

TENDRILS: SEXUAL RENEWAL FOR WOMEN AFTER CANCER

Funded by the National Cancer Institute

TEST A PROGRAM TO HELP WOMEN DEAL WITH SEXUAL PROBLEMS OR CONCERNS ABOUT FERTILITY AFTER CANCER

What is it?

- *Tendrils* is an internet-based educational and counseling program to help women treated for cancer to recover sexual function and satisfaction. *Tendrils* also helps women cope with concerns about fertility and pregnancy. *Tendrils* includes words, pictures, animations, and videos.

What's involved?

- You will be asked to use *Tendrils* by computer on a self-help basis for 12 weeks. Half of women in the study will also come to M. D. Anderson for 3 60-minute counseling sessions during that time.
- You will fill out questionnaires on your emotional adjustment, sexual function, and quality of life when you begin the study, after the 12 weeks, and at 3 months and 6 months later. The questionnaires will take about 30 to 45 minutes each time. The amount of time you spend using the *Tendrils* web site will be recorded electronically.

You can participate if:

- You were found to have cancer of the breast, cervix, uterus, ovaries, vulva, or vagina at least a year ago, but not more than 5 years go
- You currently do not have any known cancer and you have finished cancer treatment (other than taking hormone therapy)
- You have been in a relationship for at least 6 months, but are having a problem enjoying sex
- You are age 18 or older
- You speak and read English well enough to understand *Tendrils* and the questionnaires
- You live close enough to the University of Texas M. D. Anderson Cancer Center to attend the 3 counseling sessions

**For more information please contact: Pamela (Phone: 713-745-5535
Email: plewis@mdanderson.org) or Dr. Leslie Schover (Phone: 713-745-2681,
Email: lschover@mdanderson.org)**