerns and discuss our findings on the follow-up visit.
- 4.** A follow-up visit within three to six weeks is usually recommended to see how you are progressing and to address any new questions or concerns.
- 5.** Individual therapies that may be suggested include massage therapy, nutritional advice, acupuncture, music therapy, different forms of stress management and others offered at M. D. Anderson's Place ... of wellness.
- 6.** If, between visits to the Integrative Medicine Clinic, you need additional information or have questions or concerns, please contact the clinic nurse at 713-792-6072. If there is an emergency, please seek services from the nearest emergency room or contact your local emergency medical services provider (911).



Place ... of wellness is a clinical center that provides complementary therapies to patients and caregivers whose lives have been affected by cancer. Suggested therapies may be group or individual, and they may be offered free of charge or require additional fees. For more information, please contact Place ... of wellness at 713-794-4700 or visit the Internet site at www.mdanderson.org/departments/wellness/.

Detailed information on complementary and integrative medicine therapies and their value in cancer care are available at www.mdanderson.org/cimer



Integrative Medicine Clinic Team

Moshe Frenkel, M.D., is the medical director of the Integrative Medicine Program at M. D. Anderson. He meets regularly with a team of professionals who have experience in conventional approaches as well as integrative treatments. This experience ranges from researching reliable information sources related to integrative and complementary therapies to providing expertise in complementary substances, including nutritional supplements, vitamins and herbs, and the interactions these substances may have with each other and with conventional medications. The use of diet, nutritional supplements and food as a medicinal element in the treatment of cancer is also discussed.

Other therapists focus on managing pain, discomfort, stress and anxiety, and other symptoms resulting from illness and/or the side effects of conventional treatment. These specialists may also address spiritual issues.

The team includes:

- Acupuncturist
- Holistic nurse (R.N.)
- Information specialists
- Massage therapists
- Mind-body specialists
- Movement specialist
- Music therapist
- Natural substance expert
- Nutritionist
- Occupational therapist
- Pharmacist
- Physical therapist
- Spiritual counselor





Some Limitations

In many areas of complementary and integrative medicine, knowledge is limited because definite answers are not always available. Integrative Medicine Clinic personnel will share with you what we know about the positive and negative aspects of various complementary medicine options.

As you attempt to navigate through this challenging journey of cancer care treatment, we will give you our professional viewpoint concerning your individual needs and current available information regarding treatment options. This will help you make more informed decisions.

For additional information on complementary and integrative medicine at M. D. Anderson, please contact us at 713-794-4700 or visit our Internet site at www.mdanderson.org/cimer.



Medical Director
Moshe Frenkel, M.D.
Associate Professor

Dr. Moshe Frenkel is the medical director of the Integrative Medicine Program in the Department of Palliative Care and Rehabilitation Medicine.

Dr. Frenkel is a board-certified family physician with extensive experience in complementary and integrative medicine. He works closely with an interdisciplinary team in integrative medicine that provides advice, clinical consultation, and integrative treatments to patients and their families who wish to incorporate complementary and integrative medicine (CIM) into their cancer care.

Dr. Frenkel received his medical degree in 1980 from Sackler School of Medicine at Tel Aviv University in Israel, and he received his diploma in family medicine from Hebrew University, Hadassah Hospital in Jerusalem, Israel. He completed a family practice residency at Brookhaven Memorial Hospital Medical Center in Patchogue, N.Y., which is affiliated with Stony Brook University.

Prior to joining M. D. Anderson he was at The University of Texas Medical Branch at Galveston. As a faculty member, he served as a key contributor to a National Institutes of Health grant on integrating CIM into the medical school curriculum, as well as providing CIM consultations to patients and families.