

MEDICATION DEFERRAL LIST

Please tell us if you are now taking or if you have EVER taken any of these medications:

- Accutane® (isotretinoin)** -- usually given for severe acne
- Avodart® (dutasteride)** -- usually given for prostate gland enlargement
- Growth Hormone from Human Pituitary Glands** – used only until 1985, usually for children with delayed or impaired growth
- Hepatitis B Immune Globulin** – given following an exposure to hepatitis B.
NOTE: This is different from the hepatitis B vaccine which is a series of 3 injections given over a 6 month period to prevent future infection from exposures to hepatitis B.
- Insulin from Cows (Bovine, or Beef, Insulin)** -- used to treat diabetes
- Propecia® (finasteride)** -- usually given for baldness
- Proscar® (finasteride)** -- usually given for prostate gland enlargement
- Soriatane® (acitretin)** -- usually given for severe psoriasis
- Tegison® (etretinate)** -- usually given for severe psoriasis

IF YOU WOULD LIKE TO KNOW WHY THESE MEDICINE AFFECT YOU AS A BLOOD DONOR, PLEASE KEEP READING:

- If you have taken or are taking **Accutain, Avodart, Propecia, Proscar, Soriatane or Tegison**, these medications can cause birth defects. Your donated blood could contain high enough levels to damage the unborn baby if transfused to a pregnant woman. Once the medication has been cleared from your blood, you may donate again. Following the last dose, the deferral period is one month for Accutane, six months for Avodart, one month for Proscar and Propecia, and three years for Soriatane. Tegison causes an indefinite deferral.
- **Growth hormone from human pituitary glands** was prescribed until 1985 for children with delayed or impaired growth. The hormone was obtained from human pituitary glands, which are found in the brain. Some people who took this hormone developed a rare nervous system condition called Creutzfeldt-Jakob Disease (CJD, for short). CJD has not been associated with growth hormone preparations available since 1985.
- **Insulin from cows (bovine, or beef, insulin)** is an injected material used to treat diabetes. If this insulin was imported into the US from countries in which “Mad Cow Disease” has been found, it could contain material from infected cattle. There is concern that “Mad Cow Disease” may be transmitted by transfusion.
- **Hepatitis B Immune Globulin (HBIG)** is an injected material used to prevent infection following an exposure to hepatitis B. HBIG does not prevent hepatitis B infection in every case, therefore persons who have received HBIG must wait 12 months to donate blood to be sure they were not infected since hepatitis B can be transmitted through transfusion to a patient.