



TOBACCO TREATMENT PROGRAM

TAKE YOUR HEALTH IN A NEW DIRECTION

What is the Tobacco Treatment Program?

The Tobacco Treatment Program was developed by M. D. Anderson to help patients with their tobacco use and provide relapse-prevention support. The program is voluntary and offers counseling and tobacco-cessation treatment medication at no cost to eligible M. D. Anderson patients.

Who is eligible to participate in the Tobacco Treatment Program?

To be eligible for the program, you must be a:

- current M. D. Anderson patient receiving primary cancer care from a M. D. Anderson physician (those visiting M. D. Anderson only for a second opinion are not eligible)
- tobacco user or recent quitter (within the past 12 months)

What type of service does the Tobacco Treatment Program offer?

Services include:

- in-person behavioral counseling
- nicotine replacement therapies
- tobacco-cessation prescription medication

How much does the program cost?

Funded by State of Texas Tobacco Settlement Funds, Tobacco Treatment Program services are available at no cost to M. D. Anderson patients. Additional services, including psychiatric evaluations, long-term individual counseling and other psychotropic medications, are not funded or provided by the program.

How are patients accepted into the Tobacco Treatment Program?

There are several ways to enter the Tobacco Treatment Program. Patients may enter the program as part of their routine cancer care by being referred through their M. D. Anderson physician. Eligible patients also can complete the tobacco survey of the Patient History Questionnaire on www.myMDAnderson.org. Patients who complete the survey will be contacted automatically by a member of the Tobacco Treatment Program staff and given the opportunity to participate in the program.

How can I get more information?

For questions, call (713) 792-QUIT, or send an e-mail to quitnow@mdanderson.org. For additional information or to access print materials, visit www.mdanderson.org/quitnow.

Eligible patients are asked to speak with their physician about the Tobacco Treatment Program.